



## Syllabus for General Psychology (PSYCH 1)

### Course Information

Semester & Year: Spring 2022

Course ID & Section #: PSYCH 1 V3231

Instructor's name: Katheryn Schopp

Remote instruction by asynchronous lecture

Course units: 3

### Instructor Contact Information

Office location: Online, <https://cccconfer.zoom.us/j/8796076870>

Office hours: By appointment

Phone number: (415) 373-6004

Email address: [katheryn-schopp@redwoods.edu](mailto:katheryn-schopp@redwoods.edu)

### Catalog Description

A course focusing on the scientific study of behavior and mental processes. The content of the course focuses on the exploration of major theories and concepts, methods, and research findings in psychology. Topics include biological foundations, perception, learning, cognition, emotion, motivation, development, personality, social psychology, psychological disorders and therapies, and applied psychology. This course is transferable to four-year colleges and is a prerequisite for most upper division psychology courses.

### Course Student Learning Outcomes

1. Demonstrate familiarity with the major concepts, theoretical perspectives, research methods, core empirical findings, and historic trends in psychology.
2. Explain (including advantages and disadvantages) and compare major theoretical perspectives of psychology (e.g., behavioral, biological, cognitive, evolutionary, humanistic, psychodynamic and socio-cultural).
3. Demonstrate knowledge and understanding of the following nine general domains: (1) biological bases of behavior and mental processes, (2) sensation and perception, (3) learning and memory (4) cognition, consciousness, (5) individual differences, psychometrics/measurement, personality, (6) social processes (including those related to socio-cultural and international dimensions), (7) developmental changes in behavior and mental processes that occur across the lifespan, (8) psychological disorders, and (9) emotion and motivation.
4. Describe and demonstrate an understanding of applied areas of psychology (e.g., clinical, counseling, forensic, community, organizational, school, health).
5. Draw the distinction between scientific and non-scientific methods of understanding and analysis.

6. Recognize and understand the impact of diversity on psychological research, theory and application, including (but not limited to): age, race, ethnicity, culture, gender, socioeconomic status, disability, and sexual orientation.
7. Understand and apply psychological principles to personal experience and social and organizational settings.
8. Demonstrate critical thinking skills and information competence as applied to psychological topics.

## **Prerequisites/co-requisites/ recommended preparation**

English 1A- College Composition is a recommended prerequisite to this course.

## **Accessibility**

College of the Redwoods is committed to making reasonable accommodations for qualified students with disabilities. If you have a disability or believe you might benefit from disability-related services and accommodations, please contact your instructor or [Disability Services and Programs for Students](#) (DSPS). Students may make requests for alternative media by contacting DSPS based on their campus location:

- Eureka: 707-476-4280, student services building, 1<sup>st</sup> floor
- Del Norte: 707-465-2324, main building near library
- Klamath-Trinity: 530-625-4821 Ext 103

If you are taking online classes DSPS will email approved accommodations for distance education classes to your instructor. In the case of face-to-face instruction, please present your written accommodation request to your instructor at least one week before the needed accommodation so that necessary arrangements can be made. Last minute arrangements or post-test adjustments usually cannot be accommodated.

## **Required Materials**

Textbook title: Psychology 2e

Edition: <https://openstax.org/details/books/psychology-2e?Book%20details> (this is a FREE online/open education resource)

Author: Spielman, et. al.

ISBN-13: 978-1-951693-23-7

Any other required materials will be assigned for viewing or download

## **Required Skills**

Online courses require computer skills. Before beginning, make sure you can:

- navigate the course Learning Management System (Canvas)
- use Canvas to send receive and receive messages
- upload and download files using Canvas, and
- use a word processor (such as Microsoft Word).

There are instructions on how to log in to Canvas, the basics of using Canvas, and additional support for taking an online course at College of the Redwoods on the [CR-Online](#) web page (and further information about this later in this syllabus). There is more information on using Canvas is available in the introductory module. If you need additional assistance, please visit <https://www.redwoods.edu/sts> or contact Student Technical Support at (707) 476-4225 or [tech-helpline@Redwoods.edu](mailto:tech-helpline@Redwoods.edu).

### Information for this Class

This class will be published and open by Sunday, **January 30**. We will start our first week on Monday, January 31. Your final paper will be due on May 9<sup>th</sup> and the class will close on **May 13**.

