

Syllabus for: Psychology 1 - General Psychology	
Semester & Year:	Spring 2013
Course ID and Section Number:	PSYCH-1-V3380
Number of Credits/Units:	3.0
Day/Time: Location:	online
Instructor's Name:	Stephen Quiggle
Contact Information:	Office location and hours: as needed through MyCR Phone: (707) 223-1713 Email: stephen-quiggle@redwoods.edu
Course Description (catalog description as described in course outline):	
A course focusing on the scientific study of behavior and mental processes. The content of the course focuses on the exploration of major theories and concepts, methods, and research findings in psychology. Topics include biological foundations, perception, learning, cognition, emotion, motivation, development, personality, social psychology, psychological disorders and therapies, and applied psychology. This course is transferable to four-year colleges and is a prerequisite for most upper division psychology courses.	
Student Learning Outcomes (as described in course outline) :	
<ol style="list-style-type: none"> 1. Analyze psychological research and synthesize information in writing. 2. Analyze how experience, culture, learning and biology affect behavior and cognitive processes. 3. Explain concepts in areas of psychological theory and research while representing appropriate breadth and depth of knowledge. 	
Special accommodations: College of the Redwoods complies with the Americans with Disabilities Act in making reasonable accommodations for qualified students with disabilities. Please present your written accommodation request at least one week before the first test so that necessary arrangements can be made. No last-minute arrangements or post-test adjustments will be made. If you have a disability or believe you might benefit from disability related services and may need accommodations, please see me or contact Disabled Students Programs and Services. Students may make requests for alternative media by contacting DSPS.	
Academic Misconduct: Cheating, plagiarism, collusion, abuse of resource materials, computer misuse, fabrication or falsification, multiple submissions, complicity in academic misconduct, and/ or bearing false witness will not be tolerated. Violations will be dealt with according to the procedures and sanctions proscribed by the College of the Redwoods. Students caught plagiarizing or cheating on exams will receive an "F" in the course.	
<p>The student code of conduct is available on the College of the Redwoods website at: http://redwoods.edu/District/Board/New/Chapter5/AP%205500%20Conduct%20Code%20final%2002-07-2012.pdf</p> <p>Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the college catalog and on the College of the Redwoods homepage.</p>	
College of the Redwoods is committed to equal opportunity in employment, admission to the college, and in the conduct of all of its programs and activities.	

Psychology 1 General Psychology -- PSYCH-1-V3380
College of the Redwoods Online Course
Spring 2013 Syllabus

Instructor Information

Instructor: Stephen Quiggle E-mail: stephen-quiggle@redwoods.edu (707) 223-1713
Office Hours: By appointment-- email or phone* (leave detailed contact information for reply); you may *always* message me through MyCR (and check your messages, too!) and I will respond within 24 hours.

Textbook Information

- ✦ **Book:** Introduction to Psychology, v1.0
- ✦ **Author:** Charles Stangor
- ✦ **eISBN:** 978-1-4533-2736-4
- ✦ **Institution:** College of the Redwoods
- ✦ **Course Title:** Introductory Psychology
- ✦ **Course Number:** PSYCH-1
- ✦ **Start:** 01/12/2013

This text is an OER (open education resource) and you may purchase it to view online or you may have a copy mailed to you (whatever your preference). It is extremely easy for you to access everything you need; the URL for accessing our text is: <http://students.flatworldknowledge.com/course/1205021>. You will be prompted to open your own account which you may use to: log on to read and review the chapters and/or you may purchase the text or individual chapters for download, physical delivery or printing. You may access the "front door" by going to the url: Flatworldstudents.com to utilize this resource and browse their other materials. I have found this textbook to be more than adequate for general psychology and it has the advantages of the online format and the cost is nominal.

The text is an important part of the class; Please have it by the first week of class.

