



Syllabus for PSYCH 1

Course Information

Semester & Year: Fall 2021

Course ID & Section #: PSYCH 1 D2381

Instructor's name: Kady Pomerleau

Day/Time: N/A - Correspondence course

Location: Pelican Bay A Yard

Course units: 3

Textbook: Exploring Psychology 10th edition by Myers and DeWall

Instructor Contact Information

This is a Correspondence Course. Office hours: By Mail or appointment, when possible.

The first correspondence packets for the Fall 2021 term will be mailed to students on Friday, August 27th; subsequent packets will be mailed out on Fridays during the term, except during Thanksgiving Week.

YOU WILL RECEIVE A PACKET EVERY WEEK FOR THIS CLASS.

Please read the entire packet each time you receive one.

Mail sent by students will be picked up on Tuesdays and Fridays. Incoming assignments submitted by students are forwarded to faculty on Fridays.

Burning Question (BQ) Forms are prioritized and forwarded to faculty on Tuesdays. Use this form for questions that can't wait! I will do my best to answer them quickly. If I see the same question more than once I will answer it in my packet for the whole class.

Research requests are forwarded to the library as received. Copies of the BQ and Library Research Forms were included in your registration packet.

Catalog Description

A course focusing on the scientific study of behavior and mental processes. The content of the course focuses on the exploration of major theories and concepts, methods, and research findings in psychology. Topics include biological foundations, perception, learning, cognition, emotion, motivation, development, personality, social psychology, psychological disorders and therapies, and applied psychology. This course is transferable to four-year colleges and is a prerequisite for most upper division psychology courses.

Course Student Learning Outcomes

Explain concepts in areas of psychological theory and research while representing appropriate breadth and depth of knowledge within the context of historical trends in psychology.

Recognize and understand the impact of diversity on psychological research, theory and application, including (but not limited to): age, race, ethnicity, culture, gender, socio-economic status, disability, and sexual orientation.

Demonstrate critical thinking skills and information competence as applied to psychological topics.

Analyze how experience, culture, learning and biology affect behavior and cognitive processes.

Prerequisites/co-requisites/ recommended preparation

none

Accessibility

College of the Redwoods is committed to making reasonable accommodations for qualified students with disabilities. If you have a disability or if you believe you might benefit from disability-related services and accommodations, please contact your instructor or **write to College of the Redwoods Attn: Disability Services and Programs for Students (DSPS)**.

Student Support

The Pelican Bay Scholars Program is here to provide students with the opportunity to access high quality college experiences that foster personal and professional growth, create a positive learning community and lead to better long-term outcomes for our students. **Each of us (students, staff, teachers and administrators) have an important role to play in making this happen!** Clear communication with us about your needs will help you be successful. Please let your instructor know about any specific challenges or limitations that might affect your participation in class. College of the Redwoods wants every student to be successful! If you need help with something, please ask! **Use the BURNING QUESTIONS form for anything urgent.**

Evaluation & Grading Policy

There is a total of 1000 points possible in this course. After work is submitted your instructor will grade and return your work to you within two weeks. Assignments are one of two categories, Testing or Research, as shown in the table below.

RESEARCH	TESTING/UNDERSTANDING
Research Questions(50pt) 3-Annotated Bibliographies (50 pt each/150 total) Literature Review (100pt) Method, Results, Discussion Paper(100pt) Research Paper (100pt)	APA style Quiz (50pt) 15-Chapter Quizzes/reflections (10 pt each/150 total) Midterm (150pt) Final Exam (150pt)

Grade Distribution:

A Above 93% 925 points and up	A- 90-92% 900-924 points	B+ 88-89%/ 75-889 points	B 83-87 825-874 points
B- 80-82% 795 – 824 points	C+ 78- 79% 775-794 points	C 65-77% 645-774 points	D 60-64% 595 – 644 points
F Below 59% below 595 points			

Late Policy:

Late assignments will only be accepted up to two class periods late. There may be point reduction applied to any late assignments. If the assignment is one class period late points may be reduced by 25%. If the assignment is 2 class periods late then points may be reduced by 50%. The reduction will be made at the discretion of the instructor who will take into consideration any circumstances contributing to late assignments.

