CR COLLEGE THE REDWOODS

Syllabus for General Psychology

Online V2837

Course Information

Semester & Year: Spring 2022 Course ID & Section #:V2837 Instructor's name: Deanna Herrera There are no required meeting days and times Location: Online Number of proctored exams: None Course units:3

Instructor Contact Information

Online: Office hours: To be made by appointment (Zoom meetings) Phone number: Email address: Please contact me through Canvas Server Deanna-Herrera@redwoods.edu

Catalog Description

An introduction to the empirical factors that influence human behavior, child development, learning cognition, motivation and emotion, personality, social processes, biology and pathology.

Course Student Learning Outcomes

1. This course is designed to provide you with an introduction to the field of psychology. Students should be able to accomplish the following goals throughout our semester together:

Explain concepts in areas of psychological theory and research while representing appropriate breadth and depth of knowledge within the context of historical trends in psychology

Prerequisites/co-requisites/ recommended preparation

This is a college level course and it is highly recommended that all students can read and write at the college level. There are no required prerequisites. It is in the students benefit to be enrolled in or to have taken English 1A.

Accessibility

College of the Redwoods is committed to making reasonable accommodations for qualified students with disabilities. If you have a disability or believe you might benefit from disability-related services and

accommodations, please contact your instructor or <u>Disability Services and Programs for Students</u> (DSPS). Students may make requests for alternative media by contacting DSPS based on their campus location:

- Eureka: 707-476-4280, student services building, 1st floor
- Del Norte: 707-465-2324, main building near library
- Klamath-Trinity: 530-625-4821 Ext 103

If you are taking online classes DSPS will email approved accommodations for distance education classes to your instructor. In the case of face-to-face instruction, please present your written accommodation request to your instructor at least one week before the needed accommodation so that necessary arrangements can be made. Last minute arrangements or post-test adjustments usually cannot be accommodated.

Student Support

Good information and clear communication about your needs will help you be successful. Please let your instructor know about any specific challenges or technology limitations that might affect your participation in class. College of the Redwoods wants every student to be successful.

Evaluation & Grading Policy

[Should include info such as final grade calculations, rubrics, late assignment policy, and other grading practices]

Admissions deadlines & enrollment policies

Spring 2022 Dates

- Classes begin: 01/15/22
- Last day to add a class: 01/21/22
- Martin Luther King, Jr's Birthday (all campuses closed: 01/17/22
- Last day to drop without a W and receive a refund: 01/28/22
- Census date (or 20% into class duration): 01/31/22
- Last Day to file P/NP (only courses where this is an option) 02/11/22
- Lincoln's Birthday (all campuses closed): 02/18/22
- Presidents Day (all campuses closed): 02/21/22
- Last day to petition to graduate or apply for certificate: 03/03/22
- Spring Break (no classes): 03/14/22-03/19/22
- Last day for student-initiated W (no refund): 04/01/22
- Last day for faculty-initiated W (no refund): 04/01/22
- Final examinations: 05/07/22-05/13/22
- Semester ends: 05/13/22
- Grades available for transcript release: approximately 05/30/22

Academic dishonesty

In the academic community, the high value placed on truth implies a corresponding intolerance of scholastic dishonesty. In cases involving academic dishonesty, determination of the grade and of the student's status in the course is left primarily to the discretion of the faculty member. In such cases, where the instructor determines that a student has demonstrated academic dishonesty, the student may receive a failing grade for the assignment and/or exam and may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct (AP 5500) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the <u>College Catalog</u> and on the <u>College of the Redwoods website</u>.

Disruptive behavior

Student behavior or speech that disrupts the instructional setting will not be tolerated. Disruptive conduct may include, but is not limited to: unwarranted interruptions; failure to adhere to instructor's directions; vulgar or obscene language; slurs or other forms of intimidation; and physically or verbally abusive behavior. In such cases where the instructor determines that a student has disrupted the educational process, a disruptive student may be temporarily removed from class. In addition, the student may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct (AP 5500) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the <u>College Catalog</u> and on the <u>College of the Redwoods website</u>.

