

Syllabus for Psychology 38

Abnormal Psychology

Course Information

Semester: Fall Year: 2020

Course ID: Psych 38 Section #: E0030

Instructor's name: Stephen Quiggle

Distance Education (DE)

Course units: 3

Instructor Contact Information

Email address: Stephen-quiggle@redwoods.edu (preferred method of contact)

Phone number: (707) 223-1713

Office hours: By appointment

Course Materials

Required text: Abnormal Psychology: An Integrative Approach, 7th Edition*

David H. Barlow; V. Mark Durand

ISBN-10: 1-285-75561-8

ISBN-13: 978-1-285-75561-8

(I suggest purchasing a copy through a secondary source such as Amazon, eBay, AbeBooks)

* you may use the 8th edition (it's minorly updated, but please do not use the 6th edition)

Catalog Description

A course in the scientific study of abnormal behavior. Various theoretical frameworks to evaluate behavior will be presented. Psychological and cognitive disorders will be studied, including diagnostic criteria, prevalence, etiology, and treatments.

Course Student Learning Outcomes

1. Analyze the differences between biological and psychosocial models in explaining the etiology, diagnosis, and prognosis of abnormal behavior.
2. Analyze the historical, ethical, legal, and societal concerns when defining abnormal behavior.
3. Describe the DSM classification system and discuss strengths and weaknesses.
4. Analyze research in the area of Abnormal Psychology and synthesize information in a written term paper.

Recommended preparation

General Psychology; English 150

Course Schedule

Our course will proceed with weekly modules covering specific topics. Modules will run for one week during which any scheduled discussion, assessments, or assignments are due; Modules will open at 12:00 a.m. Monday morning and close at 11:59 p.m. Sunday nights. Though course material and resources from each module will remain accessible, contributions to discussion or assignment/assessment submission times will close (contact the instructor in advance to arrange for the possibility of late submissions).

Module / Week	Topic	Review / Resources	Activity / Assessment/ Assignment due
Module Week 1: 8/24	Tour Canvas – course overview Introductions to Psychology and history of abnormal behavior in context	Chapter 1 Course notes Related media	Introduction forum Syllabus quiz (due by Sunday)
Module Week 2: 8/31	Integrative Approaches to psychopathologies Therapeutic approaches	Chapter 2 Course notes Related media Academic writing support	Discussion Forum If you're going to drop the course, please do so by 9/4
Module Week 3: 9/7	Assessments and Diagnoses DSM overview	Chapter 3 Course notes DSM resource Related media	Discussion Forum Due: Written Assignment I: (due by Sunday)
Module Week 4: 9/14	Research Methods	Chapter 4 Course notes Related media Academic database search	1 st quarter quiz – ch. 1-4 Book report choice
Module Week 5: 9/21	Anxiety / Stress disorders	Chapter 5 Course notes Related media	Discussion Forum
Module Week 6: 9/28	Somatic / Dissociative disorders	Chapter 6 Course notes Related media	Discussion Forum

Module Week 7: 10/5	Mood disorders Suicidal ideation	Chapter 7 Course notes Related media	Due: Written Assignment II: (due by Sunday)
Module Week 8: 10/12	Eating/sleeping disorders	Chapter 8 Course notes Related media	2 nd quarter quiz – ch. 5-8 Book report outline (due Sunday)
Module Week 9: 10/19	Health	Chapter 9 Course notes Related media Extra credit opportunities	Discussion Forum
Module Week 10: 10/26	Sexual dysfunctions, paraphilias, and dysphoria	Chapter 10 Course notes Related media	Discussion Forum 10/30 is the last day to drop this course... with a “W”.
Module Week 11: 11/2	Addictions, impulse, and substance-related disorders	Chapter 11 Course notes Related media	Due: Written Assignment III (due by Sunday)
Module Week 12: 11/9	Personality disorders	Chapter 12 Course notes Related media	Discussion Forum 3 rd quarter quiz – ch. 9-12 (due by Sunday)
Module Week 13: 11/16	Schizophrenia and psychotic disorders	Chapter 13	
Week 14: 11/23	Take the week off – Give thanks.		Relax/regroup/redouble your resolve
Module Week 15: 11/30	Neurocognitive and developmental disorders	Chapter 14 & 15 Course notes Related media	Discussion Forum Book report (due Sunday)
Module Week 16: 12/7	Mental Health Services	Chapter 16 Course notes Related media	Final Quiz – ch. 13 – 16 (due by Sunday) All previous outstanding work turned in.
Module Week 17: 12/14	Refine final term paper		Final discussion

