Syllabus for General Psychology

Course Information

Semester & Year: Spring 2022

Course ID & Section #: PSYCH-1-E2828

Instructor's name: Kaliym Butler

Day/Time of required meetings: Monday, Wednesday, 06:05PM – 07:30PM

Location: Humanities Building, Room HU112

Number of proctored exams: 0

Course Units: 3

Texts: <u>REQUIRED</u> Myers, D. G., & DeWall, N. (2019). Exploring Psychology. New York, NY: Worth Publishers, Macmillan Higher Education. ISBN: 978-1319104193 (11th edition preferred, 12th and 10th edition acceptable)

<u>RECOMMENDED</u> American Psychological Association. (2019). Publication manual of the American Psychological Association. Washington DC: American Psychological Association. ISBN: 978-1433832161 (7th edition preferred, 6th edition acceptable).

Instructor Contact Information

Office location or *Online: Humanities Building, Room HU112 or Online via Zoom

Office hours: TBD. Accessible at any time via phone and email. Zoom meeting by appointment.

Phone number: 707/298-8458

Email address: kaliym-butler@redwoods.edu

Catalog Description

A course in the scientific study of human development across the lifespan. The content takes an integrative approach that includes the biological foundations and major theories: psychodynamic, behavioral, social cognitive, contextual (e.g., sociocultural), and cognitive. Topics include prenatal, infant, child, adolescent, and adult development.

Course Student Learning Outcomes

1. Analyze how biological, psychological, and social processes affect human development.
2. Demonstrate knowledge and understanding representing appropriate breadth and depth in selected content areas of prenatal, infant, child, adolescent, and adult development.
3. Analyze and/or apply developmental research in writing.
4. Identify and describe classic and contemporary theories and research in lifespan psychology.
5. Identify and describe the techniques and methods used by developmental psychologists to study human development.
6. Identify possible causes or sources of developmental change and reasons for disturbances in the developmental process.

Prerequisites/co-requisites/ recommended preparation

None

Accessibility

Students will have access to online course materials that comply with the Americans with Disabilities Act of 1990 (ADA), Section 508 of the Rehabilitation Act of 1973, and College of the Redwoods policies. Students who discover access issues with this class should contact the instructor.

College of the Redwoods is also committed to making reasonable accommodations for qualified students with disabilities. If you have a disability or believe you might benefit from disability-related services and accommodations, please contact your instructor or [Disability Services and Programs for Students](#) (DSPS). Students may make requests for alternative media by contacting DSPS based on their campus location:

- Eureka: 707-476-4280, student services building, 1st floor
- Del Norte: 707-465-2324, main building near library
- Klamath-Trinity: 530-625-4821 Ext 103

During COVID19, approved accommodations for distance education classes will be emailed to the instructor by DSPS. In the case of face-to-face instruction, please present your written accommodation request to your instructor at least one week before the first test so that necessary arrangements can be made. Last-minute arrangements or post-test adjustments cannot usually be accommodated.

Support for online learners during COVID-19

In response to COVID-19, College of the Redwoods moved the majority of its courses online to protect health and safety. As the faculty and students adjust to this change, clear communication about student needs will help everyone be successful. Please let me know about any specific challenges or technology limitations that might affect your participation in class. I want every student to thrive.

Evaluation & Grading Policy

Course Expectations:

Grading: You can earn a total of 600 points throughout the semester. Points will be divided as follows:

Assignment	Points Possible
Class Discussions	150
Quizzes	150
Midterm	75
Final	75
Research Article Questions	50
Annotated Bibliography	50
Research Paper	50
Total Points Possible	**600**
*Extra Credit Opportunities may be Available Throughout the Semester	

Final Grading Scale:

Percentage	Approximate Point Range	Letter Grade
90-100%	540-600	A
80-89%	480-539	B
70-79%	420-479	C
60-69%	360-419	D
Below 60%	0-359	F

Class Discussions (150 points): Over the course of the semester there will be a discussion posted to the pertaining weeks module. There may be one or two questions for you to choose from, you will only be required to answer one question prompt. You may be required to answer multiple questions to a single prompt. You will receive up to a maximum of 10 points for postings and responses to other student postings. This is an important and required part of the class. The discussion forum is accessed in Modules at the class website.

