Course Syllabus: General Psychology

Course Information

Semester & Year: Spring 2021
Course ID & Section #: PSYCH 1 V-2016
Instructor's name: Philip Mancus
Day/Time: ASYNCHRONOUS, WEEKLY
Location: VIRTUAL CAMPUS (online)
Number of units: 3

Instructor Contact Information

Office location: ConferZoom Conferencing Tool on Canvas
Office hours: Tuesdays, 10:00 to 11:00 AM
Phone number: 707-465-2362
Email address: Philip-Mancus@Redwoods.edu

Required Materials

Textbook title: EXPLORING PSYCHOLOGY
Edition: 11th Edition
Author: David G. Myers and C. Nathan DeWall
ISBN: 978-1319104191
Other requirements: See below for computing resources needed for this class.

Catalog Description

A course focusing on the scientific study of behavior and mental processes. The content of the course focuses on the exploration of major theories and concepts, methods, and research findings in psychology. Topics include biological foundations, perception, learning, cognition, emotion, motivation, development, personality, social psychology, psychological disorders and therapies, and applied psychology. This course is transferable to four-year colleges and is a prerequisite for most upper division psychology courses.

Course Student Learning Outcomes

1. Explain concepts in areas of psychological theory and research while representing appropriate breadth and depth of knowledge within the context of historical trends in psychology.

2. Recognize and understand the impact of diversity on psychological research, theory and application, including (but not limited to): age, race, ethnicity, culture, gender, socio-economic status, disability, and sexual orientation.

3. Demonstrate critical thinking skills & information competence as applied to psychological topics.

4. Analyze how experience, culture, learning and biology affect behavior and cognitive processes.

Recommended Preparation

Students should ideally be eligible for placement in ENG 1A or its equivalent when taking this class.

Proctored Exams

There are no proctored exams for this class.

Accessibility

Students will have access to online course materials that comply with the Americans with Disabilities Act of 1990 (ADA), Section 508 of the Rehabilitation Act of 1973, and College of the Redwoods policies. Students who discover access

issues with this class should contact the instructor. College of the Redwoods is also committed to making reasonable accommodations for qualified students with disabilities. If you have a disability or believe you might benefit from disability-related services and accommodations, please contact your instructor or [Disability Services and Programs for Students](#) (DSPS). Students may make requests for alternative media by contacting DSPS based on their campus location:

- Eureka: 707-476-4280, student services building, 1st floor
- Del Norte: 707-465-2324, main building near library
- Klamath-Trinity: 530-625-4821 Ext 103

During COVID19, approved accommodations for distance education classes will be emailed to the instructor by DSPS. Please ensure your written accommodation request is delivered to me at least one week before the first scored assignment so that necessary arrangements can be made. Last-minute arrangements or post-test adjustments cannot usually be accommodated except under extenuating circumstances.

Support for Online Learners During COVID-19

In response to COVID-19, College of the Redwoods moved the majority of its courses online to protect health and safety. As the faculty and students adjust to this change, clear communication about student needs will help everyone be successful. Please let me know about any specific challenges or technology limitations that might affect your participation in class. I want every student to thrive.

Course Syllabus Subject to Change

As your instructor, I reserve the right to make changes to this syllabus and the course content. While I make every effort to follow the policies and schedule laid out herein, there may be times when changes are necessary. I will inform the class of any changes using the Canvas Announcements tool.

Course Policies

Evaluation & Grading

The semester is made up of three parts. Part I is weeks 1-5 (chs. 1-4 and then an exam), Part II is weeks 6-10 (chs. 6-9 and then an exam), and Part III is weeks 11-15 (chs. 10-13 and an exam). Then the semester is capped by finals week. Course material is structured around weekly units, each corresponding to a chapter in your textbook. Chapter units open on a Saturday and close the following Friday. Your final grade in this class will be the result of your performance in the following categories:

Participation (20%)

This category covers your engagement in the class, including working through and completing course modules on time, meeting assignment deadlines, and taking an active role in weekly discussions that follow strict deadlines. Discussions cannot be made up, but I will drop your lowest two discussion scores.