Evaluation & Grading Policy

Every discussion forum, quiz, written assignment, book report, or other assessment is accompanied by a clear grading rubric that states the parameters and standards relative to the assessment type. This course will use a standard 100% grading calculation (e.g. there are no weighted or curved grades). All assessments are due by the recorded and delineated date (though you may complete assessments early). Late work will receive up to half credit for one week absent prior arrangements at least three (3) days in advance unless there is a legitimate, documented emergency.

Grading Scale

A 100% - 90% B 89% - 80% C 79% - 70% D 69% - 60% F below 60% NP below 70%

Assessments

Nine discussion forums at 10 points each (introduction is not graded)	90
Three written assignments at 25 points each	75
Four quizzes (each covers four chapters) at 20 points each	80
Annotated book report	30
Two extra credit opportunities at 10 points each	

Total of 275

Accessibility

Students will have access to online course materials that comply with the Americans with Disabilities Act of 1990 (ADA), Section 508 of the Rehabilitation Act of 1973, and the College of the Redwoods policies. Students who discover access issues with this class should contact the instructor.

College of the Redwoods is also committed to making reasonable accommodations for qualified students with disabilities. If you have a disability or believe you might benefit from disability-related services and accommodations, please contact your instructor or [Disability Services and Programs for Students](#) (DSPS). Students may make requests for alternative media by contacting DSPS based on their campus location:

-) Eureka: 707-476-4280, student services building, 1st floor
-) Del Norte: 707-465-2324, main building near the library
-) Klamath-Trinity: 530-625-4821 Ext 103

During COVID19, approved accommodations for distance education classes will be emailed to the instructor by DSPS. In the case of face to face instruction, please present your written accommodation request to your instructor at least one week before the first test so that necessary arrangements can be made. Last-minute arrangements or post-test adjustments cannot usually be accommodated.

Support for online learners during COVID-19

In response to COVID-19, College of the Redwoods moved the majority of its courses online to protect health and safety. As the faculty and students adjust to this change, clear communication about student needs will help everyone be successful. Please let me know about any specific challenges or technology limitations that might affect your participation in class. I want every student to thrive.

Canvas Information

This is a DE course that utilizes the Canvas learning management system (LMS) for content delivery, resource retrieval, address, interaction, and assessment. Familiarize yourself with Canvas before you begin coursework. You should log in to Canvas course shell at least three times each week. If you make an inquiry of the instructor, I will respond within 24 hours during the week (M-F).

Log in to Canvas at <https://redwoods.instructure.com>

Password is your 8 digit birthdate

For tech help, email its@redwoods.edu or call 707-476-4160

Canvas Help for students: <https://www.redwoods.edu/online/Help-Student>

Canvas online orientation workshop: <https://www.redwoods.edu/online/Home/Student-Resources/Canvas-Resources>

Admissions deadlines & enrollment policies

Fall 2020 Dates

-) *Classes begin: 8/22/20*
-) *Last day to add a class: 8/28/20*
-) *Last day to drop without a W and receive a refund: 9/4/20*
-) *Labor Day (all-college holiday): 9/7/20*
-) *Census date: 9/8/20 or 20% into class duration*
-) *Last day to petition to file P/NP option: 9/18/20*
-) *Last day to petition to graduate or apply for certificate: 10/29/20*
-) *Last day for student-initiated W (no refund): 10/30/20*
-) *Last day for faculty-initiated W (no refund): 10/30/20*
-) *Veteran's Day (all-college holiday): 11/11/20*
-) *Fall break (no classes): 11/23/20-11/28/20*
-) *Thanksgiving (all-college holiday): 11/25/20-11/27/20*
-) *Final examinations: 12/12/20-12/18/20*
-) *The semester ends: 12/18/20*
-) *Grades available for transcript release: approximately 12/23/20*

Students who have experienced extenuating circumstances can complete & submit the **Excused Withdrawal Petition** to request an Excused Withdrawal (EW) grade instead of the current Withdrawal (W) or non-passing (D, F & NP) grades. The EW Petition is available from the Admissions and Records Forms Webpage. Supporting documentation is required.