Computer Skills

Online courses require adequate computer skills. You should be able to navigate the course website, open and download files, and use a word processor. It is your responsibility to meet the technological demands of the course. Free online orientation short courses (DE 101) are available at: <http://redwoods.edu/Departments/Distance/orientationSchedule.asp>

Course Description

A course focusing on the scientific study of behavior and mental processes. The content of the course focuses on the exploration of major theories and concepts, methods, and research findings in psychology. Topics include biological foundations, perception, learning, cognition, emotion, motivation, development, personality, social psychology, psychological disorders and therapies, and applied psychology. This course is transferable to four-year colleges and is a prerequisite for most upper division psychology courses.

Learning Objectives

As psychology is the study of the mind and behavior. This course is designed to educate you to:

Broaden your understanding of self through the study of how your mind and body react and respond

Analyze current psychological research and synthesis information in writing

Analyze how experience, culture, learning and biology affects behavior and perception

Enhance your knowledge and understanding of:

1) biological bases of behavior and mental processes, (2) sensation and perception, (3) learning, (4) cognition,

(5) personality (6) social processes, (7) developmental changes, (8) psychological disorders, (9) emotion and

motivation.

Allow opportunities to practice research and online study skills

Expected Course Outcomes

By the end of this course, you will be able to:

- Identify principles of general psychology and apply them to your own lives
- Understand the impacts of environment, race, heredity and gender upon psychology
- Understand and identify methodologies typically used in psychological studies
- Enhance your ability to create a more conscious life by “thinking about what you think about”
- Broaden your knowledge of applied psychology as used in broader social context
- Develop greater self- awareness

Class Guidelines

- Class content covers materials that are in the textbook, accessible online and relayed in the "lessons".
- Students MUST type all papers and ALL assignments are at the respective DUE DATES as noted below; the scoring rubrics (just a fancy way of saying, "How I score assignments") are also at the end of this syllabus.
- Students cannot make up any assignment/activity beyond the date due unless **prior** arrangements have been made.

- If you miss material, do not understand a concept or have questions about how to proceed:
 - o Communicate clearly and with enough time to allow response and clarity.
 - o You may contact classmates through the forum for information and assignments.
- While there will be opportunities for extra credit, it is imperative that you complete all assignments
- Your individual grades will only be addressed privately (e.g. not in forum)

Learning Support Services

If you have a documented disability or a reasonable request and wish to discuss accommodations or other learning needs, please contact me as soon as possible – all reasonable measures will be taken to assist. Since this is an exclusively online course, it is visual with some auditory components and typing is required. Although this class is designed to accommodate students with disabilities. Please contact me directly with specific concerns.

Special accommodations: College of the Redwoods complies with the Americans with Disabilities Act in making reasonable accommodations for qualified students with disabilities. Please present your written accommodation request at least one week before the first test so that necessary arrangements can be made. No last-minute arrangements or post-test adjustments will be made. If you have a disability or believe you might benefit from disability related services and may need accommodations, please see me or contact Disabled Students Programs and Services. Students may make requests for alternative media by contacting DSPS

For more information regarding the College’s services for students with disabilities go to the DSPS website at <http://redwoods.edu/district/dsps/>

Evaluating and Reporting Student Progress

Your grade will be determined by the quality of your writing assignments, forum participation, the quizzes, and the term quizzes:

Syllabus Quiz	15 points
Mid-term Quiz (chapters 1-7)	50 points
2- Short answer essay (half page, 200- 250 words; 25 pts each)	50 points
Forum Participation *	126 points
Term Paper	50 points

* which requires you to post your analysis, review and conjecture ***and*** to comment on the posts of other students. Please notice that forum "participation" is fully a quarter of your grade and is therefore a necessary component of this class. Please see the assessment rubrics at the end of the syllabus.