Quizzes (30%)

Vocabulary Quizzes (15%)
Each unit has a timed vocabulary quiz, which tests your memorization of the basic terms introduced in the unit. You get two attempts and I keep the score of your last attempt. These are unlocked (open for you to take) with the rest of the unit. You must attempt the quiz once before the deadline, but *once a vocab quiz opens, it stays open until the start of the exam for that part of the course.*

Concept Quizzes (15%)
Each unit has a timed a concept quiz to assess how well you read and understood the unit material. You get two attempts and I keep the score of your last attempt. These are unlocked with the rest of the unit. You must attempt the

quiz once before the deadline, but *once a concept quiz opens, it stays open until the start of the exam for that part of the course.*

Exams (30%)

There are three short essay, open book and open note exams. Exam 1 covers Chs. 1-4, Exam 2 covers Chs. 6-9, and Exam 3 covers Chs. 10-13.

Research Paper (20%)

You have a research paper on a psychological disorder in two parts, a proposal due Week 8 and a final draft due Week 16. The paper must meet the requirements of APA Style.

Grades

The course website will show your current score in the class as a percentage. I use the following scale in determining your final letter grade:

A = 93% and above	**A-** = 90-92%	**B+** = 87-89%
B = 83-86%	**B-** = 80-82	**C+** = 77-79%
C = 70-76%	**D** = 50-69%	**F** = 49% and below

An Incomplete (I) is given at your instructor's discretion and will only be granted to those students who continue to participate in class, have completed all prior work, and who have made arrangements with me by the end of the 15th week. This is a rare privilege and is not granted lightly.

Please note, that regardless of your overall percentage in the class…

➢ Students who get less than a D (<50%) in <u>any two</u> grading categories will get no higher than a C for the course (and it may be lower, depending on the total of all categories).

➢ Students who get less than a D (<50%) in <u>any three</u> grading categories will get an automatic F for the course.

Attendance and Participation

Attendance is defined as logging in and working through the course modules on a weekly basis. Participation is defined as actively completing weekly assignments, contributing to and responding to student discussions, responding to questions from your instructor, working collaboratively when assigned to groups, taking your exams when scheduled, and meeting due dates. If you cannot meet these requirements, you should not take this class. Please note the following course policies about lack of course participation:

➢ Students who don't introduce themselves to the rest of the class by Wednesday of Week 1 may be dropped from the roster.

➢ Students who miss two or more assignments up to and including Census Day will be dropped from the roster.

➢ Students who show an excessive pattern of absences or missed assignments will be contacted one week prior to the last day to withdraw from the class, *only if* I am considering dropping you. You may be dropped from the course if you do not respond immediately to this communication. If you don't hear from me, you are nevertheless responsible on your own for determining if you should withdraw from the class by the final date.

➢ Please see the accompanying *Class Orientation Letter* for details.

Admissions deadlines & enrollment policies

Fall 2021 Dates

- *Classes begin: 8/21/21*
- *Last day to introduce yourself to the class: Wednesday, August 25.*

- *Last day to add a class: 8/27/21*
- *Last day to drop without a W and receive a refund: 9/03/21*
- *Labor Day Holiday (all campuses closed): 09/06/21*
- *Census date: 9/07/21 or 20% into class duration*
- *Last day to petition to graduate or apply for certificate: 10/28/21*
- *Last day for student-initiated W (no refund): 10/29/21*
- *Last day for faculty-initiated W (no refund): 10/29/21*
- *Veteran's Day (all campuses closed): 11/11/21*
- *Fall Break (no classes): 11/22/21 – 11/26/21*
- *Thanksgiving Holiday (all campuses closed): 11/24/21 – 11/26/21*
- *Final examinations: 12/11/21 – 12/17/21*
- *Last day to petition to file P/NP option: 12/17/21*
- *Semester ends: 12/17/21*
- *Grades available for transcript release: approximately 01/07/22*

Academic Integrity

In the academic community, the high value placed on truth implies a corresponding intolerance of scholastic dishonesty. In cases involving academic dishonesty, determination of the grade and of the student's status in the course is left primarily to the discretion of the faculty member. In such cases, where the instructor determines that a student has demonstrated academic dishonesty, the student may receive a failing grade for the assignment and/or exam and may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct (AP 5500) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the College Catalog and on the College of the Redwoods website.

