

Syllabus for: Psychology 1	
Semester & Year:	Fall 2012
Course ID and Section Number:	PSYCH 1 - #032481
Number of Credits/Units:	3
Day/Time:	Wednesday 6:00 p.m. – 9:10 p.m.
Location:	South Fork High School
Instructor's Name:	Stephen Quiggle
Contact Information:	Office location and hours: after class or by phone Phone: 707-223-1713 Email: stephen-quiggle@redwoods.edu
Course Description (catalog description as described in course outline):	
A course focusing on the scientific study of behavior and mental processes. The content of the course focuses on the exploration of major theories and concepts, methods, and research findings in psychology. Topics include biological foundations, perception, learning, cognition, emotion, motivation, development, personality, social psychology, psychological disorders and therapies, and applied psychology. This course is transferable to four-year colleges and is a prerequisite for most upper division psychology courses.	
Student Learning Outcomes (as described in course outline) :	
<ol style="list-style-type: none"> 1. Analyze psychological research and synthesize information in writing. 2. Analyze how experience, culture, learning and biology affect behavior and cognitive processes. 3. Explain concepts in areas of psychological theory and research while representing appropriate breadth and depth of knowledge. 	
Special accommodations: College of the Redwoods complies with the Americans with Disabilities Act in making reasonable accommodations for qualified students with disabilities. Please present your written accommodation request at least one week before the first test so that necessary arrangements can be made. No last-minute arrangements or post-test adjustments will be made. If you have a disability or believe you might benefit from disability related services and may need accommodations, please see me or contact Disabled Students Programs and Services. Students may make requests for alternative media by contacting DSPS.	
Academic Misconduct: Cheating, plagiarism, collusion, abuse of resource materials, computer misuse, fabrication or falsification, multiple submissions, complicity in academic misconduct, and/ or bearing false witness will not be tolerated. Violations will be dealt with according to the procedures and sanctions proscribed by the College of the Redwoods. Students caught plagiarizing or cheating on exams will receive an "F" in the course.	
The student code of conduct is available on the College of the Redwoods website at: http://redwoods.edu/District/Board/New/Chapter5/AP%205500%20Conduct%20Code%20final%2002-07-2012.pdf	
Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the college catalog and on the College of the Redwoods homepage.	
College of the Redwoods is committed to equal opportunity in employment, admission to the college, and in the conduct of all of its programs and activities.	

Psychology 1 General Psychology -- #032481
College of the Redwoods at SFHS
Fall 2012 Syllabus

**Instructor
Information**

Instructor: Stephen Quiggle (707) 223-1713
Appointments: After class or by phone

E-mail: stephen-quiggle@redwoods.edu

Textbook Information

Book Title: Introduction to Psychology
Author(s): Charles Stangor
ISBN: 978-1-4533-2736-4
Institution: College of the Redwoods
Course Title: Introductory Psychology
Course Number: PSYCH-1
Section Number: 032481

The text is an open education resource (OER) and you may purchase it or *you may view it online at anytime for free*. It is extremely easy for you to access everything you need; the URL for accessing the text is <http://students.flatworldknowledge.com/course?cid=904979&bid=66737> You will be prompted to open your own account which you may use to: **log on to read and review the chapters at no cost online** and/or you may purchase the text or individual chapters for download, physical delivery or printing. You may also go through the "front door" by going to the url: students.flatworldknowledge.com and find our class using *my* name, our course name or Institution to utilize this resource and browse their other materials. The online resource is free to use, however, if you so choose, you may purchase the text with all of the bells and whistles through Flatworld for about \$30.

You may also purchase this text at the CR bookstore or, if you are a concurrently enrolled high school student, you may talk to Randi and Sue about Trio and the possibility of their assistance.

Course Description

Psychology is the scientific study of behavior and mental processes. The content of the course focuses on the exploration of major theories and concepts, methods, and research findings in psychology. Topics include biological foundations, perception, learning, cognition, emotion, motivation, development, personality, social psychology, psychological disorders and therapies, and applied psychology. This course is transferable to four-year colleges and is a prerequisite for most upper division psychology courses.

