Psych 11 - Lifespan Development

Course Information
Spring, 2021
Psych 11 - V0459
Mark Winter, PhD
3.0 credit hours

Instructor Contact Information: **Canvas Message –** Go to the Help Icon (bottom left) on the class homepage. This is the best method as I receive a notification and it is stored in Canvas for easy access. **Instructor Email -** You can also reach me at mark-winter@redwoods.edu as I usually check my email daily. This works but mixes with other work activities. **Canvas Module –** Each week there is a link in Modules for a "Question for the Instructor." This is a place to ask questions of general interest to all students. This is not a method for individual or private communication. I check this site every couple days. **Phone Message –** Not available.
Office Hour – Individual Zoom meetings are available upon request.

Catalog Description: A course in the scientific study of human development across the lifespan. The content takes an integrative approach that includes the biological foundations and major theories: psychodynamic, behavioral, social cognitive, contextual (e.g., sociocultural), and cognitive. Topics include prenatal, infant, child, adolescent, and adult development.

Course Learning Outcomes: **(1)** Analyze how biological, psychological, and social processes affect human development. **(2)** Demonstrate knowledge and understanding representing appropriate breadth and depth in selected content areas of prenatal, infant, child, adolescent, and adult development. **(3)** Analyze and/or apply developmental research in writing. **(4)** Identify and describe classic and contemporary theories and research in lifespan psychology. **(5)** Identify and describe the techniques and methods used by developmental psychologists to study human development. **(6)** Identify possible causes or sources of developmental change and reasons for disturbances in the developmental process.

Required Text/Resources: The class requires the textbook Human Development: A Cultural Approach (3rd Ed) by Arnett, Jeffrey Jensen and Jensen, Lene Arnett (2019), Pearson.

> **Textbook** (9780134641348) can be purchased new, used, or rented from a commercial vendor such as the College of the Redwoods Bookstore. You do **not** need to purchase MyPsychLab. The book is sufficient. *Note:* We use the 3rd edition, although it is similar to the 1st and 2nd editions in its chapter layout. The earlier editions are less expensive substitutes, although some content and exam answers may not be found in the earlier editions as the quizzes questions come the 3rd edition.

Student Readiness: Are you ready for online classes? Please take about 15 minutes to review what it means to take an online class by watching the Introduction to Online Learning presentation at: https://apps.3cmediasolutions.org/oei/01-Introduction-to-Online-Learning/index.html

Student Accessibility: College of the Redwoods is committed to making reasonable accommodations for qualified students with disabilities. If you have a disability or believe you might benefit from disability-related services and accommodations, please contact your instructor or <u>Disability Services and Programs for Students</u> (DSPS). Students may make requests for alternative media by contacting DSPS based on their campus location:

- Eureka: 707-476-4280, student services building, 1st floor
- Del Norte: 707-465-2324, main building near library
- Klamath-Trinity: 530-625-4821 Ext 103

During COVID19—DSPS will email approved accommodations for distance education classes to your instructor. In the case of face-to-face instruction, please present your written accommodation request to your instructor at least one week before the needed accommodation so that necessary arrangements can be made. Last minute arrangements or post-test adjustments usually cannot be accommodated.

Student Commitment: Your commitment will require at least as much time as you dedicate to a traditional class. A typical three credit hour class will require about nine hours per week of your time. You will need to carefully read online lectures and textbook chapters, watch online videos, participate in online discussions, and complete weekly quizzes. Conscientiousness, attention to details, and college-level reading/writing are critical for success.

Instructor Commitment: I dedicate as much or more time to this class compared to a traditional class. I will access the class website regularly and respond to posted questions and messages within 48 hours. Additionally, I read every discussion forum post and occasionally participate. There is also regular instructor-based communication with weekly announcements, lectures, evaluative feedback to your discussion posts and exams, and emails/messages to students who fall behind.