Admissions deadlines & enrollment policies

Fall 2021 Dates

Classes begin: 8/21/21

Last day to add a class: 8/27/21

Last day to drop without a W and receive a refund: 9/03/21

Labor Day Holiday (all campuses closed): 09/06/21

Census date: 9/07/21 or 20% into class duration

Last day to petition to graduate or apply for certificate: 10/28/21

Last day for student-initiated W (no refund): 10/29/21

Last day for faculty-initiated W (no refund): 10/29/21

Veteran's Day (all campuses closed): 11/11/21

Fall Break (no classes): 11/22/21 – 11/26/21

Thanksgiving Holiday (all campuses closed): 11/24/21 – 11/26/21

Final examinations: 12/11/21 – 12/17/21

Last day to petition to file P/NP option: 12/17/21

Semester ends: 12/17/21

Grades available for transcript release: approximately 01/07/22

Academic dishonesty

In the academic community, the high value placed on truth implies a corresponding intolerance of scholastic dishonesty. In cases involving academic dishonesty, determination of the grade and of the student's status in the course is left primarily to the discretion of the faculty member. In such cases, where the instructor determines that a student has demonstrated academic dishonesty, the student may receive a failing grade for the assignment and/or exam and may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct ([AP 5500](#)) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the [College Catalog](#) and is available by request.

Disruptive behavior

Student behavior or speech that disrupts the instructional setting will not be tolerated. Disruptive conduct may include, but is not limited to: unwarranted interruptions; failure to adhere to instructor's directions; vulgar or obscene language; slurs or other forms of intimidation; and physically or verbally abusive behavior. In such cases where the instructor determines that a student has disrupted the educational process, a disruptive student may be temporarily removed from class. In addition, the student may be reported to the Chief Student Services Officer or designee. **The Student Code of Conduct ([AP 5500](#)) is available by request.**

Inclusive Language in the Classroom

College of the Redwoods aspires to create a learning environment in which all people feel comfortable in contributing their perspectives to classroom discussions. It therefore encourages instructors and students to use language that is inclusive and respectful.

Emergency Procedures

Students and faculty will follow the emergency protocols of Pelican Bay State Prison. Students are expected to be familiar with, and adhere to all safety procedures and guidelines pertinent to the location of their class. Pelican Bay Custody staff will be consulted for guidance with any safety concerns.

Assignment Descriptions

Writing/Research

Research Questions 50 points- This activity will be a worksheet for you to exercise your understanding between qualitative and quantitative research questions. You will then be directed to write down two research questions, one qualitative, one quantitative. The qualitative question will be the question you answer throughout the semester in your Method, Results, Discussion paper and your research paper.

APA Style Quiz 50 points –This quiz will consist of short answer and multiple-choice questions asking you to demonstrate your working knowledge of writing in APA style, properly citing sources, and formatting paragraphs.

Annotated Bibliography (50 points each) – In this assignment you will be asked to cite articles in APA format. The Annotated Bibliography form and article to be cited will be provided to you by the instructor based on your chosen theme/theory Under each citation you will summarize the content of each article.

Literature Review 100 points – In this assignment you will use the same information gathered from the three articles used in the annotated bibliography assignments. However, in this assignment the information will be written in an essay format comparing and contrasting the articles. The finished assignment should be 4-6 pages in length. A sample will be provided to you by your instructor.

Method, Results, & Discussion (100 points) In this assignment you will continue the process of writing a research paper. Up until this point you will have written a literature review, the first half of a research paper. To complete this assignment, you will explain the method you used to gather data. Many of you will be completing an autoethnographic research paper. That means you will explain in the *method* section that you collected data from your own story and describe your demographics. However if you choose to complete an interview of someone else's story you would describe that in the method section, sharing their demographics. The *results* section of this paper will be the story/experience that you are going to analyze. It is important to share the story as it happened without any analysis, only the details belong in the results section. The *discussion* section is where the analysis of that story belongs. This is where you have freedom to complete you own analysis and compare and contrast the experience with that described in the literature you read. You will be provided an example paper by your instructor. This paper should be 4-6 pages in length.

Research Paper (100 points) The final research paper will include your previously written literature review followed by your Method, Results, and Discussion paper. You are expected to correct any errors and incorporate feedback given to you from the previous assignments. You will add one final paragraph, the *Conclusion*, tying all of your paper together, resulting in a complete 8-12 page APA style Research paper.

Exams & Quizzes

Midterm (150 pt)

The midterm exam will include 75 multiple choice questions on chapters 1-7.

Final Exam(150 pt)

The final exam will include 75 multiple choice questions on chapters 8-15.

