

## Course Information

Semester & Year: Fall 2021

Course ID & Section #: Psych 1 D2013

Instructor's name: Freneau

[if synchronous] Day/Time of required meetings: Monday and Wednesday 12:30-1:55

[if in-person] Location: D29

[if needed] Number of proctored exams:

Course units: 3

## Instructor Contact Information

Office location: E8

Office hours: by appointment

Phone number: 707-465-2334

Email address: phil-freneau@redwoods.edu

## Catalog Description

A course focusing on the scientific study of behavior and mental processes. The content of the course focuses on the exploration of major theories and concepts, methods, and research findings in psychology. Topics include biological foundations, perception, learning, cognition, emotion, motivation, development, personality, social psychology, psychological disorders and therapies, and applied psychology. This course is transferable to four-year colleges and is a prerequisite for most upper division psychology courses.

### Submission

### Rationale:

## Course Student Learning Outcomes *(from course outline of record)*

1. Explain concepts in areas of psychological theory and research while representing appropriate breadth and depth of knowledge within the context of historical trends in psychology.
2. Recognize and understand the impact of diversity on psychological research, theory and application, including (but not limited to): age, race, ethnicity, culture, gender, socio-economic status, disability, and sexual orientation.
3. Demonstrate critical thinking skills and information competence as applied to psychological topics.
4. Analyze how experience, culture, learning and biology affect behavior and cognitive processes. Students are asked in this introduction to Psychology class to examine the concepts that are integral to the field of Psychology, analyze the concepts and communicate understanding through the use of papers, discussions and exams.

## Prerequisites/co-requisites/ recommended preparation

none

## Accessibility

Students will have access to online course materials that comply with the Americans with Disabilities Act of 1990 (ADA), Section 508 of the Rehabilitation Act of 1973, and College of the Redwoods policies. Students who discover access issues with this class should contact the instructor.

College of the Redwoods is also committed to making reasonable accommodations for qualified students with disabilities. If you have a disability or believe you might benefit from disability-related services and accommodations, please contact your instructor or [Disability Services and Programs for Students](#) (DSPS). Students may make requests for alternative media by contacting DSPS based on their campus location:

- Eureka: 707-476-4280, student services building, 1<sup>st</sup> floor
- Del Norte: 707-465-2324, main building near library
- Klamath-Trinity: 530-625-4821 Ext 103

During COVID19, approved accommodations for distance education classes will be emailed to the instructor by DSPS. In the case of face to face instruction, please present your written accommodation request to your instructor at least one week before the first test so that necessary arrangements can be made. Last-minute arrangements or post-test adjustments cannot usually be accommodated.

*\*Other verbiage you can include if you want:*

## Support for online learners during COVID-19

In response to COVID-19, College of the Redwoods moved the majority of its courses online to protect health and safety. As the faculty and students adjust to this change, clear communication about student needs will help everyone be successful. Please let me know about any specific challenges or technology limitations that might affect your participation in class. I want every student to thrive.

## Evaluation & Grading Policy

Q of the day 50

Topic Quizzes 150

Midterm 50

Final 50

Essay on Psych topic 50

320 total

90-100%-A

80-89%-B

70-79%-C

60-69%-D

59% and below-F

## Admissions deadlines & enrollment policies

### Fall 2021 Dates

- *Classes begin: 8/21/21*
- *Last day to add a class: 8/27/21*
- *Last day to drop without a W and receive a refund: 9/03/21*
- *Labor Day Holiday (all campuses closed): 09/06/21*
- *Census date: 9/07/21 or 20% into class duration*
- *Last day to petition to graduate or apply for certificate: 10/28/21*
- *Last day for student-initiated W (no refund): 10/29/21*
- *Last day for faculty-initiated W (no refund): 10/29/21*
- *Veteran's Day (all campuses closed): 11/11/21*
- *Fall Break (no classes): 11/22/21 – 11/26/21*
- *Thanksgiving Holiday (all campuses closed): 11/24/21 – 11/26/21*
- *Final examinations: 12/11/21 – 12/17/21*
- *Last day to petition to file P/NP option: 12/17/21*
- *Semester ends: 12/17/21*
- *Grades available for transcript release: approximately 01/07/22*

Students who have experienced extenuating circumstances can complete & submit the **Excused Withdrawal Petition** to request an Excused Withdrawal (EW) grade instead of the current Withdrawal (W) or non-passing (D, F & NP) grades. The EW Petition is available from the Admissions and Records Forms Webpage. Supporting documentation is required.

