

# **Psych 11 - Lifespan Development**

Course Information Fall, 2020 Psych 11 - V0006 Mark Winter, PhD 3.0 credit hours

#### **Instructor Contact Information:**

Canvas Message – Go to the Help Icon (bottom left) on the class homepage. This is the best method as I receive a notification and it is stored in Canvas for easy access.
Instructor Email - You can also reach me at <u>mark-winter@redwoods.edu</u> I check my email daily. This works but mixes with other work activities.
Canvas Module – Each week there is a link in Modules for a "Question for the Instructor." This is a place to ask questions of general interest to all students. This is not a method for individual or private communication. I check this site every couple days.
Phone Message – N/A

**Catalog Description:** A course in the scientific study of human development across the lifespan. The content takes an integrative approach that includes the biological foundations and major theories: psychodynamic, behavioral, social cognitive, contextual (e.g., sociocultural), and cognitive. Topics include prenatal, infant, child, adolescent, and adult development.

Course Learning Outcomes: (1) Analyze how biological, psychological, and social processes affect human development. (2) Demonstrate knowledge and understanding representing appropriate breadth and depth in selected content areas of prenatal, infant, child, adolescent, and adult development. (3) Analyze and/or apply developmental research in writing. (4) Identify and describe classic and contemporary theories and research in lifespan psychology. (5) Identify and describe the techniques and methods used by developmental psychologists to study human development. (6) Identify possible causes or sources of developmental change and reasons for disturbances in the developmental process.

**Required Text/Resources:** The class requires the textbook <u>Human Development: A Cultural</u> <u>Approach (3rd Ed)</u> by Arnett, Jeffrey Jensen and Jensen, Lene Arnett (2019), Pearson.

**Textbook** (9780134641348) can be purchased new, used, or rented from a commercial vendor such as the College of the Redwoods Bookstore. You do **not** need to purchase MyPsychLab. The book is sufficient. *Note:* We use the 3rd edition, although it is similar to the  $1^{st}$  and  $2^{nd}$  editions in its chapter layout. The earlier editions are less expensive substitutes, although some content and exam answers may not be found in the quizzes or exams as questions come directly from the  $3^{rd}$  edition.

## Login instructions for Canvas:

1. Open your web browser and go to https://redwoods.instructure.com

**2.** Your Username is the same as your **Webadvisor User ID** (e.g., flast123 - first initial + lastname + last 3 digits of your student ID number.) Your initial password is your 6-digit birthdate (mmddyy).

**3.** Once logged in, on top left-hand side of the screen you should see a drop down menu of your Courses.

**Canvas Help:** There are Canvas instructions and additional help with preparation for taking an online course at College of the Redwoods at: <u>https://www.redwoods.edu/online</u>

**Computer Skills**: Online courses require adequate computer skills. You should be able to navigate the Canvas course website, read and watch online assignments, participate in online discussions, take online timed quizzes, and submit an essay. It is your responsibility to meet the technological demands of the course.

## **Computer Requirements**:

- **Internet Access:** Broadband services from cable, DSL, or satellite providers as there are required multimedia assignments. You need to have reliable access to the internet at least two times a week for 16 weeks. Anticipate problems with your computer and internet access (including power outages) by not waiting until the last minute to submit assignments. It is your responsibility to meet the class deadlines.
- **Computers:** You should plan on doing the majority of your work (especially exams and assignments) from a reasonably recent model notebook or desktop computer (Mac or PC). *Do NOT participate in this class solely from a portable device.*
- **Portable Devices:** You can use recent model portable devices (such as Android or iOS phones & tablets) for some things in this class. If you do decide to use your portable device for *some* of your class work, use the free Canvas app (called "Canvas by Instructure") available in iTunes (for iOS) and the Google Play Store (for Android).
  - **Do not** try to connect to Canvas using a web browser on a portable device. Your experience with Canvas will be a lot better using the app.
- **Browsers** You will need to use the most recent version of one of the following browsers in order to best access the course and activities; Mozilla Firefox (10 or higher), Chrome (54.0.2840.99 m or higher), or Safari (1.2 or higher). Do not use Internet Explorer as it does not work properly with Canvas.