Login instructions for Canvas:

1. Open your web browser and go to https://redwoods.instructure.com
2. Your Username is the same as your **Webadvisor User ID** (e.g., flast123 - first initial + lastname + last 3 digits of your student ID number.) Your initial password is your 6-digit birthdate (mmddyy).
3. Once logged in, on top left-hand side of the screen you should see a drop down menu of your Courses.

Canvas Help: There are Canvas instructions and additional help with preparation for taking an online course at College of the Redwoods at: https://www.redwoods.edu/online

Computer Skills: Online courses require adequate computer skills. You should be able to navigate the Canvas course website, read and watch online assignments, participate in online discussions, take online timed quizzes, and submit an essay. It is your responsibility to meet the technological demands of the course.

Computer Requirements:
- **Internet Access:** Broadband services from cable, DSL, or satellite providers as there are required multimedia assignments. You need to have reliable access to the internet at least two times a week for 16 weeks. Anticipate problems with your computer and internet access (including power outages) by not waiting until the last minute to submit assignments. It is your responsibility to meet the class deadlines.
- **Computers:** You should plan on doing the majority of your work (especially exams and assignments) from a reasonably recent model notebook or desktop computer (Mac or PC). *Do NOT participate in this class solely from a portable device.*
- **Portable Devices:** You can use recent model portable devices (such as Android or iOS phones & tablets) for some things in this class. If you do decide to use your portable device for *some* of your class work, use the free Canvas app (called "Canvas by Instructure") available in iTunes (for iOS) and the Google Play Store (for Android).
  - **Do not** try to connect to Canvas using a web browser on a portable device. Your experience with Canvas will be a lot better using the app.
- **Browsers** - You will need to use the most recent version of one of the following browsers in order to best access the course and activities; Mozilla Firefox (10 or higher), Chrome (54.0.2840.99 m or higher), or Safari (1.2 or higher). Do not use Internet Explorer as it does not work properly with Canvas.

Class Discussions (120 points): Each week has a discussion based on a video prompt. You will receive up to a maximum of 10 points for postings and responses to other student postings (see scoring below). This is an important and required part of the class. The discussion forum is accessed in Modules at the class website. *The lowest score will be dropped for your final grade.*

      Primary Post -- 6 points possible --Your primary post must:

- **Identify and React analytically** to specific video content, not a summary (1 point)
- **Relate and apply** topic to your own personal experience (1 point)
- **Contribute** to the topic with additional information; a web search and include credible source link (1 point)
- **Post before** the Thursday deadline (2 points) / **late** –Fri/Sat (1point)
- **Meet** the 300 word minimum length (1 point)

      Classmate Reply Postings -- 4 points possible – Each of your **two reply posts** must:

- **React thoughtfully** to the content of a classmate's primary post. **Focus your reply** on your classmate's post, not on your personal experiences (1 point for each of two replies)
- **Meet** the 150 word minimum length and college writing quality (1 point for each of two replies)

Exams (130 points): The midterm and final exams each consist of 2 short essay questions for each chapter from lectures and readings from the textbook. They have a 60 minute time limit and are open-book. A study guide will be provided one week before the exams begin.

Chapter Quizzes (240 points): Each chapter has a quiz consisting of 20 timed multiple-choice items **based on the week's lecture, lecture videos, and text readings.** Questions will be randomly drawn from an item pool. Quizzes are available beginning Mondays the week the chapters are presented and until the deadlines on Sundays at 11:59 pm. Quiz scores are available immediately with missed items identified after your second attempt, and correct answers are available after the Sunday deadline for one week only. You are limited to a total of 30 minutes for each quiz. While technically an open-book quiz, you will not have time to search and find all of the answers. You can take each quiz twice (although each quiz has different questions randomly generated from a test bank) with the higher score recorded in the gradebook. *The lowest quiz score will be dropped for your final grade.*

Research Application Essay (30 points): This will be a 3-5 page paper on a developmental psychology topic applied to your experience.

