

# Syllabus for Psychology 38

## Abnormal Psychology

### Course Information

Semester: Fall                      Year: 2021  
Course ID: Psych 38              Section #: E2026  
Instructor: Stephen Quiggle  
Course units: 3

### Instructor Contact Information

Email address: [Stephen-quiggle@redwoods.edu](mailto:Stephen-quiggle@redwoods.edu) (preferred method of contact)  
Phone number: (707) 223-1713  
Office hours: Tuesday/Thursday by appointment

### Catalog Description

A course in the scientific study of abnormal behavior. Various theoretical frameworks to evaluate behavior will be presented including biological, psychological, and sociocultural approaches. An integrative survey of theory and research will be applied to psychological and cognitive disorders, including diagnostic criteria, prevalence, etiology, and treatment.

### Course Student Learning Outcomes

1. Analyze the differences between biological and psychosocial models in explaining the etiology, diagnosis, and prognosis of abnormal behavior.
2. Analyze the historical, ethical, legal, and societal concerns when defining abnormal behavior.
3. Describe the DSM classification system and discuss strengths and weaknesses.
4. Analyze research in the area of Abnormal Psychology and synthesize information in a written term paper.

### Recommended preparation

General Psychology; English 150

### Accessibility

College of the Redwoods is committed to making reasonable accommodations for qualified students with disabilities. If you have a disability or believe you might benefit from disability-related services and accommodations, please contact your instructor or [Disability Services and Programs for Students](#) (DSPS). Students may make requests for alternative media by contacting DSPS based on their campus location:

- ) Eureka: 707-476-4280, student services building, 1<sup>st</sup> floor
- ) Del Norte: 707-465-2324, main building near library
- ) Klamath-Trinity: 530-625-4821 Ext 103

If you are taking online classes DSPS will email approved accommodations for distance education classes to your instructor. In the case of face-to-face instruction, please present your written accommodation request to your instructor at least one week before the needed accommodation so that necessary arrangements can be made. Last minute arrangements or post-test adjustments usually cannot be accommodated.

## Course Materials

**Required text:** Abnormal Psychology: An Integrative Approach, 7th Edition\*

David H. Barlow; V. Mark Durand

ISBN-10: 1-285-75561-8

ISBN-13: 978-1-285-75561-8

(I suggest purchasing a copy through a secondary source such as Amazon, eBay, AbeBooks)

\* you may use the 7<sup>th</sup> or 8<sup>th</sup> edition (please do not purchase the most current edition)

*Suggested resource for review: **Psychology, 2<sup>nd</sup> revised edition***

Authors: Spielman, R., Jenkins, W. Lovett, M. (2020); ISBN: **13: 978-1-951693-23-7**

Download, view, and access this open education text (for free) here:

<https://openstax.org/details/books/psychology>

**Other course media and resources will be provided.**

## Course Schedule

**Our course will begin August 24<sup>th</sup> meeting in SC 208 from 1:15 p.m. to 2:40 p.m. on Tuesdays and Thursdays. Each week we will learn about a new parameter of abnormal psychology and engage in small and larger group discussions about the weekly topics. Our schedule shall proceed through to December 16<sup>th</sup>:**

Week	Topic	Review / Resources	Activity / Assessment/ Assignment due
Week 1: 8/24	Course overview (including Canvas) Introductions to Psychology and history of abnormal behavior in a socio-historical context	Chapter 1  Course notes & presentations  Related media	Introductions – to one another and the course material  Syllabus quiz (due for submission by Sunday on Canvas)
Week 2: 8/31	Integrative Approaches to psychopathologies  Therapeutic approaches	Chapter 2  Course notes  Related media  Academic writing support	Discussion  <b>If you're going to drop the course, please do so by 9/3</b>
Week 3: 9/7	Assessments and Diagnoses  DSM overview	Chapter 3  Course notes  DSM resource  Related media	Discussion  <b>Due: Written Assignment I: (due by Sunday)</b>

Week 4: 9/14	Research Methods	Chapter 4 Course notes Related media Academic database search	1 <sup>st</sup> quarter quiz – ch. 1-4
Week 5: 9/21	Anxiety / Stress disorders	Chapter 5 Course notes Related media	Discussion
Week 6: 9/28	Somatic / Dissociative disorders	Chapter 6 Course notes Related media	Discussion <b>Book report / term paper topic choice (due Sunday)</b>
Week 7: 10/5	Mood disorders Suicidal ideation	Chapter 7 Course notes Related media	Discussion
Module Week 8: 10/12	Eating/sleeping disorders	Chapter 8 Course notes Related media	Midterm Exam ch. 1-8 <b>Book report / term paper (due Sunday)</b>
Week 9: 10/19	Health	Chapter 9 Course notes Related media Extra credit opportunities	Discussion
Week 10: 10/26	Sexual dysfunctions, paraphilias, and dysphoria	Chapter 10 Course notes Related media	Discussion <b>Due: Written Assignment II: (due by Sunday)</b> <b>10/30 is the last day to drop this course... with a "W".</b>
Week 11: 11/2	Addictions, impulse, and substance-related disorders	Chapter 11 Course notes	Discussion