## Academic dishonesty

In the academic community, the high value placed on truth implies a corresponding intolerance of scholastic dishonesty. In cases involving academic dishonesty, determination of the grade and of the student's status in the course is left primarily to the discretion of the faculty member. In such cases, where the instructor determines that a student has demonstrated academic dishonesty, the student may receive a failing grade for the assignment and/or exam and may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct ([AP 5500](#)) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the [College Catalog](#) and on the [College of the Redwoods website](#).

## Disruptive behavior

Student behavior or speech that disrupts the instructional setting will not be tolerated. Disruptive conduct may include, but is not limited to: unwarranted interruptions; failure to adhere to instructor's directions; vulgar or obscene language; slurs or other forms of intimidation; and physically or verbally abusive behavior. In such cases where the instructor determines that a student has disrupted the educational process, a disruptive student may be temporarily removed from class. In addition, the student may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct ([AP 5500](#)) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the [College Catalog](#) and on the [College of the Redwoods website](#).

## Inclusive Language in the Classroom

College of the Redwoods aspires to create a learning environment in which all people feel comfortable in contributing their perspectives to classroom discussions. It therefore encourages instructors and students to use language that is inclusive and respectful.

## Setting Your Preferred Name in Canvas

Students have the ability to have an alternate first name and pronouns to appear in Canvas. Contact [Admissions & Records](#) to request a change to your preferred first name and pronoun. Your Preferred Name will only be listed in Canvas. It does not change your legal name in our records. See the [Student Information Update form](#).

## Canvas Information

If using Canvas, include navigation instructions, tech support information, what Canvas is used for, and your expectation for how regularly students should check Canvas for your class.

Log into Canvas at <https://redwoods.instructure.com>

Password is your 8 digit birth date

For tech help, email [its@redwoods.edu](mailto:its@redwoods.edu) or call 707-476-4160

Canvas Help for students: <https://www.redwoods.edu/online/Help-Student>

Canvas online orientation workshop: <https://www.redwoods.edu/online/Home/Student-Resources/Canvas-Resources>

## Community College Student Health and Wellness

Resources, tools, and trainings regarding health, mental health, wellness, basic needs and more designed for California community college students, faculty and staff are available on the California Community Colleges [Health & Wellness website](#).

[Wellness Central](#) is a free online health and wellness resource that is available 24/7 in your space at your pace.

Students seeking to request a counseling appointment for academic advising or general counseling can email [counseling@redwoods.edu](mailto:counseling@redwoods.edu).

## Emergency procedures / Everbridge

College of the Redwoods has implemented an emergency alert system called Everbridge. In the event of an emergency on campus you will receive an alert through your personal email and/or phones. Registration is not necessary in order to receive emergency alerts. Check to make sure your contact information is up-to-date by logging into WebAdvisor <https://webadvisor.redwoods.edu> and selecting 'Students' then 'Academic Profile' then 'Current Information Update.'

Please contact Public Safety at 707-476-4112 or [security@redwoods.edu](mailto:security@redwoods.edu) if you have any questions. For more information see the [Redwoods Public Safety Page](#).

In an emergency that requires an evacuation of the building anywhere in the District:

- Be aware of all marked exits from your area and building
- Once outside, move to the nearest evacuation point outside your building
- Keep streets and walkways clear for emergency vehicles and personnel

Do not leave campus, unless it has been deemed safe by the campus authorities.

## Del Norte Campus Emergency Procedures

Please review the [Crescent City campus emergency map](#) for campus evacuation sites, including the closest site to this classroom (posted by the exit of each room). For more information see the [Redwoods Public Safety Page](#).

## Eureka Campus Emergency Procedures

Please review the [campus emergency map](#) for evacuation sites, including the closest site to this classroom (posted by the exit of each room). For more information on Public Safety go to the [Redwoods Public Safety Page](#) It is the responsibility

of College of the Redwoods to protect life and property from the effects of emergency situations within its own jurisdiction.

In the event of an emergency:

1. Evaluate the impact the emergency has on your activity/operation and take appropriate action.
2. Dial 911, to notify local agency support such as law enforcement or fire services.
3. Notify Public Safety 707-476-4111 and inform them of the situation, with as much relevant information as possible.
4. Public Safety shall relay threat information, warnings, and alerts through the Everbridge emergency alert system, Public address system, and when possible, updates on the college website, to ensure the school community is notified.
5. Follow established procedures for the specific emergency as outlined in the College of the Redwoods Emergency Procedure Booklet, (evacuation to a safe zone, shelter in place, lockdown, assist others if possible, cooperate with First Responders, etc.).
6. If safe to do so, notify key administrators, departments, and personnel.
7. Do not leave campus, unless it is necessary to preserve life and/or has been deemed safe by the person in command.