**Student Commitment:** Your commitment will require at least as much time as you dedicate to a traditional class. A typical three credit hour class will require about nine hours per week of your time. You will need to carefully read online lectures and textbook chapters, watch online videos, participate in online discussions, and complete weekly quizzes. Conscientiousness, attention to details, and college-level reading/writing are critical for success. **Student Readiness:** Are you ready for online classes? Please take about 15 minutes to review what it means to take an online class by watching the Introduction to Online Learning presentation at:

https://apps.3cmediasolutions.org/oei/01-Introduction-to-Online-Learning/index.html

**Instructor Commitment:** I dedicate as much or more time to this class compared to a traditional class. I will access the class website regularly and respond to posted questions and messages within 48 hours. Additionally, I read every discussion forum post and occasionally participate. There is also regular instructor-based communication with weekly announcements, lectures, evaluative feedback to your discussion posts, and emails/messages to students who fall behind.

**Class Discussions** (**120 points/24%**): Each week has a discussion based on a video prompt. You will receive up to a maximum of 10 points for postings and responses to other student postings (see scoring below). This is an important and required part of the class. The discussion forum is accessed in Modules at the class website. *The lowest score will be dropped for your final grade*.

**Primary Post** -- 6 points possible -- Your primary post must:

- Identify and React analytically to specific video content, not a summary (1 point)
- **Relate and apply** topic to your own personal experience (1 point)
- **Contribute** to the topic with additional information; a web search and include psychological science source link (1 point)
- Use correct grammar, spelling, punctuation, and complete sentences (1 point)
- **Be posted before** the Thursday deadline (1 point)
- **Meet** the 300 word minimum length: (1 point)

**Reply Postings** -- 4 points possible – Each of your **two reply posts** must:

- **React thoughtfully** to the content of a classmate's primary post. **Focus your reply** on your classmate's post, not on your personal experiences (1 point for each of two replies)
- **Meet** the 100 word minimum length and college writing quality (1 point for each of two replies)

**Exams (100 points/20%):** Each of the two exams consists of 50 multiple-choice questions based on the readings from the textbook. Exams can be taken only once, have a 60 minute time limit, and are not proctored.

**Research Application Paper (50 points/10%):** This will be a 3-5 page paper on a developmental psychology topic applied to your experience.

**Chapter Quizzes (240 points/47%):** Each chapter has a quiz consisting of 20 timed multiplechoice items **based on the week's lecture, lecture videos, and text readings.** Questions will be randomly drawn from an item pool consisting of 33% lecture questions, 33% lecture video questions, and 33% text chapter questions. Quizzes are available beginning Mondays the week the chapters are presented and until the deadlines on Sundays at 11:59 pm. Quiz scores are available immediately and correct answers are available after the Sunday deadline. You are limited to a total of 20 minutes for each quiz. While technically an open-book quiz, you will not have time to search and find all of the answers. You can take each quiz twice (although each quiz has different questions randomly generated from a test bank) with the higher score recorded in the gradebook. *The lowest quiz score will be dropped for your final grade*.

Dates	Topics	Assignments
Week 01	Introduction to Human Development	Chapter 1
Aug 22 – Aug 30	Section 1: Human development today Section 2: Theories of human development Section 3: How we study human development	Text, Lecture, Quiz, and Discussion
Week 02	Genetics and Prenatal Development	Chapter 2
Aug 31 – Sept 06	Section 1: Genetic influences on development Section 2: Prenatal develop. and prenatal care Section 3: Pregnancy problems	Text, Lecture, Quiz, and Discussion
Week 03	Birth and the Newborn	Chapter 3
Sept 07 – Sept 13	Section 1: Birth and its cultural context Section 2: The neonate Section 3: Caring for the neonate	Text, Lecture, Quiz, and Discussion
Week 04	Infancy	Chapter 4
Sept 14 – Sept 20	Section 1: Physical development Section 2: Cognitive development Section 3: Emotional and social development	Text, Lecture, Quiz, and Discussion
Week 05	Toddlerhood	Chapter 5
Sept 21 – Sept 27	Section 1: Physical development Section 2: Cognitive development Section 3: Emotional and social development	Text, Lecture, Quiz, and Discussion
Week 06	Early Childhood	Chapter 6
Sept 28 – Oct 04	Section 1: Physical development Section 2: Cognitive development Section 3: Emotional and social development	Text, Lecture, Quiz, and Discussion
Week 07	Midterm Exam	Exam
Oct 05 – Oct 11		Chapters 1-6