Grading Scale

A = 93% and above, A- = 90-92%, B+ = 88-89%, B = 83-87%, B- = 80-82%, C+ = 78-79%, C = 65-77%, D = 60-64%, F = 59% and below

Academic Misconduct

Cheating, plagiarism, collusion, abuse of resource materials, computer misuse, fabrication or falsification, multiple submissions, complicity in academic misconduct, and/ or bearing false witness will not be tolerated. Violations will be dealt with according to the procedures and sanctions proscribed by the College of the Redwoods. Students caught plagiarizing or cheating on exams will receive an "F" in the course. The student code of conduct is available on the CR website at:

<http://www.redwoods.edu/District/Board/New/Chapter5/Ap5500.pdf>

Please, let's have a clear understanding that there is no place in class for cheating or plagiarism. Copying someone else's work is cheating, and so is allowing someone else to copy your work. Portraying someone else's ideas or words as your own is plagiarism. Not giving credit for the source of the ideas, even if you have reworded the work, is also plagiarism. While I will be vigilant, your conduct is your responsibility -- choose to have and display integrity.

Term Calendar

Class will begin on Saturday, January 12th, 2013 and end with the final exam on May 10, 2011.

The last day to drop without receiving a "W" and receive a refund for this class is January 27, 2013

The last day to drop this course and receive a "W", but *withdraw without a grade* is March 29, 2013

Course Calendar

Be Attentive: This class, though online in format, moves right along. Keep up in the reading and assignments and be mindful that the **Bold Quiz and Written Assignment due dates are due by 10 p.m. Sunday** of that week. That means: Forum posts and replies are due by the week ending Sunday at 10 p.m. and beginning again each Monday morning; your first regular quiz is available January 12th and due to be completed no later than January 20th by 10 p.m. (and your first paper is due **February 5th!**). You have 60 minutes to complete your mid and term quizzes, so once you log on to MyCR (and you may only

take each quiz once), you have a 60 minute window to complete your quiz -- don't wait 'til the last minute during the week in which assignments are due!

My single greatest suggestion is that each of you make sure that you keep current; it is easy to fall behind when you don't have *face to face* interaction with an instructor or other students to help motivate you! Log onto the site in much the same fashion that you would attend a regular class -- 2-3 times each week to review, interact in forum, check announcements, etc. The single biggest mistake (and it is GARGANTUAN) that I have observed students making time and again in an online course is logging on once a week or just skipping ahead to an assessment without adequate review. Don't let that be you!

For clarity:

Each week you will have a lesson which will augment or give food for thought on an aspect of the week's chapter topic. *You will find the respective lesson in "Lessons" in your **course tools** box.*

Each week you are expected to post insights, observations and comments (3-5 sentences minimum) in the forum regarding that weeks chapter material, lessons, related reading, assigned videos, or ancillary assignments **AND** to post comments regarding other students observations; you may share your personal opinion or a common experience. All posts will be positive, encouraging and professional rather than critical. *You will find the respective weeks discussion forum under " Forums" in your **communication** box.*

See the scoring rubric for written assignments and discussion forums at the end of this syllabus.

*You will find the respective syllabus, mid and term quizzes in "Test & Quizzes" in your **course tools** box.*

You may message me anytime that you have a question. The message will appear on the site and in myCR mail box so you needn't post both places. I check the site at least half a dozen times a week to make sure that I am responding to concerns and being proactive.

Weekly Schedule -- Classes begin Saturday, January 12th and end on May 10th with the Term Quiz due by 10 p.m.

Week One – January 12th

Review Text/register online, download and/or purchase a hard copy

Review Course Syllabus

Review Assignments and rubrics

Create your introductory post in the forum -- I will always suggest a topic or format but it is organic!

Syllabus Quiz -- Note that the syllabus quiz is available from January 12th until the 20th!

Week Two –January 21st

Read Chapter 1 - Introducing Psychology

Focus Areas: Read and study chapter 1 (Stangor) and Week 2 in "Lessons" for explanations of what Psychology IS! Overview, major theoretical approaches and objectives of psychology and participate in the discussion forum.

Forum 1 (First regular class posting)

Week Three – January 28th

Read Chapter 2

Topic Areas: - Psychological Science

Focus Area: Review lesson 2 and be familiar with Validity, reliability; measurability and historical trends.