Inclusive Language in the Classroom

College of the Redwoods aspires to create a learning environment in which all people feel comfortable in contributing their perspectives to classroom discussions. It therefore encourages instructors and students to use language that is inclusive and respectful.

Setting Your Preferred Name in Canvas

Students have the ability to have an alternate first name and pronouns to appear in Canvas. Contact <u>Admissions & Records</u> to request a change to your preferred first name and pronoun. Your Preferred Name will only be listed in Canvas. This does not change your legal name in our records. See the <u>Student</u> <u>Information Update form</u>.

Canvas Information

If using Canvas, include navigation instructions, tech support information, what Canvas is used for, and your expectation for how regularly students should check Canvas for your class. Log into Canvas at <u>https://redwoods.instructure.com</u> Password is your 8 digit birth date For tech help, email <u>its@redwoods.edu</u> or call 707-476-4160 Canvas Help for students: <u>https://webapps.redwoods.edu/tutorial/</u> Canvas online orientation workshop: <u>Canvas Student Orientation Course (instructure.com</u>)

Community College Student Health and Wellness

Resources, tools, and trainings regarding health, mental health, wellness, basic needs and more designed for California community college students, faculty and staff are available on the California Community Colleges <u>Health & Wellness website</u>.

<u>Wellness Central</u> is a free online health and wellness resource that is available 24/7 in your space at your pace.

Students seeking to request a counseling appointment for academic advising or general counseling can email <u>counseling@redwoods.edu</u>.

Emergency procedures / Everbridge

College of the Redwoods has implemented an emergency alert system called Everbridge. In the event of an emergency on campus you will receive an alert through your personal email and/or phones. Registration is not necessary in order to receive emergency alerts. Check to make sure your contact information is up-to-date by logging into WebAdvisor <u>https://webadvisor.redwoods.edu</u> and selecting 'Students' then 'Academic Profile' then 'Current Information Update.'

Please contact Public Safety at 707-476-4112 or <u>security@redwoods.edu</u> if you have any questions. For more information see the <u>Redwoods Public Safety Page</u>.

In an emergency that requires an evacuation of the building anywhere in the District:

- Be aware of all marked exits from your area and building
- Once outside, move to the nearest evacuation point outside your building
- Keep streets and walkways clear for emergency vehicles and personnel

Do not leave campus, unless it has been deemed safe by the campus authorities.

Del Norte Campus Emergency Procedures

Please review the <u>Crescent City campus emergency map</u> for campus evacuation sites, including the closest site to this classroom (posted by the exit of each room). For more information, see the <u>Redwoods Public Safety Page</u>.

Eureka Campus Emergency Procedures

Please review the <u>campus emergency map</u> for evacuation sites, including the closest site to this classroom (posted by the exit of each room). For more information on Public Safety go to the <u>Redwoods Public</u> <u>Safety Page</u> It is the responsibility of College of the Redwoods to protect life and property from the effects of emergencies within its own jurisdiction.

In the event of an emergency:

- 1. Evaluate the impact the emergency has on your activity/operation and take appropriate action.
- 2. Dial 911, to notify local agency support such as law enforcement or fire services.
- 3. Notify Public Safety 707-476-4111 and inform them of the situation, with as much relevant information as possible.
- 4. Public Safety shall relay threat information, warnings, and alerts through the Everbridge emergency alert system, Public address system, and when possible, updates on the college website, to ensure the school community is notified.

- 5. Follow established procedures for the specific emergency as outlined in the College of the Redwoods Emergency Procedure Booklet, (evacuation to a safe zone, shelter in place, lockdown, assist others if possible, cooperate with First Responders, etc.).
- 6. If safe to do so, notify key administrators, departments, and personnel.
- 7. Do not leave campus, unless it is necessary to preserve life and/or has been deemed safe by the person in command.