Week 08	Middle Childhood	Chapter 7
Oct 12 – Oct 18	Section 1: Physical development Section 2: Cognitive development Section 3: Emotional and social development	Text, Lecture, Quiz, and Discussion
Week 09	Adolescence	Chapter 8
Oct 19 – Oct 25	Section 1: Physical development Section 2: Cognitive development Section 3: Emotional and social development	Text, Lecture, Quiz, and Discussion
Week 10	Research Application Paper	Paper
Oct 26 – Nov 01		
Week 11	Emerging Adulthood	Chapter 9
Nov 02 – Nov 08	Section 1: Physical development Section 2: Cognitive development Section 3: Emotional and social development	Text, Lecture, Quiz, and Discussion
Week 12	Young Adulthood	Chapter 10
Nov 09 – Nov 15	Section 1: Physical development Section 2: Cognitive development Section 3: Emotional and social development	Text, Lecture, Quiz, and Discussion
Week 13	Middle Adulthood	Chapter 11
Nov 16 – Nov 22	Section 1: Physical development Section 2: Cognitive development Section 3: Emotional and social development	Text, Lecture, Quiz, and Discussion
Nov 23 – Nov 29	Thanksgiving Holiday	

Week 14	Late Adulthood	Chapter 12
Nov 30 – Dec 06	Section 1: Physical development Section 2: Cognitive development Section 3: Emotional and social development	Text, Lecture, Quiz, and Discussion
Week 15	Death and Afterlife Beliefs	Chapter 13
Dec 07 – Dec 13	Section 1: Physical aspects of death Section 2: Responses to death Section 3: Beliefs about death and the afterlife b	Text, Lecture, Quiz, and Discussion
Finals	FINAL EXAM	Exam
Dec 10 – Dec 16		Chapters 7-13

**Student Code of Conduct:** Please familiarize yourself with the <u>Student Code of Conduct (AP</u> <u>5500)</u>. It is required that you do your own work. All papers, postings, and exams must be completed by you without assistance. Do not use any source except the textbook or instructor's lectures in your discussion posts without proper citation. In cases involving academic dishonesty, determination of the grade and your status in the course is left primarily to the discretion of the instructor. In such cases where the instructor determines that you have demonstrated academic dishonesty, you may receive a failing grade for the assignment.

**Student Accessibility:** Students will have access to online course materials that comply with the Americans with Disabilities Act of 1990 (ADA), Section 508 of the Rehabilitation Act of 1973, and College of the Redwoods policies. Students who discover access issues with this class should contact the instructor. College of the Redwoods is also committed to making reasonable accommodations for qualified students with disabilities. If you have a disability or believe you might benefit from disability-related services and accommodations, please contact your instructor or <u>Disability Services and Programs for Students</u> (DSPS). Students may make requests for alternative media by contacting DSPS based on their campus location:

- Eureka: 707-476-4280, student services building, 1<sup>st</sup> floor
- Del Norte: 707-465-2324, main building near library
- Klamath-Trinity: 530-625-4821 Ext 103

Approved accommodations for online classes are emailed to the instructor by DSPS. Last-minute arrangements or post-test adjustments cannot usually be accommodated.