Course Learning Outcomes

1. Draw connections between research findings and their theoretical implications.
2. Develop an overview of the scientific field of psychology including the major theoretical approaches.

3. Draw the distinction between scientific and non-scientific methods of understanding and analysis.
4. Relate the areas of psychology to each other and to other fields within the Social Sciences.
5. Compare and contrast the assumptions and methods of psychology with those of other disciplines.
6. Respect and use scientific approaches to solve problems related to behavior and mental processes.
7. Demonstrate familiarity with the major concepts, theoretical perspectives, core empirical findings, and historic trends in psychology (e.g., the history of intelligence testing).
8. Identify and explain the primary objectives of psychology: describing, understanding, predicting, and influencing behavior and mental processes.
9. Explain (including advantages and disadvantages) and compare major theoretical perspectives of psychology (e.g., behavioral, biological, cognitive, evolutionary, humanistic, psychodynamic and sociocultural).
10. Describe major applied areas of psychology (e.g., clinical, counseling, industrial/organizational, human factors, school, and health).
11. Demonstrate knowledge and understanding representing appropriate breadth and depth in selected content areas of psychological theory and research representing each of the following nine general domains: (1) biological bases of behavior and mental processes, (2) sensation and perception, (3) learning, (4) cognition, (5) individual differences, psychometrics, personality, (6) social processes (including those related to sociocultural and international dimensions), (7) developmental changes in behavior and mental processes that occur across the lifespan, (8) psychological disorders, and (9) emotion, motivation.
12. Explain the interaction between heredity and the environment.
13. Recognize, understand, and respect the importance of the impact of diversity on psychological research, theory, and application, including (but not limited to) race, ethnicity, culture, gender, socio-economic status, disability, and sexual orientation.
14. Apply psychological principles to personal, social, and organizational issues.
15. Develop insight into their own and others' behavior and mental processes and apply effective strategies for self-management and self-improvement.
16. Develop awareness of the principles embodied in the APA Code of Ethics.
17. Demonstrate information competence (e.g. locate and choose relevant sources from appropriate media, read and accurately summarize the general scientific literature for an area of psychology, and search the World Wide Web for high quality information).

Class Guidelines

Class content covers materials that are in the textbook, lectured upon and as assigned.

Students **MUST** type all papers and **ALL** assignments are due at the respective **DUE DATES**

Students may not make up any assignment/activity beyond the due date unless prior arrangements have been made; late work may then be accepted at a reduced possible score

If you miss material, do not understand a concept or have questions about how to proceed:

- o You may always address the instructor, you must communicate clearly
- o You may contact classmates for information and assignments.

Do not ask permission to skip an assignment; that is a choice you make.

Your individual grades will only be addressed privately

It is expected that you will respect yourself and others during class time by refraining from interrupting one another or the instructor and that all electronic devices that are not being used specifically for class use (e.g.: recording, photos of notes and diagrams on the white board) shall be turned off.

Learning Support Services

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If you have a documented disability or a reasonable request and wish to discuss accommodations or other learning needs, please contact me as soon as possible – all reasonable measures will be taken to assist.

Course Expectations

The study of psychology is essentially, the study of how we think and act. Beyond the physiological brain functions of motor skills and nervous system and your bio-chemical systems we will examine personality theory, development and psychological disorders. We will learn to identify how we think we think – since there are myriad science based expert opinions and conjectures – and examine our behavior and explore ourselves individually in the process. Students will prepare with weekly reading assignments, view videos, engage in class discussion and take weekly lecture notes which augment / expound upon chapter assignments. Students will demonstrate knowledge through participation, quizzes, written assignments and a group presentation. There will also be opportunities for extra credit based upon videos, other assignments and reading, and community participation. Students are encouraged to exhibit initiative and to inspire new ideas for learning within the classroom community, i.e. to share.

Students are expected to:

Complete all assignments within the due date time frames

Complete all assignments to the best of their ability

Share their insights, experiences, and discoveries

Do their best in applying their learning and knowledge in their daily lives

Have regular attendance (this is part of your participation grade); you may be dropped for excessive absences as per the CR attendance policy

Evaluating and Reporting Student Progress

Your grade will be determined by the quality of your writing assignments, the mid and term quiz scores, and level / quality of participation with a total of 300 points (there are extra credit opportunities).