Academic dishonesty

In the academic community, the high value placed on truth implies a corresponding intolerance of scholastic dishonesty. In cases involving academic dishonesty, determination of the grade, and the student's status in the course is left primarily to the discretion of the faculty member. In such cases, where the instructor determines that a student has demonstrated academic dishonesty, the student may receive a failing grade for the assignment and/or exam and may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct ([AP 5500](#)) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the [College Catalog](#) and on the [College of the Redwoods website](#).

Disruptive behavior

Student behavior or speech that disrupts the instructional setting will not be tolerated. Disruptive conduct may include but is not limited to: unwarranted interruptions; failure to adhere to instructor's directions; vulgar or obscene language; slurs or other forms of intimidation; and physically or verbally abusive behavior. In such cases where the instructor determines that a student has disrupted the educational process, a disruptive student may be temporarily removed from class. In addition, the student may be reported to the Chief Student Services Officer or designee. The Student Code

of Conduct ([AP 5500](#)) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the [College Catalog](#) and on the [College of the Redwoods website](#).

Inclusive Language in the Classroom

College of the Redwoods aspires to create a learning environment in which all people feel comfortable in contributing their perspectives to classroom discussions. It, therefore, encourages instructors and students to use language that is inclusive and respectful.

Setting Your Preferred Name in Canvas

Students can have an alternate first name and pronouns to appear in Canvas. Contact [Admissions & Records](#) to request a change to your preferred first name and pronoun. Your Preferred Name will only be listed in Canvas. It does not change your legal name in our records. See the [Student Information Update Form](#).

Community College Student Health and Wellness

Resources, tools, and training regarding health, mental health, wellness, basic needs, and more designed for California community college students, faculty, and staff are available on the California Community Colleges [Health & Wellness website](#).

[Wellness Central](#) is a free online health and wellness resource that is available 24/7 in your space at your pace.

Students seeking to request a counseling appointment for academic advising or general counseling can email counseling@redwoods.edu.

Student Support Services

The following online resources are available to support your success as a student:

-) [CR-Online](#) (Comprehensive information for online students)
-) [Library Articles & Databases](#)
-) [Canvas help and tutorials](#)
-) [Online Student Handbook](#)

The [Counseling](#) Department offers assistance to students in need of professional counseling services such as crisis counseling.

The Learning Resource Center (LRC) includes the following resources for students:

-) [Academic Support Center](#) for instructional support, tutoring, learning resources, and proctored exams. Includes the Math Lab & Drop-in Writing Center
-) [Library Services](#) to promote information literacy and provide organized information resources.
-) [Multicultural & Diversity Center](#)

Special programs are also available for eligible students to include:

-) [Extended Opportunity Programs & Services \(EOPS\)](#) provides financial assistance, support, and encouragement for eligible income disadvantaged students at all CR locations.

- J The TRiO Student Success Program provides eligible students with a variety of services including trips to 4-year universities, career assessments, and peer mentoring. Students can apply for the program in [Eureka](#) or [Del Norte](#)
- J The [Veteran's Resource Center](#) supports and facilitates academic success for Active Duty Military, Veterans, and Dependents attending CR through relational advising, mentorship, transitional assistance, and coordination of military and Veteran-specific resources.
- J Klamath-Trinity students can contact the CR KT Office for specific information about student support services at 530-625-4821.

Emergency procedures / Everbridge

College of the Redwoods has implemented an emergency alert system called Everbridge. In the event of an emergency on campus, you will receive an alert through your email and/or phones. Registration is not necessary to receive emergency alerts. Check to make sure your contact information is up-to-date by logging into WebAdvisor <https://webadvisor.redwoods.edu> and selecting 'Students' then 'Academic Profile' then 'Current Information Update.'

Please contact Public Safety at 707-476-4112 or security@redwoods.edu if you have any questions. For more information see the [Redwoods Public Safety Page](#).