**Grade Distribution: A**=93% and above, **A**-=90-92%, **B**+=88-89%, **B**=83-87, **B**-=80-82%, **C**+=78-79%, **C**=65-77%, **D**=60-64%, **F**=59% and below

#### Admissions deadlines & enrollment policies:

- *Classes begin: 8/22/20*
- Last day to add a class: 8/28/20
- Last day to drop without a W and receive a refund: 9/4/20
- Labor Day (all-college holiday): 9/7/20
- Census date: 9/8/20 or 20% into class duration
- Last day to petition to file P/NP option: 9/18/20
- Last day to petition to graduate or apply for certificate: 10/29/20
- Last day for student-initiated W (no refund): 10/30/20
- Last day for faculty initiated W (no refund): 10/30/20
- Veteran's Day (all-college holiday): 11/11/20
- Fall break (no classes): 11/23/20-11/28/20
- Thanksgiving (all-college holiday): 11/25/20-11/27/20
- Final examinations: 12/12/20-12/18/20
- Semester ends: 12/18/20
- Grades available for transcript release: approximately 1/8/21

**Withdrawal from Class:** Students can withdraw from class without a grade and receive a full refund by 9/04/20. The last day for a student-initiated withdrawal is 10/30/20 and results with a W in the transcript and no refund. Administrative procedure (AP) 5075 allows instructors to withdraw students from class for non-participation through the 10<sup>th</sup> week of class. Non-participation for two weeks of assignments may result in involuntary withdrawal. Students who have experienced extenuating circumstances can complete & submit the *Excused Withdrawal Petition* to request an Excused Withdrawal (EW) grade instead of the current Withdrawal (W) or non-passing (D, F & NP) grades. The EW Petition is available from the Admissions and Records Forms Webpage. Supporting documentation is required.

Academic Support and Resources: Student support available at the following sites: <u>CR-Online</u>, <u>Library Articles & Databases</u>, <u>Online Student Handbook</u>, <u>Counseling</u> offers assistance to students in need of professional counseling services such as crisis counseling. Learning Resource Center includes the following resources for students: <u>Academic Support Center</u>, <u>Library</u> <u>Services</u>, and <u>Multicultural & Diversity Center</u>.

Special programs are also available for eligible students include: <u>Extended Opportunity</u> <u>Programs & Services (EOPS)</u> provides financial assistance, support and encouragement for eligible income disadvantaged students at all CR locations. The TRiO Student Success Program provides eligible students with a variety of services including trips to 4-year universities, career assessments, and peer mentoring. Students can apply for <u>TRiO in Eureka</u> or <u>TRiO in Del Norte</u>.

The <u>Veteran's Resource Center</u> supports and facilitates academic success for Active Duty Military, Veterans and Dependents attending CR through relational advising, mentorship, transitional assistance, and coordination of military and Veteran-specific resources.

Klamath-Trinity students can contact the CR KT Office for specific information about student support services at 530-625-4821

Academic Honesty: In the academic community, the high value placed on truth implies a corresponding intolerance of scholastic dishonesty. In cases involving academic dishonesty, determination of the grade and of the student's status in the course is left primarily to the discretion of the faculty member. In such cases, where the instructor determines that a student has demonstrated academic dishonesty, the student may receive a failing grade for the assignment and/or exam and may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct (AP 5500) is available on the College of the Redwoods website at: https://go.boarddocs.com/ca/redwoods/Board.nsf/Public?open&id=policies, and scroll to AP 5500. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the college catalog and on the College of the Redwoods website.

**Regular Contact:** The instructor will initiate regular effective contact and maintain substantive interaction by including elements such as timely (within one week) and substantive feedback using a scoring rubric on course assignments including discussion forums and access to correct answers on weekly quizzes. Instructor-prepared materials (videos and/or lectures) are used to create a virtual equivalent of face-to-face classes.

# **Setting Your Preferred Name in Canvas:**

Students have the ability to have an alternate first name and pronouns to appear in Canvas. Contact <u>Admissions & Records</u> to request a change to your preferred first name and pronoun. Your Preferred Name will only be listed in Canvas. It does not change your legal name in our records. See the <u>Student Information Update form.</u>

# Notes:

- While I make every effort to follow the standards and schedule of this syllabus there may be times when changes are necessary. I will inform the class through the announcement board and/or class messages of any changes.
- If you post about child abuse, I may be obligated to report to Child Welfare Services. Please contact me directly with any concerns or questions.