Paper 1: A one page paper (200 - 250 words): Describe a behavioral or mental phenomenon in which you are especially interested. Discuss how the phenomenon might be approached from at least two of the following perspectives: functionalist, psychodynamic, behavioral, cognitive, and/or social/cultural (see the scoring rubric). Cite your sources. **Due by 10 p.m. Sunday, February 17th**

Forum 2

Week Four – February 4th

Read Chapter 3

Topic Areas: The biology of behavior and how the brain works

Review Lesson 3 on brain physiology.

Extra Credit Option: View the movie: What the Bleep Do We Know?! It is fascinating and you may write a one page paper regarding your impressions and observations and relate these to your learning in the class so far for up to 25 points of extra credit – **due anytime before March 10th**. You may rent, purchase or go online to view the movie, here is a free web resource:

http://www.moviesfoundonline.com/what_the_bleep_do_we_know.php

Forum 3

Week Five – February 11th

Read Chapter 4

Topic Areas: Sensing and perception

Focus Area: Review Lesson 4: What are the six senses?: Sight/ touch/smell/ taste/ hearing/ ... intuition.

Forum 4

Paper 1 Due by 10 p.m. Sunday

Week Six –February 18th

Read Chapter 5

Topic Areas: States of Consciousness

Focus: Review Lesson 5: Hypnosis and meditation, close cousins

Forum 5

Week Seven – February 25th

Read Chapter 6

Topic Areas: Growth and Development

Focus: Lesson 6: Human Development, a story of growth and decline

Forum 6

Week Eight – March 4th

Read: Chapter 7

Topic Areas: Learning and Memory

Focus Area: Lesson 7: Did I forget, misremember, repress...?

Forum 7

Mid term quiz -- Available March 4th and due to be completed by 10 p.m. Sunday, March 10th

Extra Credit (What the BI\$%&@p...) Due by 10 p.m. Sunday

Week Nine – March 11th – Spring Break... No classes; no assignments due.

Week Ten-March 18th

Read: Chapter 8

Topic Areas: Memory and Judgment

Focus Area: Lesson 8: What is the difference between judgment and opinion; prejudice and stereotyping?

Forum 8

Week Eleven –March 25th

Chapter 9

Topic Areas: Intelligence and Language

Focus: Lesson 9: What about Creativity? Media: view the video with Sir Kenneth Robinson, "Do Schools Kill Creativity?" <http://www.youtube.com/watch?v=iG9CE55wbtY>

Forum 9

Week Twelve – April 1st (no foolin')

Chapter 10

Topic Areas: Emotions and Motivations

Focus Area: Lesson 10: What fuels us (Maslow's Hierarchy)

Media: View the video: "Validation" <http://www.youtube.com/watch?v=Cbk980jv7Ao>

Forum 10

Paper 2: A one page paper (200 - 250 words): Identify three variables that influence conformity. Provide concrete examples accounting for gender, race and class considerations. Cite sources. **Due anytime between now and April 14th at 10 p.m.**

Week Thirteen – April 8th

Chapter 11

Topic Areas: Personality

Focus: Lesson 11: Take a test -- There is a fun quiz available in lessons, let me know you took it and I will award extra credit to your final grade (the results are for you to know, you needn't share).

Forum 11

Paper 2 Due by 10 p.m. Sunday

Week Fourteen – April 15th

Chapter 12

Topic Areas: Identifying Psychological Disorders

Focus: Lesson 12: Why are so many people depressed?

Forum 12

Week Fifteen – April 22nd

Topic Areas: Treating Psychological Disorders

Focus: Lesson 13: What's the best treatment?

Forum 13

Week Sixteen – April 29th

Chapter 14

Topic Areas: Psychology in Our Social Lives

Focus: Lesson 14: Living in a Material World.

Forum 14 (last forum post of the semester)

Term Paper Due by 10 p.m. May 5th

Week Seventeen– May 6th

Review Chapters 8 -14

Final Quiz due by May 10th at 10 p.m.