Instructor Specific Policy on Academic Dishonesty

In this class, all work done for credit must be your own, completed by you without assistance from anyone other than basic editing, unless otherwise directed. Students new to college are sometimes unfamiliar and uncertain of what is acceptable and what isn't. This section establishes my policy for academic dishonesty and its consequences. One of the biggest problems in an online environment is plagiarism, which is trying to pass off someone else's ideas, data, or text as if they were your own. I treat plagiarism as a form of academic dishonesty. This means it will benefit you to know what it is and how to avoid it. For a quick guide on plagiarism, the Online Writing Lab at Purdue University is a great resource.

It is your responsibility to know what plagiarism is and to refrain from it entirely. *Copying and pasting someone else's text (even if you modify it slightly) without the use of quotation marks is one example of plagiarism. Referring to information and ideas from someone or somewhere else without properly citing the source is another example.* In addition to plagiarism, academic dishonesty includes but is not limited to cheating, collusion, complicity, abuse of resources, computer misuse, fabrication or falsification, unpermitted multiple submissions, and bearing false witness. *Students who are caught committing academic dishonesty on an assignment immediately forfeit all credit for that assignment.* For repeat offenses, I will file notify Student Services and you may be dropped from the course and may receive a failing grade.

Disruptive Behavior

Student behavior or speech that disrupts the instructional setting will not be tolerated. Disruptive conduct may include, but is not limited to: unwarranted interruptions; failure to adhere to instructor's directions; vulgar or obscene

language; slurs or other forms of intimidation; and physically or verbally abusive behavior. In such cases where the instructor determines that a student has disrupted the educational process, a disruptive student may be temporarily removed from class. In addition, the student may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct (AP 5500) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the College Catalog and on the College of the Redwoods website.

Classroom Etiquette in the Online Environment (Netiquette)

Interaction in the virtual classroom requires as much if not more attention to the way we can potentially affect others. Peaceful, logical, evidence-based, constructive, critical thinking and inquiry is encouraged. Aggressive, destructive criticism is not. Just like you wouldn't shout in someone's face in class, avoid communication of a similar manner while online. Review the core rules of netiquette (see the link above) to get a better idea, especially if you are new to the online educational environment.

Policy on Hate-Based Communication

In this class I have a zero-tolerance policy when it comes to individuals, groups, or organizations professing ideologies that target, intimidate, and/or dehumanize individuals or groups based on their perceived race, color, ethnicity, nationality, national origin, citizenship, language, religion, age, sex, sexual orientation, gender identity, body size, marital status, genetic status, veteran status, assault and trauma survivor status, and/or physical ability. Such expression is antithetical to the spirit of the academy and to the mission of the college. Individual actions that express hatred, contempt, or degradation of others will not be tolerated. Any and all speech, gestures, adornment, emblems, codes, insignias, signs, symbols, slogans, flags, propaganda, paraphernalia, or other memes that express or represent hate-based ideology, or discrimination against protected classes, or otherwise signifies identification with, sympathy for, affiliation with, or membership in a hate group are strictly prohibited from this virtual classroom. Any violation of this policy will result in the student(s) having classroom privileges suspended until compliance is assured. Names will be forwarded to Student Services.

Inclusive Language in the Classroom
College of the Redwoods aspires to create a learning environment in which all people feel comfortable in contributing their perspectives to classroom discussions. It therefore encourages instructors and students to use language that is inclusive and respectful.

