# CR COLLEGE OF REDWOODS

# Syllabus for Life-span Development

# **Course Information**

Semester & Year: Spring 2022 Course ID & Section #: PSYCH-11-E2829 Instructor's name: Kaliym Butler Day/Time of required meetings: Monday, Wednesday, 02:50PM – 04:15PM Location: Humanities Building, Room HU112 Number of proctored exams: 0 Course Units: 3 Texts: <u>REQUIRED</u> Newman, B. M., & Newman, P. R. (2017). Development through life: A psychosocial approach. Pennsylvania: Wadsworth Publishers, Cengage Learning. ISBN: 978-1337098144 (13th edition preferred, 12-11th edition acceptable) <u>RECOMMENDED</u> American Psychological Association. (2019). Publication manual of the American Psychological Association. Washington DC: American Psychological Association. ISBN: 978-1433832161 (7th edition preferred, 6th edition acceptable).

#### **Instructor Contact Information**

Office location or \*Online: Humanities Building, Room HU215 or Online via Zoom Office hours: TBD. Accessible at any time via phone and email. Zoom meeting by appointment. Phone number: 707/298-8458 Email address: kaliym-butler@redwoods.edu

# **Catalog Description**

A course in the scientific study of human development across the lifespan. The content takes an integrative approach that includes the biological foundations and major theories: psychodynamic, behavioral, social cognitive, contextual (e.g., sociocultural), and cognitive. Topics include prenatal, infant, child, adolescent, and adult development.

# **Course Student Learning Outcomes**

- 1. Analyze how biological, psychological, and social processes affect human development.
- 2. Demonstrate knowledge and understanding representing appropriate breadth and depth in selected content areas of prenatal, infant, child, adolescent, and adult development.
- 3. Analyze and/or apply developmental research in writing.
- 4. Identify and describe classic and contemporary theories and research in lifespan psychology.
- 5. Identify and describe the techniques and methods used by developmental psychologists to study human development.
- 6. Identify possible causes or sources of developmental change and reasons for disturbances in the developmental process.

# Prerequisites/co-requisites/ recommended preparation

None

# Accessibility

Students will have access to online course materials that comply with the Americans with Disabilities Act of 1990 (ADA), Section 508 of the Rehabilitation Act of 1973, and College of the Redwoods policies. Students who discover access issues with this class should contact the instructor.

College of the Redwoods is also committed to making reasonable accommodations for qualified students with disabilities. If you have a disability or believe you might benefit from disability-related services and accommodations, please contact your instructor or <u>Disability Services and Programs for Students</u> (DSPS). Students may make requests for alternative media by contacting DSPS based on their campus location:

- Eureka: 707-476-4280, student services building, 1<sup>st</sup> floor
- Del Norte: 707-465-2324, main building near library
- Klamath-Trinity: 530-625-4821 Ext 103

During COVID19, approved accommodations for distance education classes will be emailed to the instructor by DSPS. In the case of face-to-face instruction, please present your written accommodation request to your instructor at least one week before the first test so that necessary arrangements can be made. Last-minute arrangements or post-test adjustments cannot usually be accommodated.

# Support for online learners during COVID-19

In response to COVID-19, College of the Redwoods moved the majority of its courses online to protect health and safety. As the faculty and students adjust to this change, clear communication about student needs will help everyone be successful. Please let me know about any specific challenges or technology limitations that might affect your participation in class. I want every student to thrive.

#### **Evaluation & Grading Policy Course**

#### **Expectations:**

Grading: You can earn a total of 450 points throughout the semester. Points will be divided as follows:

Assignment	Points Possible	
Class Discussions	150	
Quizzes	150	
Midterm	75	
Final 75		
Total Points Possible 450		
*Extra Credit Opportunities may be Available Throughout the Semester		

#### **Final Grading Scale:**

Percentage	Approximate Point Range	Letter Grade
90-100%	405-450	А
80-89%	360-404	В
70-79%	315-359	С
60-69%	270-314	D
Below 60%	0-267	F

**Class Discussions (150 points):** Over the course of the semester there will be a discussion posted to the pertaining weeks module. There may be one or two questions for you to choose from, you will only be required to answer one question prompt. You may be required to answer multiple questions to a single prompt. You will receive up to a maximum of 10

points for postings and responses to other student postings. This is an important and required part of the class. The discussion forum is accessed in Modules at the class website.