Chapter Quizzes (150 points): Each chapter has a quiz consisting of 10 multiple-choice items based on the week's lecture/discussions, lecture videos, and text readings. Quizzes will be made available at the beginning of the week and will close at the end of the week. Refer to the assignment for that week in-case you are unsure of beginning and due dates for quizzes. Each quiz will have 2 attempts allowed; your highest score will be the one that is calculated into your final grade. You need to ensure that you complete the quizzes before their due date as the will NOT be reopened except for the most extreme of circumstances (this does not include vacation or forgetfulness).

Exams (75 points each): You will only have 2 exams this semester, a midterm and a final. The final exam will NOT be cumulative and only consist of course material after the midterm. These exams will NOT be proctored or timed. You will only have one attempt per exam, please make sure you are in a quiet and comfortable area before you begin. You need to ensure that you complete both of the exams before their due date as the will NOT be reopened except for the most extreme of circumstances (this does not include vacation or forgetfulness).

Research Article Questions (50 Points): This assignment is to provide you with exposure to primary research in the field of psychology. Your instructor will provide the article for you, electronically (a hard copy can be provided upon request). You need to read the article and be able to answer the questions provided here prior to the day designated in our schedule as the date for discussion of the article. You will then need to type up your answers in a paper approximately 2 pages long, double-spaced. This paper should demonstrate your knowledge of the research process. It is worth 50 points and 5 points will be taken off for every class period it is late. Please be sure to site your article in APA format.

Annotated Bibliography (50 Points): An annotated bibliography is an organizing tool that is helpful when working on a research project. For this assignment you will need to find 3 academic resources, I recommend you use three resources that you plan to utilize for your research paper. An effective annotated bibliography is used to compile research sources in one location and provide the researcher with quick access to the information contained in each source. I highly encourage you to pick a topic that you find interesting. There is nothing worse than researching and writing about something you find uninteresting. There are many different areas in the field of psychology, many that people don't even think about. I recommend that each annotated be about 1 - 2 pages, be sure it is in APA format with a title and references page, double spaced, in 12-point font, and in Times New Roman or Calibri font. Spelling and grammar count, be sure to review your work and make sure it is legible. If you are looking to improve your writing, have someone who has no familiarity with the concepts read your work and gauge their level of understanding. You know your job is complete when they understand the intent and purpose behind your work.

Paper and Paper Outline (50 Points): Students will write a double-spaced, 12-point font, 4-5-page research paper on a topic of their choice. Citations will be in APA style.

- Make sure you fully cover the topic in an academic manner.

- The research should be current and verifiable by author and or organization. Utilize the research tools available through the library for your research not Google/open web searching.

- The paper needs to be written in APA format, 4-5 pages, double-spaced. You can access a handout on APA formatting on the CR library homepage. OWLS at Purdue and Diana Hacker.com are also good on-line sources for help with formatting. We will discuss formatting in class.

- At least 3 academic sources need to be utilized including research articles and/or books. (Utilize the sources from your annotated bibliography).

Paper Rubric:

Content and Organization: The paper needs to adequately explain the topic and the research that was utilized in the discussion. Student needs to be able to analyze the research read and synthesize the research in the writing of the paper. The paper needs to be well organized in regard to paragraph structure, sentence structure and overall organization of paper topic.

Documentation/Credibility of sources: In text citations must be utilized according to APA format. A reference page also needs to be included fully citing the verifiable sources. Sources of information utilized for this paper must be academic ones found through library databases. Sources should be verifiable and documented by an author and/or organization. Peer reviewed sources will be helpful for you to use in your research.

Utilization of APA format: APA format needs to be utilized in the set-up of the paper including a title page, utilization of a running head, in text citations by author and date, 12 font, double space, format of reference page.

Spelling and Grammar: One point will be deducted for each spelling and grammar mistake. Please edit carefully.