Potential Extra Credit explained in class	
Quarterly Quizzes (2 @ 25 points each)	50

2- Short answer essays 25 points each	50
Book Report	50
Term Exam (reviewing key points)	50 points
Term Research Paper	50 points
Participation	50

Grading Scale

A 100% - 90% B 89% - 80% C 79% - 70% D 69% - 60% F below 60% NP below 70%

Academic Misconduct

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<http://redwoods.edu/District/Board/New/Chapter5/AP%20500%20Conduct%20Code%20final%2002-07-2012.pdf>

Term Calendar

Class will begin on **August 27th, 2012** and end with the final exam on **December 13th 2012** every M/T/Th unless otherwise noted

The last day to drop without receiving a “W” and receive a refund for this class is **September 10th**.

The last day to drop this course is **November 2nd**; after that, you receive a grade.

Weekly Schedule

Week One – August 27th

Review Text/register online, download or purchase

Review Course Syllabus

Review Assignments and course content and expectations

Syllabus Quiz - Thursday

Week Two –September 4th -- Monday is a holiday this week

Read Chapter 1 - Introducing Psychology

Focus Areas: Review the class syllabus and expectations, Study the chapter for explanation of what Psychology IS! Overview, major theoretical approaches and objectives of psychology and join the discussion forum.

Week Three –September 10th

Read Chapter 2 - Psychological Science

Focus Areas: Validity and Reliability; measurability and historical trends

Week Four – September 17th

Read Chapter 3

Topic Areas: The biology of behavior

Focus Areas: How the brain works.

Paper 1: A one page paper (200 - 250 words): Describe a behavioral or mental phenomenon in which you are especially interested. Discuss how the phenomenon might be approached from *one* of the following perspectives: functionalist, psychodynamic, behavioral, cognitive, or social/cultural. **Due on October 11th**

Week Five – September 24th

Read Chapter 4

Topic Areas: Sensing and perception

Focus Area: How the senses work: Sight / touch / smell / taste / hearing / ... Intuition

Quiz 1 - Thursday

Week Six –October 1st

Read Chapter 5

Focus Areas: States of Consciousness

Extra Credit Option: View the movie: **What the B#=%p Do We Know?!** *It is fascinating and you may write a one page paper regarding your impressions and observations due anytime before Thanksgiving*

Week Seven – October 8th

Read Chapter 6

Focus Areas: Growth and Development

Week Eight – October 15th

Read: Chapter 7

Focus Areas: Learning and Memory

Week Nine – October 22nd

Review Book Report & Term paper parameters

Paper 2: A one page paper (200 - 250 words): Give examples of classical conditioning, operant conditioning and observational learning as related to media-advertising or education.

Week Ten - October 29th

Read: Chapter 8

Focus Areas: Memory and Judgment

Week Eleven –November 5th

Chapter 9

Focus Areas: Intelligence and Language

Media: **view the youtube video with Sir Kenneth Robinson at to:**

<http://www.youtube.com/watch?v=iG9CE55wbtY>

Term Paper Outlines Due

Week Twelve – November 12th

Chapter 10

Focus Areas: Emotions and Motivations

Media: View the youtube video: Validation at: <http://www.youtube.com/watch?v=Cbk980jV7Ao>

Week Thirteen – November 19th

Chapter 11

Focus Areas: Personality -- Take a fun test (and the second quarterly quiz)

Quiz 2

Week Fourteen – November 26th

Chapter 12 & 13

Focus Areas: Identifying Psychological Disorders

Focus Areas: Treating Psychological Disorders

Week Fifteen – December 3rd

Chapter 14

Focus Areas: Psychology in Our Social Lives

Term Papers Due

Week Sixteen – December 10th

Review

Book Reports Due

Final Quiz on Thursday December 13th

Although it is my intention to follow this syllabus, things change and you will be informed well in advance should changes be necessary.