**Chapter Quizzes (150 points):** Each chapter has a quiz consisting of 10 multiple-choice items based on the week's lecture/discussions, lecture videos, and text readings. Quizzes will be made available at the beginning of the week and will close at the end of the week. Refer to the assignment for that week in-case you are unsure of beginning and due dates for quizzes. Each quiz will have 2 attempts allowed; your highest score will be the one that is calculated into your final grade. You need to ensure that you complete the quizzes before their due date as the will NOT be reopened except for the most extreme of circumstances (this does not include vacation or forgetfulness).

**Exams (75 points each):** You will only have 2 exams this semester, a midterm and a final. The final exam will NOT be cumulative and only consist of course material after the midterm. These exams will NOT be proctored or timed. You will only have one attempt per exam, please make sure you are in a quiet and comfortable area before you begin. You need to ensure that you complete both of the exams before their due date as the will NOT be reopened except for the most extreme of circumstances (this does not include vacation or forgetfulness).

#### **Course Schedule:**

DATES (Week Start Date)	ΤΟΡΙϹ	READING	ACTIVITY/ASSESSMENT/ ASSIGNMENT DUE	
	Week One: The Development Throu	ugh Life Perspective		
1/16/2022	Assumptions of the Text, A Psychosocial Approach: The interaction of the Biological, Psychological, and Societal Systems, The Life Span	Chapter One	Introductions, Case Study: Rose, Quiz 1	
	Week Two: Major Theories for Understanding Human Development			
1/23/2022	What is a Theory?, The Theory of Evolution, Psychoanalytical Theory, Cognitive Development Theories, Theories of Learning, Cultural Theory, Social Role Theory, Systems Theory	Chapter Two	Discussion Questions, Quiz 2	
	Week Three: Psychosocial Theory			
1/30/2022	The Rationale for Emphasizing Psychosocial Theory, Basic Concepts of Psychosocial Theory, Evolution of Psychosocial Theory	Chapter Three	Discussion Questions, Quiz 3	
	Week Four: The Period of Pregnancy and Prenatal Development			
2/6/2022	Genetics and Development, Normal Fetal Development, The Birth Process, The mother, the Fetus, and the Psychosocial Environment, The Cultural Context of Pregnancy and Childbirth, Abortion	Chapter Four	Discussion Questions, Quiz 4	
Week Five: Infancy (First 24 Months)				

2/13/2022	Newborns, Applying Theory and Research to Life: Very Small Babies, Developmental Tasks, The Psychosocial Crisis: Trust vs. Mistrust, The Central Process for Resolving the Crisis, The Prime Adaptive Ego Quality, and the Core Pathology	Chapter Five	Discussion Questions, Quiz 5
Week Six: Toddlerhood (Ages 2 To 4 Years)			