Setting Your Preferred Name in Canvas
Students have the ability to have an alternate first name and pronouns to appear in Canvas. Contact Admissions & Records to request a change to your preferred first name and pronoun. Your Preferred Name will only be listed in Canvas. This does not change your legal name in our records. See the Student Information Update form.

Canvas Information
In this class we meet face-to-face, but the is also an online course website where you take your quizzes and where you can find course notes and your gradebook. Here are login instructions for Canvas:

➢ Open your web browser and go to redwoods.instructure.com (click the following hyperlink to go there: Canvas Log In). Or, go to the College of the Redwoods Home Page and click "Canvas."

➢ Enter your username and password. Your username is your Web Advisor login (e.g., flastname123 – first initial + lastname + the last three digits of your student ID number). The initial password for everyone is your eight-digit birthday (mmddyyyy).

➢ Once logged in, find the link for this class. Click the link to enter the course. If you need assistance logging in please go to the following webpage: Canvas Login Help. It is highly advised that you change your initial password once logged in.

➢ For tech help, email its@redwoods.edu or call 707-476-4160. Canvas Help for students: https://www.redwoods.edu/online/Help-Student

Community College Student Health and Wellness

➢ Resources, tools, and trainings regarding health, mental health, wellness, basic needs and more designed for California community college students, faculty and staff are available on the California Community Colleges Health & Wellness website.

➢ Wellness Central is a free online health and wellness resource that is available 24/7 in your space at your pace.

➢ Students seeking to request a counseling appointment for academic advising or general counseling can email counseling@redwoods.edu.

Emergency Procedures / Everbridge

College of the Redwoods has implemented an emergency alert system called Everbridge. In the event of an emergency on campus you will receive an alert through your personal email and/or phones. Registration is not necessary in order to receive emergency alerts. Check to make sure your contact information is up-to-date by logging into WebAdvisor https://webadvisor.redwoods.edu and selecting 'Students' then 'Academic Profile' then 'Current Information Update.'

Please contact Public Safety at 707-476-4112 or security@redwoods.edu if you have any questions. For more information see the Redwoods Public Safety Page.

In an emergency that requires an evacuation of the building anywhere in the District:
- Be aware of all marked exits from your area and building
- Once outside, move to the nearest evacuation point outside your building
- Keep streets and walkways clear for emergency vehicles and personnel

Do not leave campus, unless it has been deemed safe by the campus authorities.

Del Norte Campus Emergency Procedures

Please review the Crescent City campus emergency map for campus evacuation sites, including the closest site to this classroom (posted by the exit of each room). For more information, see the Redwoods Public Safety Page.

Eureka Campus Emergency Procedures

Please review the campus emergency map for evacuation sites, including the closest site to this classroom (posted by the exit of each room). For more information on Public Safety go to the Redwoods Public Safety Page It is the responsibility of College of the Redwoods to protect life and property from the effects of emergencies within its own jurisdiction.
In the event of an emergency:
1. Evaluate the impact the emergency has on your activity/operation and take appropriate action.
2. Dial 911, to notify local agency support such as law enforcement or fire services.
3. Notify Public Safety 707-476-4111 and inform them of the situation, with as much relevant information as possible.

4. Public Safety shall relay threat information, warnings, and alerts through the Everbridge emergency alert system, Public address system, and when possible, updates on the college website, to ensure the school community is notified.
5. Follow established procedures for the specific emergency as outlined in the College of the Redwoods Emergency Procedure Booklet, (evacuation to a safe zone, shelter in place, lockdown, assist others if possible, cooperate with First Responders, etc.).
6. If safe to do so, notify key administrators, departments, and personnel.
7. Do not leave campus, unless it is necessary to preserve life and/or has been deemed safe by the person in command.