## **Klamath Trinity Campus Emergency Procedures**

Please review the responsibilities of, and procedures used by, the College of the Redwoods, Klamath-Trinity Instructional Site (KTIS) to communicate to faculty, staff, students and the general public during an emergency. It is the responsibility of College of the Redwoods, Klamath-Trinity Instructional Site (KTIS) to protect life and property from the effects of emergency situations within its own jurisdiction.

1. In the event of an emergency, communication shall be the responsibility of the district employees on scene.
  - a. Dial 911, to notify local agency support such as law enforcement or fire services.
  - b. If safe to do so, notify key administrators, departments, and personnel.
  - c. If safe to do so, personnel shall relay threat information, warnings, to ensure the school community is notified.
  - d. Contact Jolene Gates 530-625-4821 to notify of situation.
  - e. Contact Hoopa Tribal Education Administration office 530-625-4413
  - f. Notify Public Safety 707-476-4111.
2. In the event of an emergency, the responsible district employee on scene will:
  - a. Follow established procedures for the specific emergency as outlined in the College of the Redwoods Emergency Procedure Booklet.
  - b. Lock all doors and turn off lights if in lockdown due to an active shooter or similar emergency.
  - c. Close all window curtains.
  - d. Get all inside to safe location Kitchen area is best internal location.
  - e. If a police officer or higher official arrives, they will assume command.
  - f. Wait until notice of all is clear before unlocking doors.
  - g. If safe to do so, move to the nearest evacuation point outside building (Pooky's Park), directly behind the Hoopa Tribal Education Building.
  - h. Do not leave site, unless it has been deemed safe by the person in command. Student Support Services (required for online classes)

## **Student Support Services**

The following online resources are available to support your success as a student:

- [CR-Online](#) (Comprehensive information for online students)
- [Library Articles & Databases](#)
- [Canvas help and tutorials](#)

- [Online Student Handbook](#)

[Counseling](#) offers assistance to students in need of professional counseling services such as crisis counseling.

Learning Resource Center includes the following resources for students

- [Academic Support Center](#) for instructional support, tutoring, learning resources, and proctored exams. Includes the Math Lab & Drop-in Writing Center
- [Library Services](#) to promote information literacy and provide organized information resources.
- [Multicultural & Diversity Center](#)

Special programs are also available for eligible students include

- [Extended Opportunity Programs & Services \(EOPS\)](#) provides financial assistance, support and encouragement for eligible income disadvantaged students at all CR locations.
- The TRiO Student Success Program provides eligible students with a variety of services including trips to 4-year universities, career assessments, and peer mentoring. Students can apply for the program in [Eureka](#) or in [Del Norte](#)
- The [Veteran's Resource Center](#) supports and facilitates academic success for Active Duty Military, Veterans and Dependents attending CR through relational advising, mentorship, transitional assistance, and coordination of military and Veteran-specific resources.
- Klamath-Trinity students can contact the CR KT Office for specific information about student support services at 530-625-4821

## Course Syllabus

### General Psychology Psych 1

**Instructor:** Dr. Phil Freneau **Phone:** 707-465-2334 **Email:** [phil-freneau@redwoods.edu](mailto:phil-freneau@redwoods.edu)

Office hours: See web page

Class time: See catalogue

Student conduct: See catalogue

#### Course Description:

Scientific study of behavior and mental processes through the exploration of major theories and concepts, methods, and research findings. Topics include biological foundations, perception, learning, cognition, emotion, motivation, development, personality, social psychology, psychological disorders and therapies, and applied psychology.

#### Learning Outcomes:

1. Draw connections between research findings and their theoretical implications.
2. Develop an overview of the scientific field of psychology including the major theoretical approaches.
3. Draw the distinction between scientific and non-scientific methods of understanding and analysis.
4. Relate the areas of psychology to each other and to other fields within the social sciences.
5. Compare and contrast the assumptions and methods of psychology with those of other disciplines.
6. Respect and use scientific approaches to solve problems related to