### Weekly Schedule

Week	Week Start Date	Topic	Reading	Activity / Assessment/ Assignment due
1	<b>Monday</b> 1/31	Review course, syllabus, Introduction to Psych	Chapter 1	Introductions; meet your course mates Forum Syllabus Quiz
2	2/7	Psychological Research	Chapter 2	Engage in the Forum Chapter 1 & 2 Quiz
3	2/14	Biopsychology, Sensation and Perception	Chapters 3 & 5	Engage in the Forum Chapter 3 & 5 Quiz
4	2/21	Consciousness	Chapter 4	Engage in the Forum Chapter 4 Quiz
5	2/28	Memory	Chapter 8	Engage in the Forum Chapter 8 Quiz
6	3/7	Emotions /Motivations <i>Outlines due</i>	Chapter 10	Plan for Term Paper Due Chapter 10 Quiz

<b>7</b>	<b>3/14</b>	<b>Rest &amp; Relax</b>		<b>Spring Break</b>
<b>8</b>	3/21	Learning - conditioning Intelligence - creativity	Chapters 6 & 7	Engage in the Forum Chapter 6 & 7 Quiz
9	3/28	Lifespan Development	Chapter 9	Engage in the Forum Chapter 9 Quiz
10	4/4	Lifestyle Choices Health & Stress	Chapter 14	Engage in the Forum Quiz Chapter 14
11	4/11	Personality Social Psychology	Chapters 11 & 12	Engage in the Forum Quiz Chapters 11 & 12
12	4/18	Defining Disorders	Chapter 15	Engage in discussion on your progress on your term paper Quiz Chapter 15
13	4/25	Treating Disorders	Chapter 16	Engage in the Forum Quiz Chapter 16
14	5/2	Organizational/Industrial	Chapter 13	Engage in the Forum Quiz Chapter 13
Date of Final	5/9	Application of Course Topics in Your Term Paper		Term Paper Due on Monday

### **Evaluation & Methods of Evaluation**

1. **Assigned textbook readings and videos.** Students are responsible for doing assigned readings, and watching the associate videos, which are published in the course modules. See course outline/sequence of events above for chapters/topics.

2. **Thirteen Examinations** – 12 examinations worth 14 points each, plus a syllabus quiz worth 8 points for 176 points total; one attempt, no time limit once you start taking the exam. NO RETAKE and NO MAKE UP exam will be allowed. Exams close at the end of the corresponding Module. I recommend that you not wait until the “last minute” to start taking the exam because although it will let you finish the exam beyond the deadline, you cannot sign back in to finish if you are “kicked out” after 11:55:00 PM on Sunday. This course has no midterms and no final exam. Your lowest exam score (excluding the syllabus quiz) will be dropped from your grade. These quizzes are open-book. I am more interested in your ability to apply what you learn in this course than your ability to regurgitate it. When we reach the unit on memory, I believe you’ll see why.

### 3. **Eleven Discussion Forums**– 55 points

There is one Introduction Discussion Forum plus 10 Discussion Forums throughout the rest of the remaining Modules. Each is worth 5 points.

- One of the goals of class discussion is to get to know each other. It does not help us to get to know you to carry on a discussion with a grey dot. You are required to upload a profile photo of yourself (preferably) or any non-offensive icon of your choice, i.e., pet, flower, etc. **There will be a one-point deduction for your every discussion participation that does not have your uploaded picture or icon.**
- You are expected to participate in the discussion forums and discuss the topics for that forum in a thoughtful manner.
- You are required to make at least 4 posts. One initial post that fully answer the discussion question prompt before the initial post deadline and at least one reply to a minimum of 3 classmates before the Module closes. You will receive credit only if you meet the discussion forum requirements and contribute substantively to the discussion.
- **The following is of critical importance to receive credit:**
  - You are required to add one initial (or original) discussion POST before the initial post deadline of Tuesdays at 11:55 pm (replying to someone’s post does not count as initial post). **Only students that add their initial post before the initial post deadline will receive credit for the discussion; missing the initial post deadline will not prevent you from participating however you will not get credit for it and you will receive a score of “0” for that discussion.**
  - You have until the discussion forum deadline to add your remaining entries – minimum of 3.
  - It is your responsibility to track your posts and replies.
- Participation in on-line class discussion forum is the asynchronized interactive portion of this on-line class and is of paramount importance because this facilitates learning from each other’s experiences. Your fellow students are counting on your posts. Please be considerate and post early to allow them to reply to you. In addition, you are expected to observe proper online class discussion decorum by staying on topic and being courteous and respectful towards your fellow students. Failure to follow on-line class discussion

decorum will result in a grade of “0”. **Once again, please understand that if you miss the initial discussion post deadline or do not follow proper on-line decorum, you will receive a score of zero “0”.**