Course Schedule:

DATES (Week Start Date)	TOPIC	READING	ACTIVITY/ASSESSMENT/ ASSIGNMENT DUE
Week One: Thinking Critically with Psychology Science			
1/16/2022	Welcome, The History and Scope of Psychology, Research Strategies, How Psychologists Ask and Answer Questions	Chapter One	Introductions, Discussion Questions, Quiz 1
Week Two: The Biology of Behavior			
1/23/2022	Neural and Hormonal Systems, Tools of discover, Older Brain Structures, and the Limbic System. The Cerebral Cortex, Genetics, Evolutionary Psychology, and Behavior	Chapter Two	Discussion Questions, Quiz 2
Week Three: Consciousness and the Two-Track Mind			
1/30/2022	Consciousness: Some Basic Concepts, Sleep and Dreams. Drugs and Consciousness.	Chapter Three	Discussion Questions, Quiz 3
Week Four: Developing Through the Life Span			
2/6/2022	Developmental Issues, Prenatal Development, and the Newborn, Infancy and Childhood, Adolescence, Adulthood.	Chapter Four	Discussion Questions, Quiz 4

Week Five: Sex, Gender, and Sexuality			
2/13/2022	Gender Development and Human Sexuality	Chapter Five	Discussion Questions, Quiz 5
Week Six: Understanding Research Methods			

Week Six continued			
2/20/2022	Library research overview with research article provided for assignment. Discussion on the ethics and importance of research review in psychological science.	APA Publication Manual, Research Article	Research Article Questions
Week Seven: Learning			
2/27/2022	Basic Learning Concepts and Classical Conditioning, Operant Conditioning, Biology, Cognition, and Learning.	Chapter Seven	Discussion Questions, Quiz 7,
Week Eight: Spring Break			
3/6/2022	No Course Scheduling, Fall Break, Enjoy Your Vacation!	None	None
Week Nine: Thinking, Language, and Intelligence			
3/13/2022	Thinking, Language and Thought, Intelligence and Its Assessment, Genetic and Environmental Influences on Intelligence.	Chapter Nine	Quiz 9, Midterm Chapters 1-5, 7, Begin Annotated Bibliography Assignment
Week Ten: Motivation and Emotion			
3/20/2022	Basic Motivational Concepts, Affiliation, and Achievement, Hunger, Expressing and Experiencing Emotion	Chapter Ten	Discussion Questions, Quiz 10, Annotated Bibliography Due
Week Eleven: Stress, Health, and Human Flourishing			
3/27/2022	Stress and Illness, Stress Some Basic Concepts, Stress and Vulnerability to Disease, Health and Happiness, Coping with Stress, Reducing Stress, Happiness	Chapter Eleven	Discussion Questions, Quiz 11
Week Twelve: Social Psychology			
4/3/2022	Social Thinking and Social Influence, Antisocial Relations, Prosocial Relations	Chapter Twelve	Discussion Questions, Quiz 12, Begin Research Paper
Week Thirteen: Personality			
4/10/2022	Classic Perspectives on Personality, Contemporary Perspectives on Personality	Chapter Thirteen	Discussion Questions, Quiz 13
Week Fourteen: Psychological Disorders			
4/17/2022	Basic Concepts of Psychological Disorders, Anxiety Disorders, OCD, and PTSD, Major Depressive	Chapter Fourteen	Discussion Questions, Quiz 14

	Disorder and Bipolar Disorder, Schizophrenia and Other Disorders		
Week Fifteen: Therapy			
4/24/2022	Introduction to Therapy and Psychological Therapies, Evaluating Psychotherapies, The Biomedical Therapies and Preventing Psychological Disorders	Chapter Fifteen	Discussion Questions, Quiz 15, Research Paper Due
Week Sixteen: Open Office Hours			
5/1/2022	Opportunity to meet with instructor for open office hours, work on missing assignments, prepare for final exam.		Submit Revised Research Paper, Final Exam opens on Canvas
Week Seventeen: Final Exams			
5/8/2022	Take this time to study and prepare for the final.		Final Exam