behavior and mental processes.. 7. Demonstrate familiarity with the major concepts, theoretical perspectives, core empirical findings, and historic trends in psychology. 8. Identify and explain the primary objectives of psychology: describing, understanding, predicting, and influencing behavior and mental processes. 9. Explain (including advantages and disadvantages) and compare major theoretical perspectives of psychology (e.g., behavioral, biological, cognitive, evolutionary, humanistic, psychodynamic and socio-cultural). 10. Describe major applied areas of psychology (e.g., clinical, counseling, industrial/organizational, human factors, school, and health.) 11. Demonstrate knowledge and understanding representing appropriate breadth and depth in selected content areas of psychological theory and research representing each of the following nine domains: (a) biological bases of behavior and mental processes, (b) sensation and perception, (c) learning, (d) cognition, (e) individual differences, psychometrics, personality, (f) social processes (including those related to socio-cultural and international dimensions), (g) developmental changes in behavior and mental processes that occur across the lifespan, (h) psychological disorders, and (i) emotion, motivation. 12. Explain the interaction between heredity and the environment. 13. Use critical thinking in acquiring knowledge. 14. Recognize, understand, and respect the importance of the impact of diversity on psychological research, theory and application, including (but not limited to): race, ethnicity, culture, gender, socio-economic status, disability, and sexual orientation. 15. Understand and apply psychological principles to personal, social, and organizational issues. 16. Develop insight into their own and others' behavior and mental processes and apply effective strategies for self-management and self-improvement. 17. Develop awareness of the principles embodied in the APA Code of Ethics. 18. Demonstrate information competence (e.g. locate and choose relevant sources from appropriate media, read and accurately summarize the general scientific literature for an area of psychology, and search the World Wide Web for high quality information).

### **Student Commitment:**

A typical three credit hour class will require about nine hours per week of your time. You will need to listen to lectures , carefully read textbook chapters, participate in discussions, complete weekly quizzes, write and submit a paper, and take midterm and final exams. Self discipline, attention to details, and skills in reading and writing are critical for succeeding .

### **Text:**

Weiten: Briefer Version, seventh edition, psychology themes and variations Both new and used texts can be ordered online from commercial websites or from the CR bookstore The text is an important part of the class. Please have the text before the first day of class.

### **Grading:**

*Topic Quizzes (150 points):* This course is organized around 15 topics/chapters. Each topic will have a chapter quiz based on that week's readings from the textbook and lecture. These are open-book exams. You are expected to follow the class code of conduct (see below).

*Midterm Exam (50 points):* There will be a midterm exam. You will be free to use your book or notes during the exam but will not have time to search for answers to the questions. Late exams are available at the discretion of the instructor and will receive a late penalty.

*Psych Essay (50 points):* You are required to write a short paper on any psychology topic of your choice.

*Q of the day (20 points):* Each class will have a question based on class material.

*Final Exam (50 points):* The final exam will consist of 100 points and will be similar to the midterm.

*note:* There are no provisions for additional extra credit assignments.

**Grade Distribution:** A=90% and above, B=89-80%, B-=80-82%, C=70-79%, D=60-69%, F=59% and below

**Course Schedule:**

Dates	Topic	Readings	Assessment
Week 1	Intro to class and Chapter 1	Read chapter	Q of the day and topic quiz
Week 2	Chapter 2	Read chapter	Q of the day and topic quiz
Week 3	Chapter3	Read chapter	Q of the day and topic quiz
Week 4	Chapter4	Read chapter	Q of the day and topic quiz
Week 5	Chapter5	Read chapter	Q of the day and topic quiz
Week 6	Chapter6	Read chapter	Q of the day and topic quiz
Week 7	Chapter7	Read chapter	Midterm Q of the day and topic quiz
Week 8	Chapter8	Read chapter	Q of the day and topic quiz
Week 9	Chapter9	Read chapter	Q of the day and topic quiz
Week 10	Chapter10	Read chapter	Q of the day and topic quiz
Week 11	Chapter11	Read chapter	Q of the day and topic quiz
Week 12	Chapter12	Read chapter	Q of the day and topic quiz
Week 13	Chapter13	Read chapter	Q of the day and topic quiz
Week 14	Chapter14	Read chapter	Q of the day and topic quiz
Week 15	Chapter15	Read chapter	Paper Due Q of the day and topic quiz
Week 16			Final Exam



**Note:** While I make every effort to follow the standards and schedule of this syllabus there may be times when changes are necessary.

DSPS: If you need help with a special need contact DSPS

### Course Summary:

Date	Details	Due
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	Assignment <a href="#">final</a>	
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	Assignment <a href="#">mid term</a>	
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	Assignment <a href="#">Q of the day</a>	
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	Assignment Essay <a href="#">paper</a>	
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	Assignment <a href="#">topic quizzes</a>	
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