Dates	Topics	Assignments
Week 01 Jan 16 – Jan 24	**Introduction to Human Development** Section 1: Human development today Section 2: Theories of human development Section 3: How we study human development	**Chapter 1** Text, Lecture, Quiz, and Discussion
Week 02 Jan 25 – Jan 31	**Genetics and Prenatal Development** Section 1: Genetic influences on development Section 2: Prenatal develop. and prenatal care Section 3: Pregnancy problems	**Chapter 2** Text, Lecture, Quiz, and Discussion
Week 03 Feb 01 – Feb 07	**Birth and the Newborn** Section 1: Birth and its cultural context Section 2: The neonate Section 3: Caring for the neonate	**Chapter 3** Text, Lecture, Quiz, and Discussion
Week 04 Feb 08 – Feb 14	**Infancy** Section 1: Physical development Section 2: Cognitive development Section 3: Emotional and social development	**Chapter 4** Text, Lecture, Quiz, and Discussion

Dates	Topics	Assignments
Week 05 Feb 15 – Feb 21	**Toddlerhood** Section 1: Physical development Section 2: Cognitive development Section 3: Emotional and social development	**Chapter 5** Text, Lecture, Quiz, and Discussion
Week 06 Feb 22 – Feb 28	**Early Childhood** Section 1: Physical development Section 2: Cognitive development Section 3: Emotional and social development	**Chapter 6** Text, Lecture, Quiz, and Discussion
Week 07 March 01 – March 07	**Midterm Exam**	**Exam** Chapters 1-6
Week 08 March 08 – March 14	**Middle Childhood** Section 1: Physical development Section 2: Cognitive development Section 3: Emotional and social development	**Chapter 7** Text, Lecture, Quiz, and Discussion
March 15 – March 21	**Spring Break**	
Week 09 March 22 – March 28	**Adolescence** Section 1: Physical development Section 2: Cognitive development Section 3: Emotional and social development	**Chapter 8** Text, Lecture, Quiz, and Discussion
Week 10 March 29 – April 04	**Research Application Essay**	**Essay**

Dates	Topics	Assignments
Week 11 April 05 – April 11	**Emerging Adulthood** Section 1: Physical development Section 2: Cognitive development Section 3: Emotional and social development	**Chapter 9** Text, Lecture, Quiz, and Discussion
Week 12 April 12 – April 18	**Young Adulthood** Section 1: Physical development Section 2: Cognitive development Section 3: Emotional and social development	**Chapter 10** Text, Lecture, Quiz, and Discussion
Week 13 April 19 – April 25	**Middle Adulthood** Section 1: Physical development Section 2: Cognitive development Section 3: Emotional and social development	**Chapter 11** Text, Lecture, Quiz, and Discussion
Week 14 April 26 – May 02	**Late Adulthood** Section 1: Physical development Section 2: Cognitive development Section 3: Emotional and social development	**Chapter 12** Text, Lecture, Quiz, and Discussion
Week 15 May 03 – May 09	**Death and Afterlife Beliefs** Section 1: Physical aspects of death Section 2: Responses to death Section 3: Beliefs about death and the afterlife b	**Chapter 13** Text, Lecture, Quiz, and Discussion
Finals May 06 – May 12	**FINAL EXAM**	**Exam** Chapters 7-13

Grade Distribution: **A**=*94% and above,* **A-**=*90-93%,* **B+**=*88-89%,* **B**=*84-87,* **B-**=*80-83%,*
C+=*78-79%,* **C**=*65-77%,* **D**=*60-64%,* **F**=*59% and below*

Student Code of Conduct: Please familiarize yourself with the Student Code of Conduct (AP 5500). It requires you to do your own work. All essays, postings, and exams must be completed by you without assistance. Do not use *any source* except the textbook or instructor's lectures in your writing/postings without proper citation. In cases involving **academic dishonesty**, determination of the grade and your status in the course is left primarily to the discretion of the instructor. In such cases where the instructor determines that you have demonstrated academic dishonesty, you may receive a failing grade for the assignment.