	Discrimination in the Workplace Week Fourteen: Later Adulthood		
	Person-Environment Interaction and Creativity,		
4/10/2022	Developmental Tasks, The Psychosocial Crisis: Generativity vs Stagnation, The Central Process:	Chapter Twelve	Discussion Questions, Quiz 12
1/10/2020	Week Thirteen: Middle Adulthoo		
	Divorce		
	Psychosocial Crisis: Mutuality Among Peers,		
	Development, Developmental Tasks, The		Quiz 11
4/3/2022	Expanding Theoretical Views of Adult	Chapter Eleven	Discussion Questions,
	Week Twelve: Early Adulthood	(24 To 34 Years)	
	Confusion, Dropping Out of College		
	Psychosocial Crisis: Individual Identity vs. Identity		
	Internalized Morality, Career Choice, The		Quiz 10
3/27/2022	Developmental Tasks, Gender Identity,	Chapter Ten	Discussion Questions,
	Week Eleven: Later Adolescence	e (18 To 24 Years)	
	Peer Pressure, Adolescent Alcohol and Drug Use		
	Group Identity vs. Alienation, The Central Process:		Quiz 9
3/20/2022	Developmental Tasks, The Psychosocial Crisis:	Chapter Nine	Discussion Questions,
2/20/2022	Week Ten: Early Adolescence (		Discussion O solition
	Children		
	the Core Pathology, Violence in the Lives of		
	Education, The Prime Adaptive Ego Quality, and		
	Identity vs. Inferiority, The Central Process:		Chapters 1-7
3/13/2022	Developmental Tasks, The Psychosocial Crisis:	Chapter 8	Quiz 8, Midterm
- / - /	Week Nine: Middle Childhood		
	Vacation!		
3/6/2022	No Course Scheduling, Fall Break, Enjoy Your	None	None
2/6/2022	Week Eight: Spring E		
	and the Core Pathology, School Readiness		
	Identification, The Prime Adaptive Ego Quality,		
	Initiative vs. Guilt, The Central Process:		Quiz 7,
2/27/2022	Developmental Tasks, The Psychosocial Crisis:	Chapter Seven	Discussion Questions,
	Week Seven: Early School Age	e (4 To 6 Years)	
	Psychosocial Development in Toddlerhood		
	Process: Imitation, The Impact of Poverty on		
	Developmental Tasks, The Psychosocial Crisis: Autonomy vs. Sham and Doubt, The Central	Chapter Six	Discussion Questions, Quiz 6

4/17/2022	Developmental Tasks, The Psychosocial Crisis: Integrity vs Despair, The Central Process: Introspection, The Prime Adaptive Ego Quality, and the Core Pathology, Retirement	Chapter Thirteen	Discussion Questions, Quiz 13
	Week Fifteen: Elderhoods (75	5 Until Death)	
4/24/2022	The Longevity Revolution, Developmental Tasks,	Chapter Fourteen	Discussion Questions,
	The Psychosocial Crisis: Immortality vs Extinction,		Quiz 14
	The Central Process: Social Support, Meeting the		
	Needs of the Frail Elderly		
Week Sixteen: Understanding Death, Dying, and Bereavement			
5/1/2022	Mortality and Psychosocial Development,	Chapter Fifteen	Discussion Questions,
	Definitions of Death, The Process of Dying, Death-		Quiz 15
	Related Rituals, Bereavement and Grief,		
	Psychosocial Growth Through Bereavement		
Week Seventeen: Final Exams			
5/8/2022	Take this time to study and prepare for the final.		Final Exam

# Admissions deadlines & enrollment policies

Spring 2022 Dates

- Classes begin: 01/15/22
- Last day to add a class: 01/21/22
- Martin Luther King, Jr's Birthday (all campuses closed: 01/17/22
- Last day to drop without a W and receive a refund: 01/28/22
- Census date (or 20% into class duration): 01/31/22
- Last Day to file P/NP (only courses where this is an option) 02/11/22
- Lincoln's Birthday (all campuses closed): 02/18/22
- Presidents Day (all campuses closed): 02/21/22
- Last day to petition to graduate or apply for certificate: 03/03/22
- Spring Break (no classes): 03/14/22-03/19/22
- Last day for student-initiated W (no refund): 04/01/22
- Last day for faculty-initiated W (no refund): 04/01/22
- Final examinations: 05/07/22-05/13/22
- Semester ends: 05/13/22
- Grades available for transcript release: approximately 05/30/22

Students who have experienced extenuating circumstances can complete & submit the *Excused Withdrawal Petition* to request an Excused Withdrawal (EW) grade instead of the current Withdrawal (W) or non-passing (D, F & NP) grades. The EW Petition is available from the Admissions and Records Forms Webpage. Supporting documentation is required.