**4. Course Paper** – There will be two preparatory assignments towards the term paper worth 30 points each (one will be in the format of a discussion forum) and 70 points for the term paper itself (see schedule above for due date), for a total of 130 points. The term paper will be a 1000 – 1500 word paper about six or more course topics of your choice. In this paper, you will **apply** psychological principles to personal, social, or organizational settings. A list of recommended topics and additional instructions will be provided in class. Topics not included on the recommended topic list must be approved by your instructor for use.

### **Student Commitment**

A typical three credit hour class will require about nine hours per week of your time. You will need to carefully read textbook chapters, watch lecture videos, and complete quizzes and write papers. Conscientiousness, attention to details, and college-level reading and writing are critical for success.

### **Special Accommodations Statement for Online Classes**

College of the Redwoods complies with the Americans with Disabilities Act in making reasonable accommodations for qualified students with disabilities. Please present your written accommodation request at least one week before the first test (*for this course that is in the first week of class*) so that necessary arrangements can be made. No last-minute arrangements or post-test adjustments will be made. If you have a disability or believe you might benefit from disability related services and may need accommodations, please see me or contact [Disabled Students Programs and Services](#). Students may make requests for alternative media by contacting DSPS at 707-476-4280.

### **Student feedback policy**

Student coursework progression can be addressed privately, by Canvas message or by appointment. All graded coursework will be graded and returned in a timely manner. If you have concerns about any aspect of the course, policies, grading, etc. please contact the instructor.

### **Student Accessibility Statement and Academic Support Information**

Academic support is available at [Counseling and Advising](#) and includes academic advising and educational planning, [Academic Support Center](#) for tutoring, and [Extended Opportunity Programs & Services](#), for eligible students, with advising, assistance, tutoring, and more.

College of the Redwoods is committed to making reasonable accommodations for qualified students with disabilities. If you have a disability or believe you might benefit from disability-related services and accommodations, please contact your instructor or [Disability Services and](#)

[Programs for Students](#) (DSPS). Students may make requests for alternative media by contacting DSPS based on their campus location:

- Eureka: 707-476-4280, student services building, 1<sup>st</sup> floor
- Del Norte: 707-465-2324, main building near library
- Klamath-Trinity: 530-625-4821 Ext 103

If you are taking online classes DSPS will email approved accommodations for distance education classes to your instructor. In the case of face-to-face instruction, please present your written accommodation request to your instructor at least one week before the needed accommodation so that necessary arrangements can be made. Last minute arrangements or post-test adjustments usually cannot be accommodated.

## Student Access for Online Classes- Institutional Policies

These standards are required by federal regulation. Students will have access to this course that complies with the Americans with Disabilities Act of 1990 (ADA), Section 508 of the Rehabilitation Act of 1973, and College of the Redwoods policies. Course materials will include a text equivalent for all non-text elements; videos will include closed captioning, images will include alt-tags, hyperlinks will use descriptive/meaningful phrases instead of URLs and audio files will include transcripts. All text will be formatted for use with screen readers and all course materials will be understandable without the use of color.

Students who discover access issues with this class should contact the instructor.

## Admissions Deadlines and Enrollment Policies

Spring 2022 Dates

- *Last Day to drop without a “W” and receive a refund (less student service fees): 1/28/22*
- *I might drop students who have not yet participated in the first class discussion by 2/6/22*
- *Last Day to file P/NP (only courses where this is an option) 02/11/22*
- *Last day to petition to graduate or apply for certificate: 03/03/22*
- *Spring break (no classes): 3/14/22-3/19/22*
- ***Last day for student-initiated withdrawal (no refund): 4/1/22***
- *Last day for faculty-initiated W (no refund): 4/1/20 (I might again drop students who are not attending/participating)*
- *Final term paper is due by May 9th*
- *Semester ends: 5/13/22*
- *Grades available for transcript release: approximately 05/30/22*

Students who have experienced extenuating circumstances can complete and submit the ***Excused Withdrawal Petition*** to request an Excused Withdrawal (EW) grade instead of the current Withdrawal (W) or non-passing (D, F & NP) grades. The EW Petition is available from the Admissions and Records Forms Webpage. Supporting documentation is required. Please note

that the EW grade does not help ease any potential financial aid impacts for the student nor will it provide any tuition or fee reimbursement.