Klamath Trinity Campus Emergency Procedures

Please review the responsibilities of, and procedures used by, the College of the Redwoods, Klamath-Trinity Instructional Site (KTIS) to communicate to faculty, staff, students and the general public during an emergency. It is the responsibility of College of the Redwoods, Klamath-Trinity Instructional Site (KTIS) to protect life and property from the effects of emergency situations within its own jurisdiction.

- 1. In the event of an emergency, communication shall be the responsibility of the district employees on scene.
 - a. Dial 911, to notify local agency support such as law enforcement or fire services.
 - b. If safe to do so, notify key administrators, departments, and personnel.
 - c. If safe to do so, personnel shall relay threat information, warnings, to ensure the school community is notified.
 - d. Contact 530-625-4821 to notify of situation.
 - e. Contact Hoopa Tribal Education Administration office 530-625-4413
 - f. Notify Public Safety 707-476-4111.
- 2. In the event of an emergency, the responsible district employee on scene will:
 - a. Follow established procedures for the specific emergency as outlined in the College of the Redwoods Emergency Procedure Booklet.
 - b. Lock all doors and turn off lights if in lockdown due to an active shooter or similar emergency.
 - c. Close all window curtains.
 - d. Get all inside to safe location Kitchen area is best internal location.
 - e. If a police officer or higher official arrives, they will assume command.
 - f. Wait until notice of all is clear before unlocking doors.
 - g. If safe to do so, move to the nearest evacuation point outside building (Pooky's Park), directly behind the Hoopa Tribal Education Building.
 - h. Do not leave site, unless it has been deemed safe by the person in command. Student Support Services (required for online classes)

Student Support Services

The following online resources are available to support your success as a student:

- <u>CR-Online</u> (Comprehensive information for online students)
- Library Articles & Databases
- <u>Canvas help and tutorials</u>
- Online Student Handbook

<u>Counseling</u> offers assistance to students in need of professional counseling services such as crisis counseling.

Learning Resource Center includes the following resources for students

- <u>Academic Support Center</u> for instructional support, tutoring, learning resources, and proctored exams. Includes the Math Lab & Drop-in Writing Center
- <u>Library Services</u> to promote information literacy and provide organized information resources.
- Multicultural & Diversity Center

Special programs are also available for eligible students include

- <u>Extended Opportunity Programs & Services (EOPS)</u> provides services to eligible income disadvantaged students including: textbook award, career academic and personal counseling, school supplies, transportation assistance, tutoring, laptop, calculator and textbook loans, priority registration, graduation cap and gown, workshops, and more!
- The TRiO Student Success Program provides eligible students with a variety of services including trips to 4-year universities, career assessments, and peer mentoring. Students can apply for the program in <u>Eureka</u> or in <u>Del Norte</u>
- The <u>Veteran's Resource Center</u> supports and facilitates academic success for Active Duty Military, Veterans and Dependents attending CR through relational advising, mentorship, transitional assistance, and coordination of military and Veteran-specific resources.
- Klamath-Trinity students can contact the CR KT Office for specific information about student support services at 530-625-4821

There are plenty of resources on the <u>CR-Online</u> web page. Simply hover your mouse over the hyperlink above and Ctrl+Click on the link for additional information. But to get started...

Login and Getting Started

Login instructions for Canvas: 1. Open your web browser and go to https:/redwoods.instructure.com2. Your Username is the same as your Webadvisor UserID (flast123-first initial + last name+ last 3 digits of your student ID number). Your initial password is your 8-digit birthdate (mmddyyyy). 3. Once logged in, on top left hand side of the screen you should see a drop-down menu of your courses.

There are no proctored exams in this course.

Evaluation & Grading Policy

Discussions

Each week will include a discussion essay and this is worth 10 points. Discussions will also include responses to other students worth a total of 20 points for 2 replies. Responses should be three very thoughtful paragraphs long.

The essays are to be 200 words long and the responses should be 100 words long.