Klamath Trinity Campus Emergency Procedures

Please review the responsibilities of, and procedures used by, the College of the Redwoods, Klamath-Trinity Instructional Site (KTIS) to communicate to faculty, staff, students and the general public during an emergency. It is the responsibility of College of the Redwoods, Klamath-Trinity Instructional Site (KTIS) to protect life and property from the effects of emergency situations within its own jurisdiction.

1. In the event of an emergency, communication shall be the responsibility of the district employees on scene.
   a. Dial 911, to notify local agency support such as law enforcement or fire services.
   b. If safe to do so, notify key administrators, departments, and personnel.
   c. If safe to do so, personnel shall relay threat information, warnings, to ensure the school community is notified.
   d. Contact Jolene Gates 530-625-4821 to notify of situation.
   e. Contact Hoopa Tribal Education Administration office   530-625-4413
   f. Notify Public Safety 707-476-4111.
2. In the event of an emergency, the responsible district employee on scene will:
   a. Follow established procedures for the specific emergency as outlined in the College of the Redwoods Emergency Procedure Booklet.
   b. Lock all doors and turn off lights if in lockdown due to an active shooter or similar emergency.
   c. Close all window curtains.
   d. Get all inside to safe location Kitchen area is best internal location.
   e. If a police officer or higher official arrives, they will assume command.
   f. Wait until notice of all is clear before unlocking doors.
   g. If safe to do so, move to the nearest evacuation point outside building (Pooky's Park), directly behind the Hoopa Tribal Education Building.
   h. Do not leave site, unless it has been deemed safe by the person in command. Student Support Services (required for online classes)

Student Support Services

The following online resources are available to support your success as a student:
- CR-Online (Comprehensive information for online students)
- Library Articles & Databases
- Canvas help and tutorials
- Online Student Handbook

Counseling offers assistance to students in need of professional counseling services such as crisis counseling.

Learning Resource Center includes the following resources for students

- [Academic Support Center](#) for instructional support, tutoring, learning resources, and proctored exams. Includes the Math Lab & Drop-in Writing Center
- [Library Services](#) to promote information literacy and provide organized information resources.
- [Multicultural & Diversity Center](#)

Special programs are also available for eligible students include

- [Extended Opportunity Programs & Services (EOPS)](#) provides services to eligible income disadvantaged students including: textbook award, career academic and personal counseling, school supplies, transportation assistance, tutoring, laptop, calculator and textbook loans, priority registration, graduation cap and gown, workshops, and more!
- The TRiO Student Success Program provides eligible students with a variety of services including trips to 4-year universities, career assessments, and peer mentoring. Students can apply for the program in [Eureka](#) or in [Del Norte](#)
- The Veteran's Resource Center supports and facilitates academic success for Active Duty Military, Veterans and Dependents attending CR through relational advising, mentorship, transitional assistance, and coordination of military and Veteran-specific resources.
- Klamath-Trinity students can contact the CR KT Office for specific information about student support services at 530-625-4821

Online Readiness

Are you ready for online classes? Please take about 15 minutes to review what it means to take an online class by watching the Introduction to Online Learning presentation at: [Introduction to Online Learning](#). In addition, here are some other resources to help you.

> What to expect when taking an online course at College of the Redwoods: [CR Online Course Information](#).
> Learn more about the Canvas Course Management System including help and tutorials: [Canvas Overview.](#)
> Here's a guide for taking online classes: [Student Online Hand Book.](#)
> Library resources (including online databases) can be found at: [CR Library.](#)
> See what other community college students have to say about what it takes to be a successful online student: [Student Advice on Taking an Online Class](#).

Please see the accompanying *Class Orientation Letter* for more detail on computing requirements for this class.

Course Syllabus Subject to Change

As your instructor, I reserve the right to make changes to this syllabus and the course content. While I make every effort to follow the policies and schedule laid out herein, there may be times when changes are necessary. I will inform the class of any changes using the Canvas Announcements tool.

Please go on to the next page.