Admissions deadlines & enrollment policies

Spring 2022 Dates

- *Classes begin: 01/15/22*
- *Last day to add a class: 01/21/22*
- *Martin Luther King, Jr's Birthday (all campuses closed: 01/17/22*
- *Last day to drop without a W and receive a refund: 01/28/22*
- *Census date (or 20% into class duration): 01/31/22*
- *Last Day to file P/NP (only courses where this is an option) 02/11/22*
- *Lincoln's Birthday (all campuses closed): 02/18/22*
- *Presidents Day (all campuses closed): 02/21/22*
- *Last day to petition to graduate or apply for certificate: 03/03/22*
- *Spring Break (no classes): 03/14/22-03/19/22*
- *Last day for student-initiated W (no refund): 04/01/22*
- *Last day for faculty-initiated W (no refund): 04/01/22*
- *Final examinations: 05/07/22-05/13/22*
- *Semester ends: 05/13/22*
- *Grades available for transcript release: approximately 05/30/22*

Students who have experienced extenuating circumstances can complete & submit the ***Excused Withdrawal Petition*** to request an Excused Withdrawal (EW) grade instead of the current Withdrawal (W) or non-passing (D, F & NP) grades. The EW Petition is available from the Admissions and Records Forms Webpage. Supporting documentation is required.

Academic dishonesty

In the academic community, the high value placed on truth implies a corresponding intolerance of scholastic dishonesty. In cases involving academic dishonesty, determination of the grade and of the student's status in the course is left primarily to the discretion of the faculty member. In such cases, where the instructor determines that a student has demonstrated academic dishonesty, the student may receive a failing grade for the assignment and/or exam and may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct (AP 5500) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the College Catalog and on the College of the Redwoods website.

Disruptive behavior

Student behavior or speech that disrupts the instructional setting will not be tolerated. Disruptive conduct may include but is not limited to: unwarranted interruptions; failure to adhere to instructor's directions; vulgar or obscene language; slurs or other forms of intimidation; and physically or verbally abusive behavior. In such cases where the instructor determines that a student has disrupted the educational process, a disruptive student may be temporarily removed from class. In addition, the student may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct (AP 5500) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the College Catalog and on the College of the Redwoods website.

Inclusive Language in the Classroom

College of the Redwoods aspires to create a learning environment in which all people feel comfortable in contributing their perspectives to classroom discussions. It therefore encourages instructors and students to use language that is inclusive and respectful.

Setting Your Preferred Name in Canvas

Students have the ability to have an alternate first name and pronouns to appear in Canvas. Contact Admissions & Records to request a change to your preferred first name and pronoun. Your Preferred Name will only be listed in Canvas. It does not change your legal name in our records. See the Student Information Update form.

Canvas Information

If using Canvas, include navigation instructions, tech support information, what Canvas is used for, and your expectation for how regularly students should check Canvas for your class.
Log into Canvas at https://redwoods.instructure.com
Password is your 8-digit birth date
For tech help, email its@redwoods.edu or call 707-476-4160
Canvas Help for students: https://www.redwoods.edu/online/Help-Student
Canvas online orientation workshop: https://www.redwoods.edu/online/Home/Student-Resources/Canvas-Resources

Community College Student Health and Wellness

Resources, tools, and trainings regarding health, mental health, wellness, basic needs and more designed for California community college students, faculty and staff are available on the California Community Colleges Health & Wellness website.

Wellness Central is a free online health and wellness resource that is available 24/7 in your space at your pace.

Students seeking to request a counseling appointment for academic advising or general counseling can email counseling@redwoods.edu.

Emergency procedures / Everbridge

College of the Redwoods has implemented an emergency alert system called Everbridge. In the event of an emergency on campus you will receive an alert through your personal email and/or phones. Registration is not necessary in order to receive emergency alerts. Check to make sure your contact information is up-to-date by logging into WebAdvisor https://webadvisor.redwoods.edu and selecting 'Students' then 'Academic Profile' then 'Current Information Update.'

Please contact Public Safety at 707-476-4112 or security@redwoods.edu if you have any questions. For more information see the [Redwoods Public Safety Page](#). In an emergency that requires an evacuation of the building anywhere in the District:

- Be aware of all marked exits from your area and building
- Once outside, move to the nearest evacuation point outside your building
- Keep streets and walkways clear for emergency vehicles and personnel

Do not leave campus unless it has been deemed safe by the campus authorities.