The essays should be free of grammatical and spelling errors and provide a thoughtful analysis of the question posed or prompt. Citing specific examples is expected. You do not need to relate any material to yourself, but if you choose to do so, this is wonderful. Detailed rubrics are easily accessed by clicking on the gear icon and there you will find the point break-down. Please do not share too much personal information, but do take some risks to share with others a little bit about yourself when it feels appropriate.

Discussions are worth a total of 260 points

Voluntary Zoom meetings TBA

There will be three meetings and we will use these to discuss the trickier concepts, if you should like a little help with them.

Quizzes

Most weeks will include a quiz and the points vary depending upon difficulty level. However, there will be no late quizzes accepted and they are 10 points each.

These are worth 130 points total

Research Assignments

Group Collaboration

Each student will be assigned a group to complete one written assignment. You will be assigned a focus group where you will generate one research paper analysis that will be provided within Assignments and in the Modules. Each group will be given a research paper to critique and through discussion will produce one essay (I will receive the same essay from each group member).

This is collaboration is worth 10 points

Final Research Paper

This assignment requires that each student complete one research paper on an area of their choice. Any topic within the field of psychology is acceptable so long as there is available research to include in the reference section. This requires some research on the library databases. The expectations, rubric and instructions will be provided to you in detail. This is an APA paper and may be the first research paper you have completed on your own. I have ample materials to support you and will give you very detailed instructions with sample student papers to guide you.

This paper is worth 100 points.

Midterm

The midterm is worth 100 points and will cover the topics from Chapters 1-9. The midterm will consist of essay questions that require you to demonstrate a thoughtful integration of concepts learned.

Final

The final will be an essay exam worth 100 points and will cover the second half of the semester material from the mid-term on.

The Final is worth 100 points.

Grading Scale 93%+=A 90-92%=B 87-89%=B+ 83-86%=B-80-82%=C+ 77-79%=C+ 70-76%=C 6--69%=D

Prerequisites/co-requisites/ recommended preparation

There are no prerequisites for this course, however it is recommended (strongly) that students have either taken English 1A or are currently enrolled in it. This course requires that students are capable of college level reading and writing.

Special accommodations statement

College of the Redwoods complies with the Americans with Disabilities Act in making reasonable accommodations for qualified students with disabilities. Please present your written accommodation request at least one week before the first test so that necessary arrangements can be made. No last-minute arrangements or post-test adjustments will be made. If you have a disability or believe you might benefit from disability-related services and accommodations, please see me or contact <u>Disability Services and Programs for</u>

<u>Students</u>. Students may make requests for alternative media by contacting DSPS based on their campus location:

- Eureka: 707-476-4280, student services building, 1st floor
- Del Norte: 707-465-2324, main building near library
- Klamath-Trinity: 530-625-4821 Ext 103

These standards are required by federal regulation. Students will have access to this course that complies with the Americans with Disabilities Act of 1990 (ADA), Section 508 of the Rehabilitation Act of 1973, and College of the Redwoods policies. Course materials will include a text equivalent for all non-text elements; videos will include closed captioning, images will include alt-tags, hyperlinks will use descriptive/meaningful phrases instead of URLs and audio files will include transcripts. All text will be formatted for use with screen readers and all course materials will be understandable without the use of color.

Students who discover access issues with this class should contact the instructor.

Student feedback policy

Students will obtain feedback on the scoring of assignments in SpeedGrader, immediately for Quizzes and for Discussions within 1.5 weeks. However, the instructor will offer feedback within the Discussions themselves in a group format. For more information students will obtain feedback on individual assignments, by clicking on the cloud icon. You will find responses to assignments here, when the instructor deems additional information is necessary, needed and appropriate. The instructor will get back to student e-mail communications within 48 hours on the weekdays. The instructor does her very best to respond within the day, but this is not always possible. Holidays and Weekends are exceptions to this. To contact me you can send an email through the CANVAS server. Office hours are scheduled between the student and instructor and will take place in phone calls or Zoom meetings.