Digital Resources for Writing your Term Paper

[Various Topics in Psychology](#)
[About the Library](#): Library policies, services, and collections
[Copyright on Campus](#): Copyright law specific to college and university faculty and students
[Journal Articles](#): Strategies for finding, reading, understanding, and citing journal articles
[Primary Sources](#): Links to sources of primary documents in the Credo Reference database and other CR Library resources
[Statistical Abstract of the United States](#): How to use this database to find statistical data
[Videos](#): Accessing & Using: Finding and using online videos for research projects and personal interest

Entry Level Journals in Psychology

The list below includes science magazines that are readable by a general audience. You can go directly to those websites if you wish, but sometimes they'll make you pay for the article. Better to go through the Articles and Databases under the [Library](#) link portal to get the article that way.

Accessible Psychology and Related Journals and Magazines

American Scientist	https://www.americanscientist.org/
BBC News Science Focus	https://www.sciencefocus.com/
Directions in Psychological Science	https://www.psychologicalscience.org/publications/current_directions
Discover	https://www.discovermagazine.com/
Frontiers in Psychology	https://www.frontiersin.org/journals/psychology
Monitor on Psychology	https://www.apa.org/monitor
National Geographic	https://www.nationalgeographic.com/
New Scientist	https://www.newscientist.com/
Perspectives on Psychological Science	https://www.psychologicalscience.org/publications/perspectives
Psychology Today	https://www.psychologytoday.com/us
Quanta Magazine	https://www.quantamagazine.org/tag/cognitive-science/
Science	https://science.sciencemag.org/
Scientific American	https://www.scientificamerican.com/
The Psychologist	https://thepsychologist.bps.org.uk/
Wired	https://www.wired.com/

For specific dates on assignments, please see the Syllabus page on Canvas.

Please go on to the next page.

Course Calendar

Weekly units start on a Saturday and run through the following Friday. Readings from Exploring Psych, 11e..

Week	Unit		Chapter	Wednesday Each Week	Friday of Each Week	
Week 1	PART I	The Science of Psychology	Ch. 1	Discussion Post Due	Discussion Responses Due	First attempts on chapter quizzes due
Week 2		Biology of Behavior	Ch. 2	Discussion Post Due	Discussion Responses Due	First attempts on chapter quizzes due
Week 3		Consciousness	Ch. 3	Discussion Post Due	Discussion Responses Due	First attempts on chapter quizzes due
Week 4		Development	Ch. 4	Discussion Post Due	Discussion Responses Due	First attempts on chapter quizzes due
Week 5		**Exam 1 due Wednesday of Week 5**				
Week 6	PART II	Sensation & Perception	Ch. 6	Discussion Post Due	Discussion Responses Due	First attempts on chapter quizzes due
Week 7		Learning	Ch. 7	Discussion Post Due	Discussion Responses Due	First attempts on chapter quizzes due
		Term Paper PROPOSAL due Wednesday of Week 8				
Week 8		Memory	Ch. 8	Discussion Post Due	Discussion Responses Due	First attempts on chapter quizzes due
Week 9		Cognition	Ch. 9	Discussion Post Due	Discussion Responses Due	First attempts on chapter quizzes due
Week 10		**Exam 2 due Wednesday of Week 10**				
Week 11	PART III	Motivation & Emotion	Ch. 10	Discussion Post Due	Discussion Responses Due	First attempts on chapter quizzes due
Week 12		Social Psychology	Ch. 12	Discussion Post Due	Discussion Responses Due	First attempts on chapter quizzes due
Week 13		Personality	Ch. 13	Discussion Post Due	Discussion Responses Due	First attempts on chapter quizzes due
Fall Break		**NO CLASSES THIS WEEK**				
Week 14		Disorders	Ch. 14	Discussion Post Due	Discussion Responses Due	First attempts on chapter quizzes due
Week 15		**Exam 3 due Wednesday of Week 15**				
Finals		**Term Paper FINAL DRAFT due Wednesday of Finals Week**				