## Academic Dishonesty

In the academic community, the high value placed on truth implies a corresponding intolerance of scholastic dishonesty. In cases involving academic dishonesty, determination of the grade and of the student's status in the course is left primarily to the discretion of the faculty member. In such cases, where the instructor determines that a student has demonstrated academic dishonesty, the student may receive a failing grade for the assignment and/or exam and may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct ([AP 5500](#)) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the [College Catalog](#) and on the [College of the Redwoods website](#).

## Disruptive Behavior

Student behavior or speech that disrupts the instructional setting will not be tolerated. Disruptive conduct may include but is not limited to: unwarranted interruptions; failure to adhere to instructor's directions; vulgar or obscene language; slurs or other forms of intimidation; and physically or verbally abusive behavior. In such cases where the instructor determines that a student has disrupted the educational process, a disruptive student may be temporarily removed from class. In addition, the student may be reported to the Chief Student Services Officer or designee.

We touch on sensitive topics in this course. In this course especially, you are required to "demonstrate qualities of morality, integrity, honesty, civility, honor, and respect. Students are required to engage in responsible social conduct that reflects credit upon the CR community and to model good citizenship in any community."

Also, while I do not strictly prohibit profanity in my classroom, I do ask that you avoid swearing. Some students are distracted by profanity. We have limited class time together I would prefer that we stay focused in this digital classroom.

**I ask that you are even more courteous and respectful online that you would be in-class. This is because we will not have your body language and tone to interpret your meaning in an online format, so please do your best to phrase responses in a respectful and clear way. Remember that this is a diverse environment, and everyone is "required to engage in responsible social conduct that reflects credit upon the CR Community and to model good citizenship."**

The work that you produce on written assignments and in course assessments must be your own work. If you incorporate the work of others into your writing, you need to cite the source. Cheating, plagiarism, collusion, abuse of resource materials, computer misuse, fabrication or falsification, multiple submissions, complicity in academic misconduct, and/or bearing false witness will not be tolerated. Violations will be dealt with according to the procedures and



sanctions proscribed by the College of the Redwoods. Students caught plagiarizing or cheating on exams will receive an “F” on the assignment and possibly for the course. **Bottom line: DON’T (lie, cheat, steal, embellish, gossip, hurt anyone) plagiarize or copy; DO cite your sources; if you are confused or would like assistance, just ask!**

The Student Code of Conduct ([AP 5500](#)) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the [College Catalog](#) and on the [College of the Redwoods website](#).

### **Class participation and Attendance policy**

Please access our course at least twice each week.

There are weekly quizzes that may not be made up.

You will have to online forum submissions due each week. Your initial post is due on Tuesdays and your two classmate response posts are due by Sunday (at 11:55 p.m.).

Late assignments will be accepted beyond the scheduled due date for up to one week (unless other arrangements are made in advance) for half credit. This policy does not apply to quizzes or forum discussion posts.

Students are at liberty to turn written assignments in early.

### **Evaluating and Reporting Student Progress**

Your grade will be determined by the quality of your term paper, quiz scores, and forum participation.

Credit is for the whole term. Scores shown below reflect maximum points for each portion of the course.

Participation & Engagement (includes Term Paper Progress Discussion)	85
Quizzes	162*
Term Paper Preparation Assignment	30
Term Paper	70
Total	347

\*The lowest quiz score is dropped from your grade

### **Grading Scale**

A 100% - 90%   B 89% - 80%   C 79% - 70%   D 69% - 60%   F below 60%   NP below 70%

## Grading Rubrics

Grading parameters for all assignments will be on Canvas.

## Canvas

This course uses many elements of Canvas including: Announcements, files for review and other course resources.

Log into Canvas at <https://redwoods.instructure.com> Students have the ability to have an alternate first name and pronouns to appear in Canvas. Contact [Admissions & Records](#) to request a change to your preferred first name and pronoun. Your Preferred Name will only be listed in Canvas. It does not change your legal name in our records. See the [Student Information Update Form](#).