A word about course communication:

Please keep communications positive and please be aware that online communications lack non-verbal cues, like vocal tone and facial expressions that help to modulate the written word. With this in mind be extra kind in your words and thoughtful when providing feedback. It is important that this is a safe learning environment for students to feel supported and to take risks. Keeping it positive will help everyone build on their success. Excessive complaining in Discussions and criticism of instructors or classes is not acceptable behavior in this class.

Student Support Services

The following online resources are available to support your success as a student:

- <u>CR-Online</u> (Comprehensive information for online students)
- <u>Library Articles & Databases</u>
- <u>Canvas help and tutorials</u>
- Online Student Handbook

<u>Counseling and Advising</u> offers academic support and includes academic advising and educational planning

Learning Resource Center includes the following resources for students

- <u>Academic Support Center</u> for instructional support, tutoring, learning resources, and proctored exams.
- <u>Library Services</u> to promote information literacy and provide organized information resources.
- Multicultural & Diversity Center [waiting for hyperlink and Mission]
- Math Lab & Drop-in Writing Center

Special programs are also available for eligible students include

- <u>Extended Opportunity Programs & Services (EOPS)</u> provides financial assistance, support and encouragement for eligible income disadvantaged students at all CR locations.
- The TRiO Student Success Program provides eligible students with a variety of services including trips to 4-year universities, career assessments, and peer mentoring. Students can apply for the program in <u>Eureka</u> or in <u>Del Norte</u>
- The <u>Veteran's Resource Center</u> supports and facilitates academic success for Active Duty Military, Veterans and Dependents attending CR through relational advising, mentorship, transitional assistance, and coordination of military and Veteran-specific resources.
- Klamath-Trinity students can contact the CR KT Office for specific information about student support services at 530-625-4821
- The <u>Honors Program</u> helps students succeed in transferring to a competitive four-year school.

Please check the Academic Calendar for important dates! Hover+crtl+click

AcademicCalendar 2021-22.pdf (redwoods.edu)

<u>Course Calendar</u>

Learning Unit I.

Foundations of Psychology

		Read Syllabus
Week 1	Introduction and Welcome!	Discussion
		Introduction Submission
Week 2	The Foundations of Psychology	Read Chapter 2.
		Discussion/Essay
		Quiz
Week 3	Research Methods	Read Chapter 3.
		Discussion/Essay
		Quiz
Week 4		Read Chapter 4.
	Brain and Biology	Discussion/Essay
		Quiz
Week 5	Sensation and Perception	Read Chapter 5.
		Discussion/Essay
		Quiz
Learning Unit II.		
Learning and Cognition		
Week 6		Read Chapter 6.
	Consciousness	Discussion/Essay
		Quiz

Week 7	Learning	Read Chapter 7. Discussion Quiz
Week 8	Memory	Read Chapter 8 Discussion
Week 9	Spring Break	
Week 10	Motivation and Emotion	Read Chapter 10 Discussion Quiz Midterm
Learning Unit III.		
Human Factors		
Week 11	Development	Read Chapter 11. Discussion Quiz Library Research Overview

		Read Chapter 12 Discussion
Week 12	Personality Theory	Quiz
		Research paper overview
		Finalize your paper topic, create an outline and find three research articles or books
Week 13 Week 14	Social Behavior	Read Chapter 13
		Discussion/Essay
		Quiz
	Psychological Disorders	Read Chapter 14
		Discussion/Quiz
		Read Chapter 15
Week 15	Treatment of Disorders	Discussion/ Quiz Research Papers Due

Week 16	Research Paper Round Tables	Research paper Discussion
Finals Week Begins		

The instructor reserves the right to modify the schedule at any time. Specific due dates ad assignments are provided in Canvas Course. The instructor will always modify the schedule if it is in the best interests of the class. If extra time is needed to cover concepts then the instructor will adjust accordingly.