Chapter activity/quizzes (150 points) Each chapter will have a corresponding quiz consisting of 10 multiple choice questions. You are welcome and encouraged to write any thoughts, comments or questions you have about the chapter at the end of these quizzes. In lieu of the quiz you may write a journal entry reflecting on the chapter. To get full points for the journal entry you must include 1. What you found interesting, 2. Why it was interesting, and 3. How it applies to a “reality” situation This can be your own experience, the experience of a character in a movie, or a friend(application is what I am looking for here).

Course Agenda

Dates	Topic	Read	Assignment
Week 1: Aug 21-27	WELCOME	Syllabus	Introduction Letter (optional)
Week 2: Aug 28 - Sep 3	Thinking Critically	Chapter 1	Chapter 1 Quiz/Reflection Research Questions
Week 3: Sept 4 - 10	The Biology of Behavior	APA Style Chapter 2	APA Quiz Chapter 2 Quiz/Reflection
Week 4: Sept 11 - 17	Consciousness	Chapter 3 Literature Article 1/3	Chapter 3 Quiz/Reflection Annotated Bibliography 1/3
Week 5: Sept 18 - 24	Lifespan Development Sex, Gender, and Sexuality	Chapter 4 Chapter 5	Chapter 4 Quiz/Reflection Chapter 5 Quiz/Reflection
Week 6: Sept 25 - 1	Sensation and Perception	Chapter 6 Literature Article 2/3	Chapter 6 Quiz/Reflection Annotated Bibliography 2/3
Week 7: Oct 2 - 8	Learning	Chapter 7 Literature Article 3/3	Chapter 7 Quiz/Reflection Annotated Bibliography 3/3
Week 8: Oct 9 - 15			EXAM (Ch.1-7)
Week 9: Oct 16 - 22	Memory Thinking Language, and Intelligence	Chapter 8 Chapter 9	Chapter 8 Quiz/Reflection Chapter 9 Quiz/Reflection
Week 10: Oct 23 - 29	Motivation and Emotion	Chapter 10 Lit. Review Directions	Chapter 10 Quiz/Reflection Literature Review
Week 11: Oct 30 - Nov 5	Stress, Health and Human Flourishing	Chapter 11 Research Method directions	Chapter 11 Quiz/Reflection Method, Results, Discussion Paper
Week 12: Nov 6 - 12	Social Psychology	Chapter 12	Chapter 12 Quiz/Reflection
Week 13: Nov 13 - 19	Personality	Chapter 13	Chapter 13 Quiz/Reflection
Nov 20-26	NO CLASS (Fall break Nov 20-26)		
Week 14: Nov 27 - Dec 3	Psychological Disorders	Chapter 14	Chapter 14 Quiz/Reflection
Week 15: Dec 3 - 10	Therapy	Chapter 15	Chapter 15 Quiz/Reflection Research Paper Revisions
Week 16: Dec 11 - 17	Finals Exam		FINAL EXAM (Ch 8-15)

ASSIGNMENT CHECKLIST

ASSIGNMENT NAME	POINT WORTH	DATE SUBMITTED	DATE RETURNED	POINTS RECEIVED
Chapter 1 Quiz/Reflection	15			
APA Quiz	50			
Research Questions	50			
Chapter 2 Quiz Quiz/Reflection	10			
Chapter 3 Quiz Quiz/Reflection	10			
Annotated Biblio 1	50			
Chapter 4 Quiz Quiz/Reflection	10			
Annotated Biblio 2	50			
Chapter 5 Quiz Quiz/Reflection	10			
Annotated Biblio 3	50			
Chapter 6 Quiz Quiz/Reflection	10			
Chapter 7 Quiz Quiz/Reflection	10			
MIDTERM	150			
Literature Review	100			
Chapter 8 Quiz Quiz/Reflection	10			
Method, Results, Discussion Paper	100			
Chapter 9 Quiz Quiz/Reflection	10			
Chapter 10 Quiz Quiz/Reflection	10			
Chapter 11 Quiz Quiz/Reflection	10			
Chapter 12 Quiz Quiz/Reflection	10			
Chapter 13 Quiz Quiz/Reflection	10			
Research Paper	100			
Chapter 14 Quiz Quiz/Reflection	10			
Chapter 15 Quiz Quiz/Reflection	10			
FINAL EXAM	150			
Total Points	1000			

*Research assignments – gray boxes

*Testing assignments-white boxes