Password is your 8-digit birth date: dd/mm/yyyy

For tech help, email [its@redwoods.edu](mailto:its@redwoods.edu) or call 707-476-4160

Canvas Help for students: <https://webapps.redwoods.edu/tutorial/>

Canvas online orientation workshop: [Canvas Student Orientation Course \(instructure.com\)](#)

## Emergency Procedures / Everbridge

College of the Redwoods has implemented an emergency alert system called Everbridge. In the event of an emergency on campus, you will receive an alert through your personal email and/or phones. Registration is not necessary in order to receive emergency alerts. Check to make sure your contact information is up-to-date by logging into WebAdvisor <https://webadvisor.redwoods.edu> and selecting 'Students' then 'Academic Profile' then 'Current Information Update.'

Please contact Public Safety at 707-476-4112 or [security@redwoods.edu](mailto:security@redwoods.edu) if you have any questions. For more information see the [Redwoods Public Safety Page](#).

In an emergency that requires an evacuation of the building anywhere in the District:

- Be aware of all marked exits from your area and building
- Once outside, move to the nearest evacuation point outside your building
- Keep streets and walkways clear for emergency vehicles and personnel

Do not leave campus, unless it has been deemed safe by the campus authorities.

## Student Support Services

The following online resources are available to support your success as a student:

- [CR-Online](#) (Comprehensive information for online students)

- [Library Articles & Databases](#)
- [Canvas help and tutorials](#)
- [Online Student Handbook](#)

[Counseling and Advising](#) offers academic support and includes academic advising and educational planning

Learning Resource Center includes the following resources for students

- [Academic Support Center](#) for instructional support, tutoring, learning resources, and proctored exams.
- [Library Services](#) to promote information literacy and provide organized information resources.
- [Multicultural & Diversity Center](#)

Special programs are also available for eligible students to include:

- [Extended Opportunity Programs & Services \(EOPS\)](#) provides financial assistance, support, and encouragement for eligible income disadvantaged students at all CR locations.
- The TRiO Student Success Program provides eligible students with a variety of services including trips to 4-year universities, career assessments, and peer mentoring. Students can apply for the program in [Eureka](#) or in [Del Norte](#)
- The [Veteran's Resource Center](#) supports and facilitates academic success for Active Duty Military, Veterans and Dependents attending CR through relational advising, mentorship, transitional assistance, and coordination of military and Veteran-specific resources.
- Klamath-Trinity students can contact the CR KT Office for specific information about student support services at 530-625-4821

Community College Student Health and Wellness

Resources, tools, and trainings regarding health, mental health, wellness, basic needs and more designed for California community college students, faculty and staff are available on the California Community Colleges [Health & Wellness website](#).

- [Wellness Central](#) is a free online health and wellness resource that is available 24/7 in your space at your pace.
- Students seeking to request a counseling appointment for academic advising or general counseling can email [counseling@redwoods.edu](mailto:counseling@redwoods.edu).

Course Communication

*I will communicate to you via Canvas messages or the announcement area while the class is in session. It is to your benefit to check these areas often and on a regular basis. **All inquiries must be made within Canvas course message system.** At the end of the semester, you may communicate with me using College of the Redwoods e-mail, as I will not monitor my Canvas email outside of the semester.*

Below further explains our methods of communication in order of preference:

1. **Canvas Messages or Canvas Module questions to the instructor** - This is my preferred method of communication with you. I check and replies to my Canvas messages regularly. Your messages through Canvas are always stamped with the course you are enrolled in, therefore I will know right away which class you are enrolled in. Canvas stores or archives our course for a few years and can be accessed if needed, including our e-mails between each other which becomes part of the course.
2. **Instructor Email** – My email address is [Katheryn-schopp@redwoods.edu](mailto:Katheryn-schopp@redwoods.edu) . You may reach me there outside of the term, but expect longer response times on weekends and holidays/term breaks.
3. **Office Hours** – Please do utilize my office hours. I find that some communications that take quite a bit of time through electronic means can be handled much more efficiently in person. My office hours this term are by appointment, unless otherwise announced.

Notes

- *While I make every effort to follow the standards and schedule of this syllabus there may be times when changes are necessary. I will inform the class through the announcement board and/or class messages of any changes.*
- *If you write about child abuse or discuss it in-class, I will likely be obligated to report to Child Welfare Services. Please contact me directly with any concerns or questions.*