

## Syllabus for: General Psychology

<b>Semester &amp; Year:</b>	Spring 2014
<b>Course ID and Section Number:</b>	Psych 1 E4791
<b>Number of Credits/Units:</b>	3.0
<b>Day/Time:</b>	MW 11:40-1:05
<b>Location:</b>	CA 113
<b>Instructor's Name:</b>	Winter
<b>Contact Information:</b>	Office location and hours: Creative Arts 132 M-Th 1-2 Phone: 476-4310 Email: mark-winter@redwoods.edu

### **Course Description (catalog description as described in course outline):**

A course focusing on the scientific study of behavior and mental processes. The content of the course focuses on the exploration of major theories and concepts, methods, and research findings in psychology. Topics include biological foundations, perception, learning, cognition, emotion, motivation, development, personality, social psychology, psychological disorders and therapies, and applied psychology. This course is transferable to four-year colleges and is a prerequisite for most upper division psychology courses.

### **Student Learning Outcomes (as described in course outline) :**

1. Analyze psychological research and synthesize information in writing.
2. Analyze how experience, culture, learning and biology affect behavior and cognitive processes.
3. Explain concepts in areas of psychological theory and research while representing appropriate breadth and depth of knowledge.

**Special accommodations:** College of the Redwoods complies with the Americans with Disabilities Act in making reasonable accommodations for qualified students with disabilities. Please present your written accommodation request at least one week before the first test so that necessary arrangements can be made. No last-minute arrangements or post-test adjustments will be made. If you have a disability or believe you might benefit from disability related services and may need accommodations, please see me or contact Disabled Students Programs and Services. Students may make requests for alternative media by contacting DSPS.

**Academic Misconduct:** Cheating, plagiarism, collusion, abuse of resource materials, computer misuse, fabrication or falsification, multiple submissions, complicity in academic misconduct, and/ or bearing false witness will not be tolerated. Violations will be dealt with according to the procedures and sanctions proscribed by the College of the Redwoods. Students caught plagiarizing or cheating on exams will receive an "F" in the course.

The student code of conduct is available on the College of the Redwoods website at:

<http://redwoods.edu/District/Board/New/Chapter5/AP%205500%20Conduct%20Code%20final%2002-07-2012.pdf>

Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the college catalog and on the College of the Redwoods homepage.

College of the Redwoods is committed to equal opportunity in employment, admission to the college, and in the conduct of all of its programs and activities.

**General Psychology**  
**Psych 1 – E4791**  
**Spring 2014**

**Instructor:** Mark Winter, PhD

**Email:** [mark-winter@redwoods.edu](mailto:mark-winter@redwoods.edu)

**Office:** Creative Arts 132, Eureka Campus    **Class Website:** <http://mycr.redwoods.edu>

**Textbook website:** [http://bcs.worthpublishers.com/exploring8e/#t\\_577581](http://bcs.worthpublishers.com/exploring8e/#t_577581)

**Phone:** 707-476-4310

**Office Hours:** M-Th 1-2, and by appt.

**Course Description:** Psychology is the scientific study of behavior and mental processes through the exploration of major theories and concepts, methods, and research findings. Topics include biological foundations, perception, learning, cognition, emotion, motivation, development, personality, social psychology, psychological disorders and therapies, and applied psychology. This course is transferable to four-year colleges and is a prerequisite for most upper division psychology courses. *Recommended: English 150.*

**Student Learning Outcomes:** (1) Analyze psychological research and synthesize information in writing. (2) Analyze how experience, culture, learning, and biology affect behavior and cognitive processes. (3) Demonstrate knowledge and understanding representing appropriate breadth and depth in selected content areas of psychological theory and research including: (a) biological bases of behavior and mental processes, (b) sensation and perception, (c) learning, (d) cognition, (e) personality, (f) social processes, (g) developmental changes, (h) psychological disorders, and (i) emotion and motivation.

**Text:** Myers, D.G. (2014) *Exploring Psychology* 9<sup>th</sup> edition. Worth Publishers. Purchase any format: hardback, paperback, loose-leaf (cannot sell back to bookstore), or ebook.

- You can purchase the text directly from the publisher at <http://www.worthpublishers.com/Catalog/product/exploringpsychology-ninthedition-myers/formatsandpackages/formats>  
Hardback (\$142), paperback (\$136), loose-leaf (\$91), or ebook (\$59).
- You can purchase or rent the paperback text from the CR Bookstore at <http://bookstore.redwoods.edu/>
- You can purchase or rent the text from an online vendor (ISBN-10: 1-4292-6679-1) such as amazon.com or chegg.com for considerably less than the retail price.

A copy of the text is on two-hour reserve at the LRC, Eureka campus.