Please see the descriptions and grading rubrics (essentially guidelines for assignment content expectation) below:

Written Assignment Scoring -- (Topics and due dates are listed in "assignments")

(Due the Sunday of the week in which it is assigned by 10 p.m., i.e. Week 5 -written assignment # 1 - is due 2/17/13 by 10 p.m.).

For each short (one page or less) answer Essay: 200-250 words, 12 pt. font, double spaced, 1" margins max. I must be able to open it in Word (save as .doc. or docx.). Submit your paper online through MyCR and I will grade and return it to you.

- A. The student will meet the content parameters of the assignment.
- B. The student will demonstrate familiarity with the topic by citing the school of thought associated with it and the basic parameters of the psychological paradigm and it's applicability to the topic.
- C. The student will provide specific examples for each topic, incorporate an understanding of the terms that describe the phenomena, and demonstrate an understanding of the phenomena by using the terms correctly and giving examples to demonstrate this understanding.
- D. Information from the class text and other sources outside personal experience will require the use of APA format for citation.
- E. All written assignments (other than the discussion forum) will be turned in through "assignments".

Up to 25 points possible:

Meet the above parameters for each individual assignment including "turn it in" parameters (10 points)

Draw and support conclusions (citing qualitative sources) bringing analytical insight (5 points)

Use correct grammar, spelling, punctuation, and complete sentences (5 points)

Relate the material qualitatively to the students own life experience (5 points)

Forum Discussion Scoring

(as above, due by Sunday 10 p.m. of each week's material)

- A. Write a short entry in the class forum (3-5 full sentences) for discussion and comment based upon your review of the current chapter, lesson and any assigned videos.
- B. Demonstrate an understanding of the material by summarizing the key points that you choose to comment upon, and reference anything outside the class experience in APA format.
- C. Respond to at least 2 other forum post(s) by adding *new information* to the discussion in your responses and make citations where applicable. *Responding with minimal responses such as "I agree" or "I see your point" are not sufficient*; consider the quality of your post(s) and what it adds to the discussion when you respond to others in the class; the whole point is to enter into meaningful consideration and conjecture about the topic at hand. Any insights that inspire creative thinking will enhance your understanding and application of the subject.
- D. Keep it positive... you may not always agree with another perspective, but it is not debate, it is psychology and as you may well already know -- or are certainly having the opportunity to learn -- we all see "it" somewhat differently!

Discussion Posts -- 10 points possible (for all but the introductory, though I may assign extra credit to that one if you're that cool!) --Your posts must:

- React critically and provide insight into the topic, not a summary (1 point)
- Relate topic to your own personal experience (1 point)
- Use correct grammar, spelling, punctuation, and complete sentences (1 point)
- Initially post by *Wednesday before the Sunday* deadline (1 point) -- **don't wait until Sunday night!**
- Meet the 3-5 sentence minimum length (1 point)

Reply Postings to at least two other students (1 point)

- React thoughtfully to the content of a classmate's primary post (1 point).
- Meet the 3-5 sentence minimum length (1 point)
- Use correct grammar, spelling, punctuation, and complete sentences (1 point)

Create a meaningful dialogue, rather than fodder to fill the space (1 point)

Quiz Assessment Scoring

(Due to be completed anytime during the assigned week prior to 10 p.m. Sunday; **except the final quiz -- due 5/10 by 10 p.m.**)

A. Mid and Term quizzes have 50 multiple choice questions; choose the best answer.

B. Log in to MyCR, choose & complete the scheduled quiz (anytime up to due date during the week -- due by each Sunday (except 1/14/13 -- the syllabus quiz is open for 9 days) at 10 p.m.!).

C. 60 minutes to complete. Once logged in-- must complete (don't wait until the very last minute!) and you may submit each quiz only once.

I will assist you with any course content questions; you may message me using MyCR.

For any technical questions, please go to : its@redwoods.edu they are the tech gurus.

I wish you great learning and success.