Del Norte Campus Emergency Procedures

Please review the [Crescent City campus emergency map](#) for campus evacuation sites, including the closest site to this classroom (posted by the exit of each room). For more information see the [Redwoods Public Safety Page](#).

Eureka Campus Emergency Procedures

Please review the [campus emergency map](#) for evacuation sites, including the closest site to this classroom (posted by the exit of each room). For more information on Public Safety go to the [Redwoods Public Safety Page](#) It is the responsibility of College of the Redwoods to protect life and property from the effects of emergency situations within its own jurisdiction.

In the event of an emergency:

1. Evaluate the impact the emergency has on your activity/operation and take appropriate action.
2. Dial 911, to notify local agency support such as law enforcement or fire services.
3. Notify Public Safety 707-476-4111 and inform them of the situation, with as much relevant information as possible.
4. Public Safety shall relay threat information, warnings, and alerts through the Everbridge emergency alert system, public address system, and when possible, updates on the college website, to ensure the school community is notified.
5. Follow established procedures for the specific emergency as outlined in the College of the Redwoods Emergency Procedure Booklet, (evacuation to a safe zone, shelter in place, lockdown, assist others if possible, cooperate with First Responders, etc.).
6. If safe to do so, notify key administrators, departments, and personnel.
7. Do not leave campus unless it is necessary to preserve life and/or has been deemed safe by the person in command.

Klamath Trinity Campus Emergency Procedures

Please review the responsibilities of, and procedures used by, the College of the Redwoods, Klamath-Trinity Instructional Site (KTIS) to communicate to faculty, staff, students, and the general public during an emergency. It is the responsibility of College of the Redwoods, Klamath-Trinity Instructional Site (KTIS) to protect life and property from the effects of emergency situations within its own jurisdiction.

1. In the event of an emergency, communication shall be the responsibility of the district employees on scene.
   a. Dial 911, to notify local agency support such as law enforcement or fire services.
   b. If safe to do so, notify key administrators, departments, and personnel.
   c. If safe to do so, personnel shall relay threat information, warnings, to ensure the school community is notified.
      d. Contact Jolene Gates 530-625-4821 to notify of situation.
   e. Contact Hoopa Tribal Education Administration office   530-625-4413
   f. Notify Public Safety 707-476-4111.
2. In the event of an emergency, the responsible district employee on scene will:

a. Follow established procedures for the specific emergency as outlined in the College of the Redwoods Emergency Procedure Booklet.
b. Lock all doors and turn off lights if in lockdown due to an active shooter or similar emergency. c. Close all window curtains.
d. Get all inside to safe location Kitchen area is best internal location.
e. If a police officer or higher official arrives, they will assume command.
f. Wait until notice of all is clear before unlocking doors.
g. If safe to do so, move to the nearest evacuation point outside building (Pooky's Park), directly behind the Hoopa Tribal Education Building.
h. Do not leave site unless it has been deemed safe by the person in command. Student Support Services (required for online classes)

Student Support Services

The following online resources are available to support your success as a student:
- CR-Online (Comprehensive information for online students)
- Library Articles & Databases
- Canvas help and tutorials
- Online Student Handbook

Counseling offers assistance to students in need of professional counseling services such as crisis counseling. Learning

Resource Center includes the following resources for students

- Academic Support Center for instructional support, tutoring, learning resources, and proctored exams. Includes the Math Lab & Drop-in Writing Center
- Library Services to promote information literacy and provide organized information resources.
- Multicultural & Diversity Center

Special programs are also available for eligible students include

- Extended Opportunity Programs & Services (EOPS) provides financial assistance, support and encouragement for eligible income disadvantaged students at all CR locations.
- The TRiO Student Success Program provides eligible students with a variety of services including trips to 4year universities, career assessments, and peer mentoring. Students can apply for the program in Eureka or in Del Norte
- The Veteran's Resource Center supports and facilitates academic success for Active Duty Military, Veterans and Dependents attending CR through relational advising, mentorship, transitional assistance, and coordination of military and Veteran-specific resources.
- Klamath-Trinity students can contact the CR KT Office for specific information about student support services at 530-625-4821