**Student Commitment:** This three credit-hour class will require about nine hours per week of your time. You will have to regularly attend class – *four or more absences is considered excessive*, carefully read textbook chapters, submit thoughtful daily writing assignments, complete a research paper, and successfully demonstrate your learning in exams. Conscientiousness, attention to details, reading, writing, and study skills are critical.

**Exams (42% or 220 points):** Each exam will consist of 20 multiple-choice questions per chapter. After graded exams (1 and 2) are returned, you can improve your score ½ point for each missed item by identifying the correct answer and text page. Corrections are due one week following the exam's return. You must take the exam at or before its scheduled date for full credit. Late exams are allowed up to one week with a 20% penalty.

**Lecture Points (20% or approx. 108 points at 4 points each class):** Near the end of each class you will identify a topic from the lecture to respond and relate to your personal experience. Specifically, you will be asked to: Thoughtfully respond/react to the topic (1 point), relate/apply the topic to your own personal experience (1 point), write a question you have based on the day's topic (1 point), and write at least one-half page (100+ words). You must attend the full lecture to receive credit.

**Research Paper (19% or 100 points):** This will be a short paper on any psychology topic of your choice including an outline (10 pts.), paper (60 pts.), and revised paper (30 pts.). Information is available using the Assignments link at the class website. Late papers are accepted one week after the deadline with a 20% late penalty.

**Final Exam (19% or 100 points):** The final exam will consist of 80 multiple-choice items based on chapters 12-15 and 20 recycled questions from prior exams. There will not be an opportunity to correct missed items. You must take the exam at or before its scheduled date. Late exams are not allowed.

*Please Note:* There are no extra credit assignments.

**Grade Distribution:** **A** = 93% and above, **A-** = 90-92%, **B+** = 88-89%, **B** = 83-87, **B-** = 80-82%, **C+** = 78-79%, **C** = 65-77%, **D** = 60-64%, **F** = 59% and below

Dates	Topic	Readings	Assessment
<b>Week 1: Jan 22</b>	Introduction	Chapter 1	W Lecture Points
<b>Week 2: Jan 27 – Jan 29</b>	Biology of Behavior	Chapter 2	M/W Lecture Points
<b>Week 3: Feb 3 – Feb 5</b>	Consciousness	Chapter 3	M/W Lecture Points <b>Take Home Exam</b>
<b>Week 4: Feb 10 – Feb 12</b>	Human Development	Chapter 4	M/W Lecture Points
<b>Week 5: Feb 19</b>	Gender and Human Sexuality	Chapter 5	M/W Lecture Points
<b>Week 6: Feb 24 – Feb 26</b>	Sensation and Perception	Chapter 6	M/W Lecture Points
<b>Week 7: Mar 3 – Mar 5</b>	Learning <b>Exam 1 Wed</b>	Chapter 7	M Lecture Points <b>Ex 1 Chs 4-7</b>
<b>Week 8: Mar 10 – Mar 12</b>	Memory	Chapter 8	M/W Lecture Points <b>Paper Outline</b>
<b>March 17 - 21</b>	<b>Spring Break</b>		<b>Spring Break</b>
<b>Week 9: Mar 24 – Mar 26</b>	Thinking, Lang, and Intelligence	Chapter 9	M/W Lecture Points
<b>Week 10: Mar 31 – Apr 2</b>	Motivation and Emotion	Chapter 10	M/W Lecture Points <b>Research Paper</b>

<b>Week 11: Apr 7 – Apr 9</b>	Health Psychology <b>Exam 2 Wed</b>	Chapter 11	M Lecture Points <b>Exam 2 Chs 8-11</b>
<b>Week 12: Apr 14 – Apr 16</b>	Personality	Chapter 12	M/W Lecture Points
<b>Week 13: Apr 21 – Apr 23</b>	Social Psychology	Chapter 13	M/W Lecture Points
<b>Week 14: Apr 28 – Apr 30</b>	Psychological Disorders	Chapter 14	M/W Lecture Points <b>Revised Paper</b>
<b>Week 15: May 5 – May 7</b>	Treatment of Disorders	Chapter 15	M/W Lecture Points
<b>Final Exam: Monday, May 12</b>			<b>Final Exam (Chs 12-15/20 recycled)</b>

**Note:** While I make every effort to follow the standards and schedule of this syllabus there may be times when changes are necessary. I will inform the class of any changes.

**Code of Conduct:** I would encourage you to familiarize yourself with the Student Code of Conduct Standards in the college catalogue under campus policies and regulations.

**Students with Disabilities:** This class is designed to accommodate students with disabilities. Please contact me directly with specific concerns. For more information regarding the College's services for students with disabilities go to the DSPS website at <http://redwoods.edu/district/dsps/>

**Note:** *Administrative procedure (AP) 5075 allows instructors to withdraw students from class for non-participation or excessive (4 or more) absences through the 10<sup>th</sup> week of class.*