Student participation that **disrupts the instructional setting** will not be tolerated. Disruptive conduct may include, but is not limited to: failure to adhere to instructor's directions; vulgar or obscene language; racist, sexist, or other forms of prejudice, and; personal intimidation. In such cases where the instructor determines that a student has disrupted the educational process, a disruptive student may be temporarily removed from class. Simply put, please follow the guiding principles of kindness and empathy in your communication, especially discussion postings.

Admissions deadlines & enrollment policies
- *Classes begin: 1/16/21*
- *MLK Jr. Birthday (all campuses closed): 1/18/21*
- *Last day to add a class: 1/22/21*
- *Last day to drop without a W and receive a refund: 1/29/21*
- *Census date: 2/01/21 or 20% into class duration*
- *Last day to petition to file P/NP option: 2/12/21*
- *Lincoln's Birthday (all campuses closed): 2/12/21*
- *President's Day (all campuses closed): 2/15/21*
- *Last day to petition to graduate or apply for certificate: 3/04/21*
- *Spring Break (no classes): 3/15/21 – 3/20/21*
- *Last day for student-initiated W (no refund): 4/02/21*
- *Last day for faculty-initiated W (no refund): 4/02/21*
- *Final examinations: 5/08/21 – 5/14/21*
- *Semester ends: 5/14/21*
- *Grades available for transcript release: approximately 5/31/21*

Academic Support and Resources: The following online resources are available to support your success as a student:
- CR-Online (Comprehensive information for online students)
- Library Articles & Databases
- Canvas help and tutorials
- Online Student Handbook
- Counseling offers assistance to students in need of professional counseling services such as crisis counseling. Resources, tools, and trainings regarding health, mental health, wellness, basic needs and more designed for California community college students, faculty and staff are available on the California Community Colleges Health & Wellness website. Wellness Central is a free online health and wellness resource that is available 24/7 in your space at your pace.

Learning Resource Center includes the following resources for students

- Academic Support Center for instructional support, tutoring, learning resources, and proctored exams. Includes the Math Lab & Drop-in Writing Center
- Library Services to promote information literacy and provide organized information resources.
- Multicultural & Diversity Center

Special programs are also available for eligible students include

- Extended Opportunity Programs & Services (EOPS) provides services to eligible income disadvantaged students including: textbook award, career academic and personal counseling, school supplies, transportation assistance, tutoring, laptop, calculator and textbook loans, priority registration, graduation cap and gown, workshops, and more!
- The TRiO Student Success Program provides eligible students with a variety of services including trips to 4-year universities, career assessments, and peer mentoring. Students can apply for the program in Eureka or in Del Norte
- The Veteran's Resource Center supports and facilitates academic success for Active Duty Military, Veterans and Dependents attending CR through relational advising, mentorship, transitional assistance, and coordination of military and Veteran-specific resources.

Klamath-Trinity students can contact the CR KT Office for specific information about student support services at 530-625-4821

Regular Contact: The instructor will initiate regular effective contact and maintain substantive interaction by including elements such as timely (within one week) and substantive feedback using a scoring rubric on course assignments including discussion forums and access to correct answers on weekly quizzes. Instructor-prepared materials (videos and/or lectures) are used to create a virtual equivalent of face-to-face classes.

Setting Your Preferred Name in Canvas: Students have the ability to have an alternate first name and pronouns to appear in Canvas. Contact Admissions & Records to request a change to your preferred first name and pronoun. Your Preferred Name will only be listed in Canvas. This does not change your legal name in our records. See the Student Information Update form.

While I make every effort to follow the standards and schedule of this syllabus there may be times when changes are necessary. I will inform the class through the announcement board and/or class messages of any changes. There is no extra credit available. If you post about child or elder abuse, I may be obligated to report to County Protective Services. Please contact me with any concerns or questions.