		Related media	
Week 12: 11/9 <b>Thursday is a holiday</b>	Personality disorders	Chapter 12 Course notes Related media	Discussion 3 <sup>rd</sup> quarter quiz – ch. 9-12
Week 13: 11/16	Schizophrenia and psychotic disorders	Chapter 13	Discussion
Week 14: 11/23	Take the week off – Give thanks.		Relax/regroup/redouble your resolve
Week 15: 11/30	Neurocognitive and developmental disorders	Chapter 14 & 15 Course notes Related media	Discussion
Week 16: 12/7	Mental Health Services	Chapter 16 Course notes Related media	Discussion <b>Book report / term paper due by Sunday</b>
Week 17: 12/14	Review for Exam – turn in all outstanding work		Discussion Final Quiz – ch. 13 – 16

### Evaluation & Grading Policy

Every discussion forum, quiz, written assignment, book report, or other assessment is accompanied by a clear grading rubric that states the parameters and standards relative to the assessment type. This course will use a standard 100% grading calculation (e.g. there are no weighted or curved grades). All assessments are due by the delineated due date (though you may complete written assignments early). Late work will receive up to half credit for one-week absent prior arrangements at least three (3) days in advance unless there is a legitimate emergency.

#### Grading Scale

A 100% - 90%   B 89% - 80%   C 79% - 70%   D 69% - 60%   F below 60%   NP below 70%

### Assessments

Weekly participation in discussions 5 points each week	75
Two quizzes (each covers three chapters) at 15 points each	30
A mid-term exam	25
A term exam (from midterm forward)	25
Two written assignments at 25 points each	15

Two extra credit opportunities at up to 10 points each

Total of 205

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### Admissions deadlines & enrollment policies

#### Fall 2021 Dates

- ) **Classes begin: 8/21/21 (our class begins on 8/24)**
- ) **Last day to add a class: 8/27/21**
- ) **Last day to drop without a W and receive a refund: 9/3/20**
- ) **Labor Day (all-college holiday): 9/6/20**
- ) **Census date: 9/7/20 or 20% into class duration**
- ) **Last day to petition to graduate or apply for certificate: 10/27/21**
- ) **Last day for student-initiated W (no refund): 10/30/20**
- ) **Last day for faculty-initiated W (no refund): 10/30/20**
- ) **Veteran's Day (all-college holiday): 11/11/21**
- ) **Fall break (no classes): 11/22/20-11/26/21**
- ) **Final examinations for our course is Thursday 12/16 at 1 p.m.**
- ) **The semester ends: 12/17/20**
- ) **Grades available for transcript release: approximately 12/27/21**

Students who have experienced extenuating circumstances can complete & submit the **Excused Withdrawal Petition** to request an Excused Withdrawal (EW) grade instead of the current Withdrawal (W) or non-passing (D, F & NP) grades. The EW Petition is available from the Admissions and Records Forms Webpage. Supporting documentation is required.

### Academic dishonesty

In the academic community, the high value placed on truth implies a corresponding intolerance of scholastic dishonesty. In cases involving academic dishonesty, determination of the grade, and the student's status in the course is left primarily to the discretion of the faculty member. In such cases, where the instructor determines that a student has demonstrated academic dishonesty, the student may receive a failing grade for the assignment and/or exam and may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct ([AP 5500](#)) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the [College Catalog](#) and on the [College of the Redwoods website](#).

### Disruptive behavior

Student behavior or speech that disrupts the instructional setting will not be tolerated. Disruptive conduct may include but is not limited to: unwarranted interruptions; failure to adhere to instructor's directions; vulgar or obscene language; slurs or other forms of intimidation; and physically or verbally abusive behavior. In such cases where the instructor determines that a student has disrupted the educational process, a disruptive student may be temporarily removed

from class. In addition, the student may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct ([AP 5500](#)) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the [College Catalog](#) and on the [College of the Redwoods website](#).

### **Inclusive Language in the Classroom**

College of the Redwoods aspires to create a learning environment in which all people feel comfortable in contributing their perspectives to classroom discussions. It, therefore, encourages instructors and students to use language that is inclusive and respectful.