# Academic dishonesty

In the academic community, the high value placed on truth implies a corresponding intolerance of scholastic dishonesty. In cases involving academic dishonesty, determination of the grade and of the student's status in the course is left primarily to the discretion of the faculty member. In such cases, where the instructor determines that a student has demonstrated academic dishonesty, the student may receive a failing grade for the assignment and/or exam and may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct (<u>AP 5500</u>) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the <u>College Catalog</u> and on the <u>College of the Redwoods website</u>.

#### **Disruptive behavior**

Student behavior or speech that disrupts the instructional setting will not be tolerated. Disruptive conduct may include but is not limited to: unwarranted interruptions; failure to adhere to instructor's directions; vulgar or obscene language; slurs or other forms of intimidation; and physically or verbally abusive behavior. In such cases where the instructor determines that a student has disrupted the educational process, a disruptive student may be temporarily removed from class. In addition, the student may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct (AP 5500) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the <u>College Catalog</u> and on the <u>College of the Redwoods website</u>.

#### **Inclusive Language in the Classroom**

College of the Redwoods aspires to create a learning environment in which all people feel comfortable in contributing their perspectives to classroom discussions. It therefore encourages instructors and students to use language that is inclusive and respectful.

#### **Setting Your Preferred Name in Canvas**

Students have the ability to have an alternate first name and pronouns to appear in Canvas. Contact <u>Admissions &</u> <u>Records</u> to request a change to your preferred first name and pronoun. Your Preferred Name will only be listed in Canvas. It does not change your legal name in our records. See the <u>Student Information Update form</u>.

#### **Canvas Information**

If using Canvas, include navigation instructions, tech support information, what Canvas is used for, and your expectation for how regularly students should check Canvas for your class. Log into Canvas at <u>https://redwoods.instructure.com</u> Password is your 8-digit birth date For tech help, email <u>its@redwoods.edu</u> or call 707-476-4160 Canvas Help for students: <u>https://www.redwoods.edu/online/Help-Student</u> Canvas online orientation workshop: https://www.redwoods.edu/online/Home/Student-Resources/Canvas-Resources

# **Community College Student Health and Wellness**

Resources, tools, and trainings regarding health, mental health, wellness, basic needs and more designed for California community college students, faculty and staff are available on the California Community Colleges Health & Wellness website.

Wellness Central is a free online health and wellness resource that is available 24/7 in your space at your pace.

Students seeking to request a counseling appointment for academic advising or general counseling can email counseling@redwoods.edu.

# **Emergency procedures / Everbridge**

College of the Redwoods has implemented an emergency alert system called Everbridge. In the event of an emergency on campus you will receive an alert through your personal email and/or phones. Registration is not necessary in order to

receive emergency alerts. Check to make sure your contact information is up-to-date by logging into WebAdvisor <u>https://webadvisor.redwoods.edu</u> and selecting 'Students' then 'Academic Profile' then 'Current Information Update.'

Please contact Public Safety at 707-476-4112 or <u>security@redwoods.edu</u> if you have any questions. For more information see the <u>Redwoods Public Safety Page</u>. In an emergency that requires an evacuation of the building anywhere in the District:

- Be aware of all marked exits from your area and building
- Once outside, move to the nearest evacuation point outside your building
- Keep streets and walkways clear for emergency vehicles and personnel

Do not leave campus unless it has been deemed safe by the campus authorities.

#### **Del Norte Campus Emergency Procedures**

Please review the <u>Crescent City campus emergency map</u> for campus evacuation sites, including the closest site to this classroom (posted by the exit of each room). For more information see the <u>Redwoods Public Safety Page</u>.

#### **Eureka Campus Emergency Procedures**

Please review the <u>campus emergency map</u> for evacuation sites, including the closest site to this classroom (posted by the exit of each room). For more information on Public Safety go to the <u>Redwoods Public Safety Page</u>. It is the responsibility of College of the Redwoods to protect life and property from the effects of emergency situations within its own jurisdiction.