### **Setting Your Preferred Name in Canvas**

*Please inform me if you would like to be addressed by a name other than what appears on our roster.* Students can have an alternate first name and pronouns to appear in Canvas. Contact [Admissions & Records](#) to request a change to your preferred first name and pronoun. Your Preferred Name will only be listed in Canvas. It does not change your legal name in our records. See the [Student Information Update Form](#).

### **Canvas Information**

This course utilizes the Canvas learning management system (LMS) for course enhancement. Familiarize yourself with Canvas before you begin coursework. You should log in to Canvas course shell the day before class meets to see if there are any updates in “announcements”. If you make an inquiry of the instructor, I will respond within 24 hours during the week (M-F).

Log in to Canvas at <https://redwoods.instructure.com>

Password is your 8 digit birthdate

For tech help, email [its@redwoods.edu](mailto:its@redwoods.edu) or call 707-476-4160

Canvas Help for students: <https://www.redwoods.edu/online/Help-Student>

Canvas online orientation workshop: <https://www.redwoods.edu/online/Home/Student-Resources/Canvas-Resources>

### **Community College Student Health and Wellness**

Resources, tools, and training regarding health, mental health, wellness, basic needs, and more designed for California community college students, faculty, and staff are available on the California Community Colleges [Health & Wellness website](#).

[Wellness Central](#) is a free online health and wellness resource that is available 24/7 in your space at your pace.

Students seeking to request a counseling appointment for academic advising or general counseling can email [counseling@redwoods.edu](mailto:counseling@redwoods.edu).

### **Student Support Services**

The following online resources are available to support your success as a student:

- ) Me. As the instructor, supporting your safety, learning, and success are my prime directives
- ) [CR-Online](#) (Comprehensive information for online students)
- ) [Library Articles & Databases](#)
- ) [Canvas help and tutorials](#)
- ) [Online Student Handbook](#)

The [Counseling](#) Department offers assistance to students in need of professional counseling services such as crisis counseling.

The Learning Resource Center (LRC) includes the following resources for students:

- ) [Academic Support Center](#) for instructional support, tutoring, learning resources, and proctored exams. Includes the Math Lab & Drop-in Writing Center
- ) [Library Services](#) to promote information literacy and provide organized information resources.
- ) [Multicultural & Diversity Center](#)

Special programs are also available for eligible students to include:

- ) [Extended Opportunity Programs & Services \(EOPS\)](#) provides financial assistance, support, and encouragement for eligible income disadvantaged students at all CR locations.
- ) The TRiO Student Success Program provides eligible students with a variety of services including trips to 4-year universities, career assessments, and peer mentoring. Students can apply for the program in [Eureka](#) or [Del Norte](#)
- ) The [Veteran's Resource Center](#) supports and facilitates academic success for Active Duty Military, Veterans, and Dependents attending CR through relational advising, mentorship, transitional assistance, and coordination of military and Veteran-specific resources.
- ) Klamath-Trinity students can contact the CR KT Office for specific information about student support services at 530-625-4821.

### **Emergency procedures / Everbridge**

College of the Redwoods has implemented an emergency alert system called Everbridge. In the event of an emergency on campus, you will receive an alert through your email and/or phones. Registration is not necessary to receive emergency alerts. Check to make sure your contact information is up-to-date by logging into WebAdvisor <https://webadvisor.redwoods.edu> and selecting 'Students' then 'Academic Profile' then 'Current Information Update.'

Please contact Public Safety at 707-476-4112 or [security@redwoods.edu](mailto:security@redwoods.edu) if you have any questions. For more information see the [Redwoods Public Safety Page](#).

### **Eureka Campus Emergency Procedures**

Please review the campus emergency map for evacuation sites, including the closest site to this classroom (posted by the exit of each room). For more information on Public Safety go to the Redwoods Public Safety Page It is the responsibility of College of the Redwoods to protect life and property from the effects of emergency situations within its own jurisdiction.

In the event of an emergency:

1. Evaluate the impact the emergency has on your activity/operation and take appropriate action.

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2. Dial 911, to notify local agency support such as law enforcement or fire services.
3. Notify Public Safety 707-476-4111 and inform them of the situation, with as much relevant information as possible.
4. Public Safety shall relay threat information, warnings, and alerts through the Everbridge emergency alert system, Public address system, and when possible, updates on the college website, to ensure the school community is notified.
5. Follow established procedures for the specific emergency as outlined in the College of the Redwoods Emergency Procedure Booklet, (evacuation to a safe zone, shelter in place, lockdown, assist others if possible, cooperate with First Responders, etc.).
6. If safe to do so, notify key administrators, departments, and personnel.
7. Do not leave campus, unless it is necessary to preserve life and/or has been deemed safe by the person in command.