In the event of an emergency:

- 1. Evaluate the impact the emergency has on your activity/operation and take appropriate action.
- 2. Dial 911, to notify local agency support such as law enforcement or fire services.
- 3. Notify Public Safety 707-476-4111 and inform them of the situation, with as much relevant information as possible.
- 4. Public Safety shall relay threat information, warnings, and alerts through the Everbridge emergency alert system, public address system, and when possible, updates on the college website, to ensure the school community is notified.
- 5. Follow established procedures for the specific emergency as outlined in the College of the Redwoods Emergency Procedure Booklet, (evacuation to a safe zone, shelter in place, lockdown, assist others if possible, cooperate with First Responders, etc.).
- 6. If safe to do so, notify key administrators, departments, and personnel.
- 7. Do not leave campus unless it is necessary to preserve life and/or has been deemed safe by the person in command.

# **Klamath Trinity Campus Emergency Procedures**

Please review the responsibilities of, and procedures used by, the College of the Redwoods, Klamath-Trinity Instructional Site (KTIS) to communicate to faculty, staff, students, and the general public during an emergency. It is the responsibility of College of the Redwoods, Klamath-Trinity Instructional Site (KTIS) to protect life and property from the effects of emergency situations within its own jurisdiction.

- 1. In the event of an emergency, communication shall be the responsibility of the district employees on scene.
  - a. Dial 911, to notify local agency support such as law enforcement or fire services.
  - b. If safe to do so, notify key administrators, departments, and personnel.
  - c. If safe to do so, personnel shall relay threat information, warnings, to ensure the school community is notified.d. Contact Jolene Gates 530-625-4821 to notify of situation.
  - e. Contact Hoopa Tribal Education Administration office 530-625-4413

- f. Notify Public Safety 707-476-4111.
- 2. In the event of an emergency, the responsible district employee on scene will:
  - a. Follow established procedures for the specific emergency as outlined in the College of the Redwoods Emergency Procedure Booklet.
  - b. Lock all doors and turn off lights if in lockdown due to an active shooter or similar emergency. c. Close all window curtains.
  - d. Get all inside to safe location Kitchen area is best internal location.
  - e. If a police officer or higher official arrives, they will assume command.
  - f. Wait until notice of all is clear before unlocking doors.
  - g. If safe to do so, move to the nearest evacuation point outside building (Pooky's Park), directly behind the Hoopa Tribal Education Building.
  - h. Do not leave site unless it has been deemed safe by the person in command. Student Support Services (required for online classes)

# **Student Support Services**

The following online resources are available to support your success as a student:

- <u>CR-Online</u> (Comprehensive information for online students)
- Library Articles & Databases
- <u>Canvas help and tutorials</u>
- Online Student Handbook

<u>Counseling</u> offers assistance to students in need of professional counseling services such as crisis counseling. Learning

Resource Center includes the following resources for students

- <u>Academic Support Center</u> for instructional support, tutoring, learning resources, and proctored exams. Includes the Math Lab & Drop-in Writing Center
- <u>Library Services</u> to promote information literacy and provide organized information resources.
- <u>Multicultural & Diversity Center</u>

Special programs are also available for eligible students include

- <u>Extended Opportunity Programs & Services (EOPS)</u> provides financial assistance, support and encouragement for eligible income disadvantaged students at all CR locations.
- The TRiO Student Success Program provides eligible students with a variety of services including trips to 4year universities, career assessments, and peer mentoring. Students can apply for the program in <u>Eureka</u> or in <u>Del</u> <u>Norte</u>
- The <u>Veteran's Resource Center</u> supports and facilitates academic success for Active Duty Military, Veterans and Dependents attending CR through relational advising, mentorship, transitional assistance, and coordination of military and Veteran-specific resources.
- Klamath-Trinity students can contact the CR KT Office for specific information about student support services at 530-625-4821